

63282 - Disciplinary Content of Physical Education

Syllabus Information

Academic year: 2023/24

Subject: 63282 - Disciplinary Content of Physical Education

Faculty / School: 202 - Facultad de Ciencias Humanas y de la Educación

Degree: 584 - Master's Degree in Teaching Compulsory Secondary Education

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ECTS: 6.0

Year: 1

Semester: Second semester

Subject type: Optional

Module:

1. General information

The purpose of this subject is to provide students with an in-depth knowledge of the contents that form the backbone of the curricula of the Physical Education subject in ESO and Bachillerato, as well as those of the different degrees of Professional Training of the Physical and Sports Activities family and of the Sports Education of Special Regime. Both contexts shape the professional teaching practice of every graduate in Physical Activity and Sport Sciences.

Regardless of the existence of other curricular sources, content continues to be an important reference in curriculum design. Therefore, it is important that the students of the subject know how to recognize the nature and organization of the curricular contents, so that they can identify them and deal with them in an adequate way in order to incorporate them in their future teaching programs.

Based on this approach, the subject is aligned with the achievement of the following Sustainable Development Goals (SDGs) of the United Nations 2030 Agenda:

- Health and wellness: ensuring a healthy life and promoting wellness.
- Quality education: aiding upward socioeconomic mobility.
- Gender equality: promoting gender equality.
- Reducing inequalities: ensuring that no one is left behind.

2. Learning results

In order to pass this subject, students must demonstrate the following learning results:

Identifies, in a reflexive and critical way, the presence and transcendence of the object of study of Physical Education, analysing its most significant manifestations, as well as the general lines of its evolution throughout history and recent developments

Establishes the differences between cultural object and teaching object in the field of human motor skills, recognizing the need for selection to move from the former to the latter and identifying the procedures used for such selection. For this purpose, they analyse the different nature of these procedures and assesses their adequacy and relevance in relation to Physical Education.

Organizes the object of teaching Physical Education in a way that is appropriate and allows an adequate development of the teaching-learning process

Access efficiently the available sources of information in order to update the knowledge related to the contents of Physical Education, selecting the most appropriate and in accordance with the needs that may arise in each case.

3. Syllabus

MODULE 1: Physical Education in ESO and Bachillerato

- TOPIC 1: Regulatory aspects in Physical Education. Operation of secondary schools.

MODULE 2. Pedagogy of motor behaviours:

- TOPIC 2: The stages of ESO and Bachillerato. Didactic orientations.
- TOPIC 3: The curriculum of ESO and Bachillerato: the domains of motor action. Itinerary of contents. Motor Praxiology and motor behaviours.

MODULE 3. Objective evaluation in Physical Education

- TOPIC 4: Evaluation in Physical Education: how, when and why?
- TOPIC 5: Objective evaluation in Physical Education
- TOPIC 6: Types and moments of evaluation in Physical Education
- TOPIC 7: Evaluation instruments in Physical Education

MODULE 4: Workshops disciplinary contents Physical education

- TOPIC 8: cross-cutting activities block 2 and 3

MODULE 5: Physical Education in professional contexts

- TOPIC 9: The professional family of Physical and Sports Activities.
- TOPIC 10: Special Regime Sports Education.
- TOPIC 11: The national catalogue of Professional Qualifications.
- TOPIC 12: The competitive examination processes in secondary schools.

4. Academic activities

- Search and use of documentary sources: Location of references, historical reviews, identification of contexts and situations in which the various curricular contents are used or applied, and exploration of spaces and initiatives for updating contents.
- Critical reflection seminars: Critical analysis of situations, references and procedures that can be taken into account for the identification of cultural objects, their transformation into objects of competences for the critical analysis of situations, references and procedures that can be taken into account for the identification of cultural objects, their transformation into objects of teaching and their transformation into contents.
- Case analysis: It is characterized by requiring a search and inquiry process, as well as the systematic analysis of one or several cases. .

5. Assessment system

Two evaluation systems are established. A continuous evaluation option for students who regularly attend the sessions and a global evaluation option for students who do not attend classes regularly:

- Continuous evaluation:

o Evaluation instrument 1: evaluation process (50%)

Design and implementation of an evaluation procedure and instrument in Physical Education. The students must plan and apply in a class session a complete evaluation process for a specific content of Physical Education, contextualizing a didactic unit for a class of ESO or Bachillerato

o Evaluation instrument 2: weekly evidence (50%)

The students, individually or organized in work groups depending on the task, will have to carry out different activities related to the contents developed in the subject

- Global evaluation:

o Evaluation instrument 1: evaluation process (40%)

Design and defence of an evaluation procedure in Education. The student must design and defend a complete assessment process for a specific Physical Education content. It will take place before the faculty of the subject on day of the official exam.

o Evaluation instrument 2: weekly evidence (40%)

The students, individually, will have to carry out different activities related to the contents developed in the subject, based on the bibliography recommended in each session and class work documents

o Evaluation instrument 3: Theoretical-practical knowledge test (20%)

Students will have to solve a series of questions related to the contents of the subject. This test may include viewing videos and reading different publications worked on during the class sessions. It will take place before the faculty of the subject on the day of the official exam.

In order to pass the subject, in any of its evaluation options, students must obtain a grade equal to or higher than five in all evaluation tests. In order to be eligible for the continuous evaluation option, students must have submitted in due time and form the evidence proposed during the sessions, obtaining an average grade equal to or higher than five, thus demonstrating, in addition to attendance, active participation in the sessions and in the activities proposed by the faculty. In addition, students who opt for continuous evaluation must attend a minimum of 85% of the hours.

Finally, it must be taken into account that the Regulations of the Norms of Coexistence of the University of Zaragoza will be applicable to the irregularities committed in the evaluation tests by means of academic fraud, as well as the application of article

30 of the Regulations of the Norms of Evaluation of Learning in relation to irregular practices other than academic fraud.