

## 31235 - Personality Disorders

### Syllabus Information

**Academic year:** 2024/25

**Subject:** 31235 - Personality Disorders

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 613 - Degree in Psychology

**ECTS:** 6.0

**Year:** 3

**Semester:** First semester

**Subject type:** Optional

**Module:**

### 1. General information

The objective of this subject is to familiarize the student with the problematic of the contexts that make the development of adapted and maladaptive personalities probable, in order to, in order to provide them with the knowledge and skills to recognize useful contributions and to consider the design of effective assessment/intervention programs.

### 2. Learning results

In order to pass this subject, the students shall demonstrate they has acquired the following results:

- Describe the fundamental characteristics of personality disorders.
- Identify pathological personalities based on their diagnostic characteristics.
- Identify risk factors and specific vulnerabilities for each personality disorder according to different conceptual approaches.
- Know the different approaches to the development of healthy or adapted personalities vs. pathological personalities.
- Know the different dimensions used to classify personality and its relationship with health and disease
- Differentiate the different theoretical and empirical approaches to the study of the development of personality psychopathology

### 3. Syllabus

This would be the approximate syllabus of the subject:

#### **BLOCK I. Personality Disorders**

Unit 1. Normal and pathological personality: General considerations

Unit 2: Cluster A Personality Disorders: paranoid, schizoid, schizotypal

Unit 3: Cluster B Personality Disorders: antisocial, borderline, histrionic, narcissistic

Unit 4: Cluster C Personality Disorders: avoidant, dependent, obsessive-compulsive

#### **BLOCK II. Other processes related to personality disorders**

Unit 5: Personality and psychological vulnerability

Unit 6: The role of emotional regulation

Unit 7: Assessment and diagnosis of personality disorders

Unit 8: Interventions in personality disorders

### 4. Academic activities

The program offered to the student to help them achieve the expected results comprises the following activities:

- Lectures
- Group work

- Oral presentations by the student
- Analysis of clinical cases
- Role playing in laboratory
- Viewing of audiovisual material
- Problem-based learning
- Bibliographic search and readings
- Attendance to personality-related conferences and lectures (if given during the teaching period)
- Participation in scientific experiments (if they take place during the teaching period)

Theoretical classes with the whole group: 2h/week in the first four-month period

Mandatory practical classes: 2h/week in the first four-month period

## 5. Assessment system

The student must demonstrate achievement of the intended learning results through the following assessment activities: Written test (grade from 0 to 10): it may account for around 60% of the final grade. The test may contain multiple choice or short answer questions. In the case of multiple choice questions, these will be of three or four alternatives. The form of correction will be: Hits - (Wrong answers/ Answer alternatives - 1).

Continuous work (grade from 0 to 10): it may represent around 40% of the final grade and implies the realization of diverse activities and/or the realization of reports. In order for this grade to be taken into account in the final grade, the student must pass the written test with at least 5 out of 10 points.

The students will be able to carry out the activities of the continued work as long as the attendance to the classes is not less than 80% of the hours of the practical classes of the subject.

Those who do not wish to take the continuous evaluation will be entitled to a final theoretical-practical exam. In any case, students will have the right to a global evaluation of all the contents of the subject in which they will be able to opt for the maximum grade.

For more information, please consult the Rules for the Evaluation of Learning Standards of the University of Zaragoza: <http://tud.unizar.es/docs/ReglamentodeNormasdeEvaluaciondelAprendizaje.pdf>

## 6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 5 - Gender Equality