

Academic Year/course: 2024/25

61873 - Comprehensive intervention for childhood and adolescents

Syllabus Information

Academic year: 2024/25

Subject: 61873 - Comprehensive intervention for childhood and adolescents

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology
654 - Master's in General Sanitary Psychology

ECTS: 3.0

Year: 1

Semester: Second semester

Subject type: Optional

Module:

1. General information

The elective subject *Comprehensive Intervention for children and adolescents* is included in the teaching program of the Master's Degree in General Health Psychology for all those psychologists who have a greater interest in intervention with this population. This subject, together with *Neurodevelopmental Disorders*, would be part of the optional itinerary framed in the infantile-juvenile field. The main objective is to provide students with a deeper knowledge of the models of intervention in psychological problems in the child and adolescent field, both from a theoretical, descriptive and applied perspective.

2. Learning results

- The student knows and identifies the biological and psychosocial factors associated with health problems and disease, especially those related to mental health.
- The student recognizes the consequences and effects of biological and psychosocial factors, especially those related to mental health.
- The student identifies resources that can increase protective factors as well as those that can decrease risk factors related to mental health.
- The student is able to plan a psychological assessment process of human behavior and psychological factors associated with health problems.
- The student knows how to identify, select and apply the appropriate instruments to carry out a psychological evaluation process.
- The student is able to supervise a psychological evaluation process.
- The student is able to design, develop and, if necessary, supervise and evaluate psychological intervention plans and programs, according to the psychological evaluation and the individual and social variables involved in each case.
- The student knows how to develop and apply an effective psychological intervention program in relation to the designed program.
- The student knows how to evaluate the results of the psychological intervention program.
- The student is able to make a critical analysis of the results of a psychological intervention program and define proposals for improvement.

3. Syllabus

TOPIC 1. Comprehensive intervention in the infantile-juvenile field.

TOPIC 2. The family as a context for child and adolescent intervention.

TOPIC 3. Situations of risk for the mental health of children and adolescents.

TOPIC 4. Situations of violence in childhood and adolescence

4. Academic activities

The program offered to the student to help them achieve the expected results includes the following activities:

1. Lectures (15 h).
2. Practical activities (15 h) which may include:
 - Case study analysis
 - Information search and cooperative work

- Reading of articles or documents related to the content of the subject.
- Oral presentations by the students
- Viewing of audiovisual material
- Attendance to conferences and lectures related to the content of the subject (if they take place during the teaching period).
- Presentations in the classroom by professionals linked to groups related to the content of the subject.

5. Assessment system

Global test (grade from 0 to 10). It will include: a test with three alternative answers and/or essay questions where the theoretical contents of the subject will be assessed (it may represent 50% of the final grade), a practical section where students will have to answer short questions, solve practical cases or other practical activities to be determined by the faculty at the beginning of the term (it may represent 50% of the final grade). Students must pass both parts of the global test in order to pass the subject.

In any case, the student is entitled to a global assessment of the subject in which they may opt for the maximum grade (up to 10 points).

6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 10 - Reduction of Inequalities