

## 31222 - Clinical Psychopathology

### Syllabus Information

**Academic year:** 2024/25

**Subject:** 31222 - Clinical Psychopathology

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 613 - Degree in Psychology

**ECTS:** 6.0

**Year:** 3

**Semester:** First semester

**Subject type:** Compulsory

**Module:**

### 1. General information

The subject Clinical Psychopathology is a compulsory subject that belongs to the block of subjects of the area of knowledge of "Personality, Evaluation and Psychological Treatments". Given the current structure of the Psychology Degree at the University of Zaragoza, this subject presents the most relevant aspects of psychopathology in adulthood, with the general objective of providing students with the knowledge that will enable them to detect and diagnose the most prevalent psychopathological disorders.

### 2. Learning results

In order to pass this subject, the students shall demonstrate they has acquired the following results:

- To know the most widely used classification systems of mental disorders, especially DSM-5 and ICD 11.
- To identify the main mental disorders according to clinical characteristics.
- To observe and establish diagnostic hypotheses from the symptoms and signs observed.
- To establish and defend differential diagnoses in real clinical cases.

### 3. Syllabus

Unit 1: Anxiety disorders

Unit 2: Obsessive-compulsive and related disorders

Unit 3: Depressive disorders

Unit 4: Bipolar disorders

Unit 5: Spectrum of schizophrenia and other psychotic disorders

Unit 6: Personality disorders

Unit 7: Eating disorders

Unit 8: Somatic symptom disorders or somatoform disorders

Unit 9: Dissociative disorders

Unit 10: Addiction-related disorders

Unit 11: Disorders related to trauma and stressors

Unit 12: Sexual disorders

### 4. Academic activities

The program of the subject will be developed through:

- Theoretical master classes of 2 hours each week.
- Weekly practical classes of 2 hours of duration. Analyses of real clinical cases on the disorders explained in the theoretical classes will be carried out. Each case study will be discussed and analysed in work trios configured among the students of the practice group. This program is aimed at helping students to identify when the disorder begins, the diagnostic criteria for each disorder, as well as the exclusion criteria that facilitate the process of differential diagnosis.

### 5. Assessment system

The final grade will be calculated by adding the result of the theoretical part (60%) and the practical part (40%). Students must pass the two parts separately, reaching 5 points out of 10 in each of them.

The student has two options to pass the subject:

-1st option: Not to attend any theoretical or practical class and to take the exam in the 1st or 2nd call, as established in the Evaluation Regulations. This exam will be divided into two parts: theoretical part (60%) and practical part (40%). Students will have two hours to complete it.

-2nd option: Attend all the practical classes to hand in the weekly assignments and get the grade of the practical part(40%), being released from taking this part as an exam and taking only the theory part (60%).

The theoretical part will be evaluated and graded by means of a multiple-choice test: 40 questions with three alternative answers.

Correct answers will count as one point, blank answers will count as zero points and errors will subtract 0.5 points.

The practical part will be evaluated and graded (1) through weekly continuous evaluation, handing in all the practices or (2) in a practical exam.

The grade of the practical part will be kept for the 2nd call in the case of not passing the theoretical part in the 1st call.

As stated in UNIZAR's Evaluation Regulations, any student can take the global test to try to improve the grade. The highest grade obtained will remain in the record.

## **6. Sustainable Development Goals**

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 5 - Gender Equality