

26308 - Sociology of physical activity and sport

Syllabus Information

Academic year: 2024/25

Subject: 26308 - Sociology of physical activity and sport

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 295 - Degree in Physical Activity and Sports Science

ECTS: 6.0

Year: 1

Semester: Second semester

Subject type: Basic Education

Module:

1. General information

The subject and its expected results respond to the following approaches and objectives:

The subject aims to train students to analyse sport as a social phenomenon, from a critical perspective, to understand the social context in which it develops and to act accordingly within their professional profile.

Physical activity and sport occupy an important space in the so-called "sporting societies": the democratisation of sporting practice and the extension of sport for all, as well as greater sporting literacy, have made an increasing number of citizens aware of the physical, mental, and social benefits of physical and sporting activity. This comprehensive analysis is necessary to intervene professionally with greater knowledge and effectiveness.

2. Learning results

- To design, develop and evaluate intervention processes related to physical activity and sports with attention to people's individual and contextual characteristics. To know and apply the behavioural and social principles to the different fields of physical activity and sport.
- To select, collect, elaborate and interpret relevant information related to physical-sport activities in an adequate way.
- To know how to locate and know the procedures to access the appropriate sources of information in the field of physical activities and sports.
- To demonstrate the capacity for analysis and synthesis for its application to the management and organization of physical and sports activities.
- To explain verbally and in writing the social and cultural dimensions of physical activity and sport based on the knowledge of the different sociological trends.
- To produce reports, both individually and collectively, that analyse the social reality and describe the context in which sport phenomena emerge and develop, identifying connections and interactions of sport reality with history, economics, politics, demography and other sciences, in a dynamic of social change.
- To explain through scientific procedures the origin, development and consequences of phenomena such as the commercialization and massification of sport, violence in sport and the incidence of gender, socioeconomic level, age and other factors in the practice of sport, based on the analysis of current sports news that they have collected in their portfolio.
- To be capable of searching, elaborating, using and interpreting social indicators and social measurement instruments to base and guide interventions in the field of physical activity and sport.

3. Syllabus

The programme offered to students to help them achieve the expected results comprises the following thematic blocks:

- 1.- Introduction to the Sociology of Sport and the Sociology of Health.
- 2.- Social structure of sport practice. Inequalities in physical-sports practice.
- 3.- Sport socialisation: Sport culture and subcultures.
- 4.- Sport and diversity.
- 5.- Sport and environment.
- 6.- Sport consumption.
- 7.- Sport and social justice.

4. Academic activities

Academic activities are divided into:

1. Theoretical content:

- Lectures where the theoretical content of the subject will be presented.
- Classroom activities: gamified activities, debates, and dynamics of deepening of the contents studied.
- Case studies: application of the contents to analyse real current situations.
- Compulsory readings: for each content block, one or more readings will be offered (to choose one) on the topics to be studied.

2. Seminars: application of social research techniques to analyse the social reality of sport.

Participation in the seminars is compulsory for students who opt for continuous assessment.

5. Assessment system

The student must demonstrate that he/she has achieved the expected learning outcomes through the following assessment activities:

CONTINUOUS ASSESSMENT MODEL

1.- Classroom activities (10% of the final mark). Classroom activities consist of gamified situations, debates, and role-playing games, among others, which are assessable and that are developed in the classroom during the class, individually or in groups, and which are assessable. A classroom activity will be carried out for each of the thematic blocks. The mark for this section will be calculated as the average of the activities carried out, considering that failure to do so means a 0 in the corresponding task.

2.- Case studies (10% of the final mark). The case studies involve the application of theoretical content to real current situations, for which students must work in teams to decide which topics to address, gather information from different sources and integrate it into an essay delivered at the end of each of the blocks of content. They must be handed in by the established deadline through the Digital Teaching Ring of the University of Zaragoza (hereinafter, ADD). The mark for this section will be calculated as the average of the activities carried out, considering that failure to do so means a 0 in the corresponding task.

3.- Compulsory reading test (10% of the final mark). The student will have a series of compulsory readings (one per block of contents), of progressive difficulty. At the end of each block, an evaluation test on the corresponding reading will be carried out in class. The mark for this section will be calculated as the average of the activities carried out, considering that failure to do so means a 0 in the corresponding task.

4.- Seminar assignments (20% of the final mark). The seminars consist of the application of social research techniques to the analysis of the sports phenomenon. They will be carried out in fixed teams of 4 or 5 members. A short report of each of the seminars will be prepared, which must be handed in by the established deadline through the ADD. The mark for this section will be calculated as the average of the activities carried out, considering that failure to do so means a 0 in the corresponding task.

5.- Written exam (50% of the final mark). The written exam consists of 25 multiple-choice questions with only one correct answer on the theoretical syllabus, including theoretical-practical questions. Errors in the answers will subtract 1/3 of the value of the question. It is essential to obtain a 4 out of 10 points in the written exam to be eligible for the weighting of the rest of the assessment instruments.

The schedule of each of the activities and deliveries will be published in the ADD at the beginning of the course to facilitate the organisation of the students' study and work.

MODEL OF THE OVERALL EVALUATION

The overall test is in the form of a written exam, consisting of 50 multiple-choice questions with only one correct answer on the theoretical syllabus, including all the content of the subject (syllabus, classroom activities, readings, case studies and seminar content). Errors in the answer will subtract 1/3 of the value of the question.

Fraud or total or partial plagiarism in any of the assessment tests will fail the subject with the minimum mark, in addition to the disciplinary sanctions that the guaranteed committee adopts for these cases.

6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 10 - Reduction of Inequalities
- 16 - Peace, Justice and Strong Institutions