

61878 - Internships

Syllabus Information

Academic year: 2024/25

Subject: 61878 - Internships

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology
654 - Master's in General Sanitary Psychology

ECTS: 30.0

Year: 2

Semester: First semester

Subject type: External Placements

Module:

1. General information

The main objective of this subject is for the student to acquire experience, under the supervision of a specialist, in different techniques of analysis, evaluation, diagnosis, counseling and psychological treatments in any of the areas of General Health Psychology. In order to achieve this objective, the student will observe the professional practice in the area of Clinical and Health Psychology, in a real, professional and, in many occasions, multidisciplinary context. With this, it is expected that the student will transfer the knowledge previously acquired in the different subjects taken in the master's degree to a specific professional context. This subject allows, therefore, the implementation of the knowledge acquired, the skills and professional competences of the students and the approach to the working world of the general health psychologist. To this end, the internships will be carried out in person, either in health centers proposed by the university or proposed by the student, which comply with the characteristics established by the ministerial order of the Master's Degree in General Health Psychology.

REQUIREMENTS:

Students who wish to enrol and take this subject must pass 75% of the theoretical ECTS (36 of the 48 ECTS) taken in the first year of the master.

Another mandatory requirement is to formalize the payment of liability insurance at the time of enrolment, marking the optional administrative fee of "Civil Liability Insurance". The amount to be paid will be added to the registration fee, or it can be paid at another time during the term by modifying the registration fee.

2. Learning results

- The student has an in-depth knowledge of the psychosocial factors associated with health problems and disease.
- The student knows the consequences and effects of risk factors on health and disease.
- The student knows the resources that can increase the protective factors, as well as decrease the risk factors.
- The student knows the entrepreneurial processes that apply to the field of health psychology.
- The student knows the activities necessary for the constitution, start-up and management of a company.
- The student knows how to differentiate the different legal forms and the legal, accounting and tax obligations associated with the business project.
- The student demonstrates knowledge of the regulations in force in the Spanish health field.
- The student knows how to make a critical reading of a scientific publication according to the parameters of methodological rigor.
- The student knows how to formulate objectives and working hypotheses of a research.
- The student knows how to collect the necessary information according to the objectives and hypotheses proposed in a research.
- The student knows how to critically evaluate and interpret the information collected according to the objectives and hypotheses of a research.
- The student is able to propose solutions and/or improvements in the health field based on the research carried out.
- The student is able to reach conclusions in a critical and argued manner in accordance with the objectives and hypotheses proposed in a research.
- The student shows emotional, communicative and interpersonal skills within a team and in different multidisciplinary groups.
- The student knows how to argue and justify before other specialists the decisions and professional proposals assumed.
- The student knows how to develop his/her work from the perspective of quality and continuous improvement, with the self-critical capacity necessary for a responsible professional performance.
- The student acts in a democratic, ethical, sustainable, socially responsible and respectful manner with human rights and fundamental rights, freedom of thought, diversity and non-discrimination for any reason, both in academic and professional practice.

- The student is capable of carrying out individual or collective actions to achieve the progress of society and the improvement of the planet.
- The student is able to empathize with the people in the team both in issues related to tasks and interpersonal relationships.
- The student is able to address problems in the functioning of the team in an assertive manner, trying to detect complicated situations in a preventive way.
- The student is able to actively collaborate with a group of people to achieve a common goal by adding different talents.
- The student is able to work effectively in teams in both academic and professional practice.

3. Syllabus

- The programming and scheduling of the training activities, as well as their monitoring and assessment, will be carried out by the health centres where the students perform their internships and by the Faculty of Social and Human Sciences of the University of Zaragoza.
- As stated in Order ECD/1070/2013 the programs or activities that may be carried out during the internship period are, among others: psychological evaluation and/or intervention programs, specific programs in addictions, couple therapy, behavioural disorders in children and young people, psychological support to patients with chronic pathologies.
- The assistance activities in which the students will participate will be delimited by the scope of the centres in which they carry out their internships and by the regulated assistance programs and activities performed in the centre.
- The specific training activities to be carried out by each student for the acquisition of professional competencies as a general health psychologist will depend on the internship centre and the individual training project established by the professional tutor.

4. Academic activities

Teaching activities	Hours
1. Lecture by the professional tutor at the internship centre.	20
2. Practical activities at the internship centre	250
3. Self-training work: preparation of interventions and their performance at the internship centre.	230
Total hours at the internship centre	500
4. Self-training work: writing of the internship report.	170
5. Tutorials and seminars	76
6. Assessment	4
Total hours of autonomous work and work at the university	250
TOTAL HOURS OF INTERNSHIPS	750

5. Assessment system

The final responsible for 100% of the student's grade is the academic tutor. Different aspects will be taken into account for the internship's assessment: quality of the final report, the professional tutor's evaluation report on the student's predisposition, interest and performance, evaluation report by the academic tutor on the student's compliance with the different follow-up sessions scheduled throughout the term, the formalisation of the administrative aspects of the internship and delivery of the report within the deadlines, as well as any other information that they deems appropriate to collect and of which the student will be informed.

For more information, please check the external internship procedure on the corresponding website.

The internship report

The student must write an Internship Report document to show the assimilation of the theoretical-practical knowledge acquired during the first year of the master as well as its implementation during their stay in the internship centre.

All the details about the sections that the report must contain and the formal aspects can be found in the internship on the corresponding website.

6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 5 - Gender Equality