

## 26309 - Collaborative-opposition sports (groups)

### Syllabus Information

**Academic year:** 2024/25

**Subject:** 26309 - Collaborative-opposition sports (groups)

**Faculty / School:** 229 - Facultad de Ciencias de la Salud y del Deporte

**Degree:** 295 - Degree in Physical Activity and Sports Science

**ECTS:** 9.0

**Year:** 2

**Semester:** Annual

**Subject type:** Compulsory

**Module:**

### 1. General information

The general objective of the subject is to develop in the student a critical and coherent sense with respect to the pedagogical aspects of the teaching-learning processes in collective sports in any context in which they are developed (physical education, base sport, performance sport, sport for all).

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations Agenda 2030 (<https://www.un.org/sustainabledevelopment/es/>), so that the acquisition of the learning results of the subject provides training and competence to contribute to some extent to their achievement: Goal 3: Health and wellness. Goal 4: Quality Education. Goal 5: Gender equality and Goal 10: Reduction of the inequalities.

### 2. Learning results

- To understand the social repercussion that collective sports have in our society and the difficulties that this implies in their learning
- To acquire and demonstrate the knowledge, skills and attitudes necessary for the development of the specific skills of the team sports developed in the subject
- To understand the possibilities offered by the knowledge of the skills and fundamentals of collective sports, based on the scientific bases and in the context in which they are developed, as an educational and recreational means.
- To plan, program and evaluate teaching-learning programs and tasks within collective sports in a competent and effective way
- They learn to observe, analyse and correct the most important defects in their practice.

### 3. Syllabus

#### Theoretical Topics

- Unit 1: Collective sports
- Unit 2. Influence of collective sports in today's society.
- Unit 3. What kind of collective sport do we want?
- Unit 4. Sports performance in team sports
- Unit 5. Parties involved in the sports process
- Unit 6. Planning of sports initiation and training. Stages and models of training in collective sports.
- Unit 7. Teaching methodology. Contents and general work guidelines.
- Unit 8. Process evaluation: when, what, with what, how to evaluate?

#### Practical Topics

- Practical Volleyball Teaching
- Practical Basketball Teaching
- Practical Volleyball Teaching
- Practical teaching of soccer

\*In each practical block there will be 10 practical sessions and 2 seminars. It is possible that for reasons of adjustment of calendar in some of the blocks this distribution may be slightly modified.

#### 4. Academic activities

- **Master classes:** (22h). In each master class the teacher will present a topic, following the subject book, from which the subject will be developed and discussed.
- **Practices:** (60h). They will address different teaching methodologies of sports fundamentals, always depending on the level of the students so that an adequate learning process takes place. The teaching-learning situations of the different technical-tactical fundamentals of the sports modalities developed in the subject and analysis of practical cases will be presented. It will allow to plan and develop teaching and learning tasks -for the correction, teaching or improvement of a technical base.
- **Laboratory practices:** (8h). In small groups, two seminars of each sport will be held for the visualization and technical-tactical correction and real game situations through new technologies.
- **Works:** (135h). Related to the contents of the theoretical and practical classes, analysis and reflection papers will be assigned throughout the term to be elaborated autonomously by the student.
- **Total student hours:** 225h

#### 5. Assessment system

Continuous evaluation with compulsory attendance and/or special circumstances:

- Practices (30%). Successfully overcome analytical tasks of the basic fundamentals and game situations, both of offense and defence.
- Daily sessions (30% in volleyball and 40% in basketball, handball and soccer). The following sections should be submitted : introduction to the sport modality, summary of rules and interpretation, types of players, positions, basic game systems and basic technical and tactical fundamentals. In addition, the practical sessions attended, which will include: methodology, resources used, objectives, tasks, session comments , practical conclusions, sport modality, participatory evaluations and personal opinion.

In addition, the following will be presented in the modalities of basketball, handball and soccer: proposals with bibliographic foundation . Finally, it will include the theoretical sessions with reflection and development of the topics covered through the questions posed in the theoretical class.

- Works (40% in volleyball and 30% in basketball, handball and soccer). They should demonstrate the critical spirit (informed personal opinion) of the student and not be mere summaries of the documentation provided.

#### CLARIFICATION PERCENTAGES EVALUATION:

In volleyball: 30% (practical) + 30% (journal) + 40% (assignments)

In basketball, handball and soccer: 30% (practical) + 40% (daily) + 30% (assignments)

The evaluation of each one of the four modalities that make up the subject (each one valued in the percentages given) will represent 25% of the final grade, adding up to 100%.

#### Global assessment

- Written test (60%): in which the student must respond in writing to questions related to the theoretical contents . To demonstrate the assimilation of the practical contents, an observation and application test is carried out to detect the technical-tactical errors of the modality and to apply appropriate tasks for their correction ( observation and improvement tests of the teaching-learning process).
- Final test of practical performance of the sports modalities practiced (40%): in which the student must demonstrate mastery of the technical-tactical fundamentals of the sport modality in analytical and global situations

#### Evaluation considerations:

- In order to pass the continuous evaluation it is necessary that, on the one hand, the practical part of each modality is passed, and on the other hand, the overall average grade of each modality is also passed.
- In the continuous evaluation will be mainly valued only that which is referenced and properly argued from authors or own experiences
- In this subject, correctness in the format and writing of all tests and written documents will be required and will have an impact on the grade
- Fraud or total or partial plagiarism in any of the evaluation tests will result in not passing the subject with the minimum grade, in addition to the disciplinary sanctions adopted by the Guarantee Committee for these cases.

For more detailed information on plagiarism and its consequences please consult: <https://biblioteca.unizar.es/propiedad-intelectual/propiedad-intelectual-plagio> In specific cases of students with disabilities:

- Permanent: the appropriate specific adaptations will be made in conjunction with the Office of Disability of the

University of Zaragoza, in the event that such adaptations are possible (and are not significant adaptations in any case)

- Temporal: the teacher will evaluate the possible adaptations so that the student can achieve the objectives of the subject.

## 6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education
- 5 - Gender Equality