

61886 - Psychopathology applied to general health psychology

Syllabus Information

Academic year: 2024/25

Subject: 61886 - Psychopathology applied to general health psychology

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 654 - Master's in General Sanitary Psychology

ECTS: 3.0

Year: 1

Semester: First semester

Subject type: Optional

Module:

1. General information

This course aims to provide students with the necessary knowledge about psychological disorders, based on their phenomenology and different explanatory psychopathological models, with the dual objective of understanding and explaining the different problems for a correct conceptualization, functional analysis and treatment.

2. Learning results

- The student knows and identifies the different components that explain the psychological nature of the different disorders of human behavior.
- The student knows how to make a critical reading of a scientific publication according to the parameters of methodological rigor.
- The student knows how to formulate objectives and working hypotheses of a research.
- The student knows how to collect the necessary information according to the objectives and hypotheses of a research.
- The student knows how to critically evaluate and interpret the information collected according to the objectives and hypotheses of a research.
- The student is capable of proposing solutions and/or improvements in the health field based on the research carried out.
- The student is able to reach conclusions in a critical and argued way according to the objectives and hypotheses stated in a research.

3. Syllabus

Topic 1. Introduction and clinical formulation

Topic 2. Problems related to anxiety

Topic 3. Mood-related problems

Topic 4. Problems related to eating

Topic 5. Problems related to substance use

Topic 6. Problems related to personality

4. Academic activities

The methodology to be used in the course will be expository and participatory, supported by audiovisual material. Theoretical and practical contents will be presented by the teacher and questions, discussions and/or debates will be generated. Professionals specialized in some of the proposed topics will also be invited. A cooperative learning methodology will be used, based on the formulation of practical clinical cases and role-playing of the explanatory model, where students will put into practice the concepts learned. There will also be oral presentations of the group work by the students.

5. Assessment system

The student must demonstrate that he/she has achieved the expected learning outcomes through the following evaluation activities:

- Written test (grade from 0 to 10) at the end of the four-month period. The test will consist of multiple choice questions, with three or four alternatives. The grade will be 60% of the final grade.
- Continuous work (grade from 0 to 10) on the formulation of practical clinical cases, group work and oral presentations of the work done. The grade will represent 40% of the final grade. Students must achieve at least 5 out of 10 points in the written test and in the continuous work to be able to add the grades of the two parts and pass the course.

In any case, the student will have the right to a global evaluation of all the contents of the course in which he/she will be able to opt for the maximum grade (up to 10 points). This evaluation will take place in the official final exam and consists of a written test with multiple-choice questions and the analysis of a practical case that refers to the theoretical and practical-applied contents of the subject.

6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 10 - Reduction of Inequalities