

## 61123 - Gerontological psychology

### Syllabus Information

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**Academic year:** 2023/24

**Subject:** 61123 - Gerontological psychology

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 374 - Master's in Social Gerontology

**ECTS:** 9.0

**Year:** 1

**Semester:** Annual

**Subject type:** Compulsory

**Module:**

### 1. General information

The general objective of this subject is to enable students to apply the knowledge of its contents to explain the theoretical and methodological foundations of psychology, sociology and gerontological anthropology. It also aims to help students explain social research techniques used in the professional development of the gerontological field and the application of the knowledge regarding the psychological aspects of ageing both in the prevention of possible associated pathologies and in the promotion of a healthy ageing.

The teachers of this subject are aware of the need to build an inclusive, sustainable and resilient future for people and the planet. To this end, we will work on the following Sustainable Development Goals (SDGs) in a cross-cutting manner:

SDG 3. Health and wellness

SDG 5. Gender equality

SDG 10. Reduction of inequalities

### 2. Learning results

The competencies developed by this subject are relevant because:

- The subject trains students to apply the new developments of social sciences to ageing, which means improving the health of the elderly and their living conditions, as well as their projection in the people around them.
- The acquisition of these skills enables students to improve their professional abilities.
- The acquisition of social research techniques is important in research, as it provides the future gerontology professional with instruments for the development of possible research lines relevant to psychosocial aspects. In turn, students will be able to identify, analyse and discuss theories and contributions of sociology in the gerontological field and in the current sociocultural context.

### 3. Syllabus

#### Developmental psychology

- Normal developmental milestones in the elderly
- Intervention in the elderly from the psychological point of view.
- Mild cognitive impairment and dementia
- Care for the caregiver of a person with dementia and prevention of mistreatment.

#### Sociology

- First part: Demographic aspects of ageing and conceptual delimitation of old age within the framework of sociology and of social gerontology.
- Second part: family structure, social organization of care and dependency care in the current context.

#### Gerontological anthropology

- General notions of social and cultural anthropology.
- Anthropology of ageing. Old age as a cultural construction
- Cross-cultural description of ageing: other cultures

- Ageism. Old age and the media
- The gerontological narrative. Sociocultural discourses of old age and discourses from one's own life history.

#### 4. Academic activities

-**Theoretical classes:** expository and explanatory sessions of contents. These classes will include discussion sessions. Relevant and novel aspects of psychosocial sciences in relation to the elderly will be also presented.

- **Seminars:** data analysis, case solving and defence of the results obtained.

- **Guided study:** students work on the ability to carry out an intervention program related to the aspects studied.

-**Individual or group work:** It includes the study of contents related to the theoretical classes, data analysis, search for information, complementary readings and writing of papers.

#### 5. Assessment system

- Class attendance and participation (80%).

- Completion of assignments, seminars, guided study and tutorials (20%).

- In case the student wants to obtain a higher grade, they may take a 30-question test with three possible answers on the contents of the subject. This exam will not lower the final grade.