

26336 - Body Language

Syllabus Information

Academic year: 2024/25

Subject: 26336 - Body Language

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 295 - Degree in Physical Activity and Sports Science

ECTS: 6.0

Year:

Semester: First semester

Subject type: Optional

Module:

1. General information

1.1. Subject objectives

The subject and its expected results respond to the following approaches and **objectives**:

- 1.- Make students aware of the importance of non-verbal communication in the professional field of the Graduate in Sciences of Physical Activity and Sports.
- 2.- Provide students with knowledge and practical experiences that allow them to effectively use their body language both in the daily and professional spheres.
- 3.- Facilitate the disinhibition of students both in speeches and conversations, as well as in artistic-expressive productions.
- 4.- Promote a research attitude towards the contents of body language, as well as towards its applications in Different areas.
- 5.- Implement different communicative and creative strategies related to body language.
- 6.- Perform a performance in front of an audience in different spaces.
- 7.- Develop body awareness, through various techniques.
- 8.- Promote the active involvement of students in the teaching-learning process.

2. Learning results

The student, to pass this subject, must demonstrate the following learning **results**:

- 1.- Differentiate the elements that make up body language, both intentional and unintentional.
- 2.- Perform with quality motor skills the intentional elements of body language (creative dance, improvisation) in the artistic-expressive activities.
- 3.- Awareness of the body through different techniques.
- 4.- Experience expressive workshops autonomously using body language appropriately.
- 5.- Produces montages in finals: improvisation matches, creative dance, expressive workshops.
- 6.- Compose, experiment motorically and present individual compositions and artistic productions to others. expressive group skills, with high mastery of artistic-expressive motor resources.
7. Create and use observation tools for the intentional elements of body language in artistic activities expressive and knows how to interpret the results.

3. Syllabus

The subject develops the following **program**:

A. UNINTENTIONAL LANGUAGE: NON-VERBAL COMMUNICATION

1. Conceptualization of Body Language and categories of the kinetic message.
2. Proxemics.
3. Kinesics.
4. Paralanguage.
5. Chronemia.

B. INTENTIONAL LANGUAGE: FROM TECHNIQUE TO CREATIVITY

6. Methods of body awareness: Sensoperception, Feldenkrais, Eutonia, Alexander.
7. Dramatization and composition: Theatrical improvisation match.
8. Creative dance and improvisation.
9. Composition and Performance.
10. Expressive body workshops, costumes, makeup.

4. Academic activities

The program offered to the student to help them achieve the expected results includes the following **activities academic**:

- **Inductive proposals**: Carrying out specific exercises for individuals, couples, small and large groups. Expose verbally and with the support of materials/active listening.

- **Deductive proposals**: Provide material/preparation of related tasks and sharing. The material can be: videos, prepared photos, magazine articles, makeup and costumes. Character or role play: the teacher designs the roles, He distributes the role and the material to the students to prepare the character and then it is staged. Provide material/elaboration of the tasks in this regard and sharing. Proposal of a problem / Bombardment of ideas / structuring of the ideas/conclusions. Reciprocal teaching. Flipped class.

Evaluation tasks inserted in the theoretical classes will be used mainly and situated in such a way that they reinforce concepts, meaning the conclusion of concepts, recall tasks and self-assessment of prior knowledge.

We will start from the specific practical experience of expressive language for the subsequent breakdown of the specific contents of body language.

Participation in expert classes in relation to the body language that the teacher or students decide to bring and do to them participate in classes.

5. Assessment system

5.1. Type of tests and their value on the final grade and evaluation criteria for each test

The student must demonstrate that they have achieved the expected learning outcomes through the following **activities evaluation**:

OPTION A: CONTINUOUS EVALUATION. MEANS OF EVALUATION AND % OF THE FINAL GRADE.

1. Practical tests. Mastery and public exposure in the execution of practical activities. Creation and interpretation of individual and/or collective artistic-expressive productions throughout the subject. **(50%)**

2.- Theatrical monologue: elaboration or repetition of a monologue. Final exhibition. **(20%)**

3. Attendance at events: students must attend (physical or virtual) at least one performance show (theatrical play, musical...). You must do an original individual work composed of a review of the work and a research work documentary about the expressive discipline to which the event corresponds. **(10%)**

4. Learning folder: Diary, personal, photos, videos where the individual productions of the students are collected. throughout the subject, theoretical documents and practical situations worked on in class and a reflection journal. Exposure final. **(10%)**

5.- Reading and working on a book in relation to the subject. **Final exhibition. (10%)**

The student must take the 5 parts and obtain a minimum grade of 3 points out of 10 in each part to be averaged for the subject.

OPTION B: GLOBAL EVALUATION. EVALUATION MEANS AND % OF THE FINAL GRADE

1.- Practical objective test: students must present their own creative-expressive composition lasting 20 min. **(50%)**

2.- Theoretical objective test: students will take a written test of the subject's syllabus. (30%)

3.-Written work: students must present a written work on a topic chosen with the subject's teacher.(20%)

Students must take the 3 parts and obtain a minimum grade of 5 points out of 10 in each part so that the average of the subject is made.

Fraud or total or partial plagiarism in any of the evaluation tests will result in failure of the subject with the minimum grade, in addition to the disciplinary sanctions that the guarantee commission adopts for these cases. For a more detailed knowledge about plagiarism and its consequences, please consult:

<https://biblioteca.unizar.es/propiedadintelectual/property-intelectual-plagio#Que>

6. Sustainable Development Goals

5 - Gender Equality

10 - Reduction of Inequalities

16 - Peace, Justice and Strong Institutions