

31211 - Developmental Psychology II

Syllabus Information

Academic year: 2024/25

Subject: 31211 - Developmental Psychology II

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 613 - Degree in Psychology

ECTS: 6.0

Year: 2

Semester: First semester

Subject type: Compulsory

Module:

1. General information

The aim of this subject is to lay the foundations for the study of human development from adolescence to the end of life, which will be studied in depth later in other more specialized subjects. The purpose of this subject is to learn about the physical, cognitive and psychosocial changes that occur during adult development, as well as the application of theories on human development to the adult life cycle and family, work and cultural processes. To take this subject, it is recommended to have passed the subject Developmental Psychology I.

These approaches and goals are aligned with the following Sustainable Development Goals (SDGs) of the United Nations Agenda 2030 (<https://www.un.org/sustainabledevelopment/es/>), such that the acquisition of the subject learning results provides training and competence to contribute to some extent to their achievement: Goal 3 Health and wellness; Goal 4: Quality education; Goal 5: Gender Equality.

2. Learning results

- Describe and explain development from adolescence and young adulthood to the end of life, as well as interindividual differences in developmental processes.
- Lay the foundations that make it possible to predict and intervene in development throughout the life cycle, in order to optimize it, as well as to explain the evolutionary processes in reference to the most relevant developmental contexts (e.g., family, work, peers, etc.).
- Know and understand the main processes and stages of psychological development in the second part of a person's life cycle, from youth to the end of life.
- Obtain information effectively from relevant documentary sources in developmental psychology with the ability for critical analysis and synthesis skills.
- Define objectives, design and evaluate intervention programs aimed at improving and facilitating developmental transitions.
- Work as part of a team and collaborate effectively with peers. Understand and prepare written reports and audiovisual presentations.

3. Syllabus

BLOCK I. ADOLESCENCE

Unit 1. Physical and cognitive development during adolescence

Unit 2. Psychosocial development in adolescence

Unit 3. Psychosocial adjustment during adolescence

BLOCK II. EARLY ADULTHOOD

Unit 4. Physical and cognitive development in early adulthood

Unit 5. Psychosocial development in early adulthood

BLOCK III. MIDDLE ADULTHOOD OR MIDDLE AGE

Unit 6. Physical and cognitive development in middle adulthood

Unit 7. Psychosocial development in middle adulthood

BLOCK IV. LATE ADULTHOOD OR OLD AGE

Unit 8. Physical and cognitive development in old age

4. Academic activities

Type 1 activities (Theory): 30 h

Type 2 activities (Practical): 30 h

Autonomous work (learning portfolio, photobiography and study): 84 h

Assessment tests. 6 hours

5. Assessment system

For the assessment of the subject, students must choose between two options at the beginning of the term:

1. Continuous assessment. Attendance and participation in the theoretical and practical sessions and completion of the activities established by the faculty.

Criteria: Mastery of the theoretical and operational concepts of the subject + Participation in the theoretical and practical sessions and reflection on learning

Instrument: weekly activities and deliveries + compulsory attendance + objective test

Weight: 70% classroom activities + 30% test on final exam date

In order to be considered as a student in continuous evaluation mode, they must attend at least 80% of the sessions, participate and submit the corresponding activities. Only in the case that the absence is justified by a document (see Unizar's evaluation rules) will it be possible to perform and hand in the activities done in that session.

2. Final exam. Students who cannot participate in at least 80% of the theoretical and practical sessions must inform the teacher at the beginning of the term and their evaluation will consist of a theoretical-practical exam with a question to be developed from one of the blocks, where theoretical concepts will be evaluated with their practical application.

Criteria: Mastery of the theoretical and operative contents of the subject

Instrument: Theoretical-practical exam

Weight: 100% final grade.

In any case, all students, both the ones who opt for continuous evaluations and those who choose the final exam will be entitled to a global evaluation on all the contents of the subject in which they may opt to the maximum grade.

6. Sustainable Development Goals

3 - Good Health & Well-Being

4 - Quality Education

5 - Gender Equality