

31242 - Development and Family Intervention

Syllabus Information

Academic year: 2024/25

Subject: 31242 - Development and Family Intervention

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 613 - Degree in Psychology

ECTS: 6.0

Year: 4

Semester: First semester

Subject type: Optional

Module:

1. General information

In this elective we will deepen in the field of developmental and educational psychology and its intersection with clinical and health psychology. Specifically, the objective is to understand the role of the family as a significant microsystem of human development and the profound implications it has for the mental health and adaptive development of its members. As this is an elective in the third and fourth year, it will be necessary for the student to update the contents and competencies worked on in basic/compulsory subjects.

The subject is aligned with the following Sustainable Development Goals (SDGs) of the Agenda 2030 of United Nations, providing training and competence to contribute to some extent to their achievement: Goal 3: Health and wellness; Goal 4: Quality education; Goal 10: Reducing inequalities.

2. Learning results

- Identify the different fields of application of Developmental and Educational Psychology. Critically assess the ethical implications of professional practice in the field of study and identify the applicable articles of the code of ethics.
- Explain the importance of family and educational contexts in optimal human and educational development.
- Consult relevant documentary sources in order to be professionally updated and plan effective intervention programs.
- Select relevant assessment and diagnostic tests, apply them and interpret the scores correctly.
- Design evidence-based family intervention proposals.
- Identify other professionals with whom it will be necessary to have a professional interrelationship and know their functions.
- Planning and conducting a family interview.
- Transmit the information to other professionals and/or families in a precise way, adapting it according to the level of the interlocutor.
- Work in teams to solve problems and cases and critically evaluate their performance.

3. Syllabus

1. Historical review of family psychology and family therapy
2. Main theories and models
3. Family Therapy Schools
4. Family life cycle
5. Roles, rules and myths
6. Family genogram
7. The family intervention process
8. The family interview

4. Academic activities

Teaching methodologies and evaluation, since these are third and fourth year subjects, will emphasize the applied part.

- Explanatory class. The teacher/professional/tutor explains the basic notions of a subject by means of diagrams or illustrations.
- Practical activities of cases and problems. The student works actively in groups on materials proposed by the teacher and/or students (cases, videos...), reinforcing the concepts explained in the lectures and applying them to make specific intervention proposals.

- Directed academic activities and self-study. The student, autonomously, dedicates time to the completion of required activities using materials and resources recommended by the teacher/professional tutor.

5. Assessment system

At the beginning of the term, each student must choose one of the following two evaluation modalities:

CONTINUOUS EVALUATION MODE:

In order to be considered as a student in continuous evaluation mode, they must attend **at least 80% of the sessions**, participate in them and submit the corresponding activities.

1. **Theoretical part (50%):** Examination of multiple choice or essay questions (3 answer options), to be taken on the official date, time, and classroom of the current course.
2. **Practical part (50%):** Active participation in practical activities and the delivery, formal adequacy and quality of reports.

FINAL EVALUATION METHOD:

Theoretical-practical development exam of between 5 and 10 questions on the total contents of the subject (100%). This exam will be held on the date and in the classroom indicated in the official exam calendar for the current academic year.

Level of demand: it is necessary to pass both parts (theory and practice) passing the theory exam (in the continuous evaluation mode) to add the rest of the grades.

Recommendations: in the event that any of the parts are failed, the grade obtained in the other aspects will be maintained for the next call within the same academic year.

6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 10 - Reduction of Inequalities