

## 31208 - Psychology of Personality

### Syllabus Information

**Academic year:** 2024/25

**Subject:** 31208 - Psychology of Personality

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 613 - Degree in Psychology

**ECTS:** 6.0

**Year:** 1

**Semester:** Second semester

**Subject type:** Basic Education

**Module:**

### 1. General information

The general objectives of the Psychology of Personality subject are to know and be able to critically evaluate the different theoretical approaches to personality, to develop a concept of personality as a source of individual differences, and to learn to evaluate and interpret the scores and results obtained in different personality assessment tests.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations Agenda 2030 (<https://www.un.org/sustainabledevelopment/es/>), in such a way that the acquisition of the learning results of the subject provides training and competence to contribute to some extent to their achievement:

- Goal 3: Health and wellness.
- Goal 4: Quality Education.
- Goal 5: Gender Equality.

### 2. Learning results

- Establish connections between personality psychology and other basic and applied subjects of psychology, so that students can understand the meaning and usefulness of personality psychology within psychology as a whole.
- Know the characteristics of the main theoretical and methodological approaches to the study of personality.
- Critically integrate the main positive and negative assessments made to each theoretical and methodological model on personality methodological model on personality.
- Identify the different processes that make up personality.
- Determine personality through the use of relevant assessment systems.
- Prepare descriptive personality reports for the exchange of information with other professionals Identify pathological personalities based on their diagnostic characteristics.
- Discriminate the processes and stages of personality development, normal and pathological, throughout the life cycle.
- Differentiate the different theoretical and empirical approaches to the study of the development of personality psychopathology.

### 3. Syllabus

1. Introduction to personality psychology
2. Historical background and perspectives on personality studies
3. Evaluation and research designs in personality psychology
4. Trait models
5. Personality dispositions over time
6. The gene-environment binomial in the study of personality
7. The social-cognitive paradigm in the study of personality
8. Personality, mental health and psychopathology

### 4. Academic activities

Lectures: 30 hours

Theoretical-practical sessions in which the contents of the subject will be explained.

**Practical classes:** 30 hours

They will focus on different practices on the contents of the subject such as the administration of personality assessment tests and their correction/interpretation, case resolution or the application of different methodological strategies for the study of personality.

**Study of the subject:** 60 hours

Assessment tests. 8 hours

## 5. Assessment system

**Theoretical part.** The theoretical part will be evaluated by means of a test with objective multiple-choice questions on the contents worked on in theory classes. In order to obtain the grade, the following correction formula will be used:  $[(A - (E/n - 1))/\text{no. questions}] \times 10$ ], where A is the number of correct answers, E is the number of errors and n is the number of alternatives for the answer. It accounts for 60% of the final grade.

**Practical part.** The practical part can be evaluated by means of different activities, such as the delivery of reports, oral presentations and other activities on the contents worked on in the practical sessions. There may also be the possibility of producing a work (individual and/or group) to be delivered at the end of the term. It accounts for 40% of the final grade.

In order to pass the subject, it will be necessary to obtain at least a grade of 5 points out of 10 in each part (theoretical and practical).

In any case, students will be entitled to a global evaluation on all the contents of the subject in which they may opt to the maximum grade.

## 6. Sustainable Development Goals

3 - Good Health & Well-Being

4 - Quality Education

5 - Gender Equality