Academic Year/course: 2024/25

# **31228 - Community and Psychosocial Intervention Psychology**

### **Syllabus Information**

Academic year: 2024/25 Subject: 31228 - Community and Psychosocial Intervention Psychology Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas Degree: 613 - Degree in Psychology ECTS: 6.0 Year: 4 Semester: First semester Subject type: Compulsory Module:

### **1. General information**

This is a subject in the area of social psychology, which provides a set of general knowledge and competencies that will allow students to describe and explain what is community psychology and how the intervention in different psychosocial problems should be carried out.

To be able to understand, know and apply one of the most relevant disciplines within social psychology is fundamental, both in order to comprehensively understand the social dimension of the human being and to practice professionally.

# 2. Learning results

In order to pass this subject, the student must demonstrate the following learning results:

1. To learn the fundamental concepts of Community Psychology and psychosocial intervention: the role of the psychologist, the intervention strategies, the process of elaboration and evaluation of an intervention program and the effects that these can have on social change.

2. To know how to use the relevant documentary sources in Community Psychology with the capacity for critical analysis and synthesis, as well as to keep the knowledge and skills of the profession up to date.

3. To know how to interpret the problems and social needs of a specific community in order to intervene in it.

4. To know how to design and evaluate intervention programs aimed at promoting social change and meeting the needs of affected communities.

The importance of psychosocial intervention, in any applied context, is fundamental. The practical training offered by this subject, in addition to making it more enjoyable, allows students to learn about the work that psychology professionals do once they finish their studies, which can broaden their horizons and clarify, in some cases their topics of interest for the future.

# 3. Syllabus

The program of the subject consists of 10 topics that are grouped into three blocks:

BLOCK I.- FOUNDATION, CONCEPT AND THEORETICAL BASES OF COMMUNITY PSYCHOLOGY

- 1. Introduction to Community Psychology.
- 2. Community, Community Psychology and social welfare.
- 3. Empowerment and community development.
- 4. Social networks, social support and community intervention.
- 5. The community psychologist: ethics, values and roles in community intervention.

BLOCK II.- PREVENTION AND INTERVENTION PROGRAMS IN COMMUNITY PSYCHOLOGY

- 6. Design and implementation of programs in Community Psychology.
- 7. Evaluation of programs in Community Psychology.

BLOCK III.- AREAS OF APPLICATION OF COMMUNITY PSYCHOLOGY

- 8. Social and community intervention in the legal and forensic field.
- 9. Social and community intervention in the field of immigration.
- 10. Social and community intervention in the field of sexuality.

# 4. Academic activities

The subject has an applied orientation, so that the proposed activities are focused on the understanding, assimilation and practical application of the main fundamentals of Community Psychology. The sequence of the designed activities includes the following modalities:

Theoretical sessions: stimulating participation and active learning on the part of the students and using the I lectures in a complementary way.

Practical sessions: knowledge will be applied to real situations and teamwork and cooperative learning will be encouraged.

Individual and group tutoring: for a better follow-up of the learning process.

Teaching platform: Moodle will be used as a means of communication, consultation and downloading of subject material.

### 5. Assessment system

Students must demonstrate that they have achieved the learning results foreseen in the subject through the following assessment activities:

Theory: an exam on the acquisition of general competencies will be conducted. It will account for 50% of the final grade of the subject . It will be a mixed exam, consisting of 30 multiple-choice questions with three answer options and four essay questions. For multiple-choice questions, the correction formula (RIGHT - WRONG) / N-1 will be used. In other words, for every two wrong answers, the value of a right answer will be subtracted. Unanswered questions are not penalized.

Practices: they represent 50% of the final grade of the subject and will be evaluated through two types of activities:

1. Face-to-face activities: 4 activities will be carried out throughout the term. Each one will be evaluated out of 0.5 points (total: 2 points).

2. Group design of a prevention/intervention program on a social problem of your the student's choice (total: 3 points).

In order to pass the subject, both the theoretical contents and the practical activities must be passed.

In the case that the student does not take part in the continuous evaluation, he/she will have to pass a final exam that includes all the contents of the subject, both theoretical and practical, which will be held on the date of the official calls. To pass this exam, a grade of 5 or higher must be obtained.

# 6. Sustainable Development Goals

- 3 Good Health & Well-Being
- 4 Quality Education
- 10 Reduction of Inequalities