

61878 - Internships

Syllabus Information

Academic year: 2023/24

Subject: 61878 - Internships

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology

ECTS: 30.0

Year: 2

Semester: First semester

Subject type: External Placements

Module:

1. General information

The objective of the external internships is to observe the professional practice in the area of clinical and health psychology, in a real, professional and, in many cases, multidisciplinary context. It allows the implementation of the acquired knowledge, skills and professional competences of the students and the approach to the labour world of the general health psychologist.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations Agenda 2030 (<https://www.un.org/sustainabledevelopment/es/>), so that the acquisition of the learning results of the subject provides training and competence to contribute to some extent to their achievement. Goal 3: Health and well-being. Goal 4: Quality education Goal 5: Gender equality.

REQUIREMENTS:

Students who wish to enrol and take this subject must pass 75% of the theoretical ECTS (36 of the 48 ECTS) taken in the first year of the master.

Another mandatory requirement is to formalize the payment of liability insurance at the time of enrolment, marking the optional administrative fee of "Civil Liability Insurance". The amount to be paid will be added to the registration fee, or it can be paid at another time during the term by modifying the registration fee.

2. Learning results

- The student will acquire, develop and put into practice a concept of integral health in accordance with the guidelines established by the WHO.
- The student will be able to apply the fundamentals of bioethics and the method of deliberation to professional practice, complying, as a health professional, with the provisions of Law 44/2003, of November 21, 2003, on the regulation of health professions.
- The student will possess interpersonal communication and emotion management skills adequate for effective interaction with patients, family members and caregivers in the processes of problem identification, assessment, communication of the diagnosis as well as psychological intervention and follow-up.
- The student will be able to critically analyse and use sources of clinical information.
- The student will be able to use information and communication technologies within their professional performance.
- The student will be able to write psychological reports in a manner appropriate to the recipients.
- The student will be able to formulate working hypotheses in research, collect and critically assess information for problem solving, applying the scientific method.
- The student will know the framework of action of a general health psychologist and how to refer patients to the corresponding professional specialist.
- The student will develop their work from a quality and continuous improvement perspective, with the self-critical capacity necessary for a responsible professional performance.
- The student will know how to communicate and communicate with other professionals, and will master the necessary skills for working in teams and multidisciplinary groups.
- The student will know the obligations and responsibilities of healthcare personnel regarding the confidentiality of information and the protection of users' personal data.
- The student will have an in-depth knowledge of the psychological nature of human behaviour, as well as the social and biological factors that can affect it.

- The student will have an in-depth knowledge of the psychological nature of human behavioural disorders.
- The student will have an in-depth knowledge of the psychosocial factors associated with health problems and disease.
- The student will have an in-depth knowledge of the biological and psychosocial factors associated with health problems and disease, especially those related to mental health.
- The student will have an in-depth knowledge of the different models of evaluation and intervention in the field of General Health Psychology, as well as the techniques and procedures derived from them for the approach to behavioural disorders.
- The student will be able to plan, carry out and, if necessary, supervise the process of psychological evaluation of human behaviour and psychological factors associated with health problems in order to establish their assessment.
- The student will be able to design, develop and, if necessary, supervise and evaluate psychological intervention plans and programmes according to the psychological assessment and the individual and social variables involved in each case.
- The student will know the activities necessary for the set-up, start-up and management of a company, its different legal forms and the associated legal, accounting and tax obligations.
- The student will know the regulations in force in the Spanish health field.
- The student will be able to carry out activities for the promotion of and education for individual and community psychological health.

3. Syllabus

- The programming and scheduling of the training activities, as well as their monitoring and assessment, will be carried out by the health centres where the students perform their internships and by the Faculty of Social and Human Sciences of the University of Zaragoza.
- As stated in Order ECD/1070/2013 the programs or activities that may be carried out during the internship period are, among others: psychological evaluation and/or intervention programs, specific programs in addictions, couple therapy, behavioural disorders in children and young people, psychological support to patients with chronic pathologies.
- The assistance activities in which the students will participate will be delimited by the scope of the centres in which they carry out their internships and by the regulated assistance programs and activities performed in the centre.
- The specific training activities to be carried out by each student for the acquisition of professional competencies as a general health psychologist will depend on the internship centre and the individual training project established by the professional tutor.

4. Academic activities

Teaching activities	Hours
1. Lecture by the professional tutor at the internship centre.	20
2. Practical activities at the internship centre	250
3. Self-training work: preparation of interventions and their performance at the internship centre.	230
Total hours at the internship centre	500
4. Self-training work: writing of the internship report.	170
5. Tutorials and seminars	76
6. Assessment	4
Total hours of autonomous work and work at the university	250
TOTAL HOURS OF INTERNSHIPS	750

5. Assessment system

The final responsible for 100% of the student's grade is the academic tutor. Different aspects will be taken into account for the internship's assessment: quality of the final report, the professional tutor's evaluation report on the student's predisposition,

interest and performance, evaluation report by the academic tutor on the student's compliance with the different follow-up sessions scheduled throughout the term, the formalisation of the administrative aspects of the internship and delivery of the report within the deadlines, as well as any other information that they deems appropriate to collect and of which the student will be informed.

For more information, please check the external internship procedure on the corresponding website.

The internship report

The student must write an Internship Report document to show the assimilation of the theoretical-practical knowledge acquired during the first year of the master as well as its implementation during their stay in the internship centre.

All the details about the sections that the report must contain and the formal aspects can be found in the internship on the corresponding website.