

26335 - Traditional Aragonese Games and Sports

Syllabus Information

Academic year: 2024/25

Subject: 26335 - Traditional Aragonese Games and Sports

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 295 - Degree in Physical Activity and Sports Science

ECTS: 6.0

Year:

Semester: Second semester

Subject type: Optional

Module:

1. General information

Throughout history, physical activity and sports have had many manifestations depending on the sociocultural development of different civilizations. Knowing this evolution, particularly in the closest cultural context, is understood as a necessity to fully analyse the value of physical activity in sport today.

The subject, located in the second stage of the degree program, allows other previously developed learning to be taken into account. These approaches are aligned with many of the SDGs.

The knowledge of the potential of the traditional game, as in general of any type of game, is facilitated by practice. Participation in the practical sessions is therefore recommended. It is recommended to complement the subject with the recommended bibliography.

2. Learning results

Passing this subject assumes that the student has already achieved the following results:

*Knows the role of play as a social and cultural manifestation in different geographic contexts, and understands and values the educational, recreational and cultural heritage transmission potential of games and traditional sports

*Knows a wide repertoire of traditional games and sports and differentiates and practices with basic skills the most common traditional games and sports.

*Designs situations of practice of traditional games and sports and is able to organize, manage and apply playful dynamics related to this content, adapting them to each stage of development

*Values the traditional game and sport for the values it holds from a historical and cultural perspective, and differentiates these values from the more conventional values of modern sport and shows concern for the need to keep alive the traditional game and sport in Aragon

3. Syllabus

The blocks of contents that will be developed in the subject are:

-THEMATIC BLOCK I: The game and the traditional sport. Conceptual approach, origin and evolution.

-THEMATIC BLOCK II: The traditional game as a cultural manifestation. Anthropological analysis of the traditional game. The research as a vital element in the recovery of the traditional game.

-THEMATIC BLOCK III: The traditional game as an open system. Praxiological analysis of the traditional game.

-THEMATIC BLOCK IV: Study of recreational heritage in Spain and Aragon. References from other parts of the world.

-THEMATIC BLOCK V: Application of the traditional game in different contexts. The educational context, the sports context, the recreational context.

4. Academic activities

The program offered to the student includes:

-Sessions of theoretical exposition, debates and review of documentation.

-Practical sessions.

-Seminars and small group work.

The subject is an extraordinary opportunity to complement and connect what has been seen in the subjects of Motor Games and Theory and History of Physical Activity and Sport. The ludic heritage of a given culture tells us about the way of being and the history of its inhabitants. To situate oneself in a given context, to contribute to the development of the well-being and quality of life of citizens, necessarily requires an understanding of their culture.

5. Assessment system

Students will choose to develop the subject with two formulas:

A) CONTINUOUS EVALUATION.

It consists of the following parts with their respective evaluation tests and with the following percentages to contribute to the final grade:

THEORETICAL PART 30% OF THE TOTAL

-WRITTEN TEST: 25%

-PORTFOLIOS: 5%

ATTENDANCE

PRACTICAL PART 50%

To qualify for this option, attendance to the practical sessions must be at least 80% of the sessions. The development of the practices includes work to be presented by the students. They can opt for work linked to the project method in order to practice in real contexts

B) GLOBAL EVALUATION. (EXAMINATION AND PRACTICAL EXAM 50% AND 50% to be taken during the examination period set by the Faculty)

FINAL INTERVIEW: Once the final grade is obtained, if the student considers that the grade does not reflect the work and knowledge acquired, they may request an oral interview during the exam review period. This consists of the justification, with all the documentation deemed appropriate, that there is a difference between what has been learned and what is reflected in the grade. Only students who have passed all the tests are eligible for the final interview.

6. Sustainable Development Goals

3 - Good Health & Well-Being

5 - Gender Equality

11 - Sustainable Cities and Communities