

61873 - Comprehensive intervention for childhood and adolescents

Syllabus Information

Academic year: 2023/24

Subject: 61873 - Comprehensive intervention for childhood and adolescents

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology

ECTS: 3.0

Year: 1

Semester: Second semester

Subject type: Optional

Module:

1. General information

The elective subject *Comprehensive Intervention for children and adolescents* is included in the teaching program of the Master's Degree in General Health Psychology for all those psychologists who have a greater interest in intervention with this population. This subject, together with *Neurodevelopmental Disorders*, would be part of the optional itinerary framed in the infantile-juvenile field. The main objective is to provide students with a deeper knowledge of the models of intervention in psychological problems in the child and adolescent field, both from a theoretical, descriptive and applied perspective.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations Agenda 2030 (<https://www.un.org/sustainabledevelopment/es/>), so that the acquisition of the learning results of the subject provides training and competence to contribute to some extent to their achievement Goal 3: Health and well-being. Goal 4: Quality education Goal 5: Gender equality. Goal 10: Reduction of inequalities. Goal 16: Peace, justice and strong institutions.

2. Learning results

- The student will acquire, develop and put into practice a concept of integral health in accordance with the guidelines established by the WHO.
- The student will have an in-depth knowledge of the psychological nature of human behaviour, as well as the social and biological factors that can affect it.
- The student will have an in-depth knowledge of the psychological nature of human behavioural disorders.
- The student will have an in-depth knowledge of the psychosocial factors associated with health problems and disease.
- The student will have an in-depth knowledge of the biological and psychosocial factors associated with health problems and disease, especially those related to mental health.
- The student will have an in-depth knowledge of the different models of evaluation and intervention in the field of General Health Psychology, as well as the techniques and procedures derived from them for the approach to behavioural disorders.
- The student will be able to design, develop and, if necessary, supervise and evaluate psychological intervention plans and programmes according to the psychological assessment and the individual and social variables involved in each case.
- The student will be able to carry out activities for the promotion of and education for individual and community psychological health.

3. Syllabus

TOPIC 1. Comprehensive intervention in the infantile-juvenile field.

TOPIC 2. The family as a context for child and adolescent intervention.

TOPIC 3. Situations of risk for the mental health of children and adolescents.

TOPIC 4. Situations of violence in childhood and adolescence

4. Academic activities

The program offered to the student to help them achieve the expected results includes the following activities:

1. Lectures (15 h).
2. Practical activities (15 h) which may include:
 - Case study analysis
 - Information search and cooperative work
 - Reading of articles or documents related to the content of the subject.
 - Oral presentations by the students
 - Viewing of audiovisual material
 - Attendance to conferences and lectures related to the content of the subject (if they take place during the teaching period).
 - Presentations in the classroom by professionals linked to groups related to the content of the subject.

5. Assessment system

Global test (grade from 0 to 10). It will include: a test with three alternative answers and/or essay questions where the theoretical contents of the subject will be assessed (it may represent 50% of the final grade), a practical section where students will have to answer short questions, solve practical cases or other practical activities to be determined by the faculty at the beginning of the term (it may represent 50% of the final grade). Students must pass both parts of the global test (25% multiple-choice test and 25% practical section) in order to pass the subject.

Students will be able to carry out the continuous assessment activities as long as class attendance is not below 80% of the teaching hours of the subject.

In any case, the student is entitled to a global assessment of the subject in which they may opt for the maximum grade (up to 10 points).