

## 61114 - Other Therapeutics

### Syllabus Information

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**Academic year:** 2023/24

**Subject:** 61114 - Other Therapeutics

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 374 - Master's in Social Gerontology

**ECTS:** 2.0

**Year:** 1

**Semester:** Second Four-month period

**Subject type:** Optional

**Module:**

### 1. General information

The subject as a whole should lead the student to the knowledge of the relevant aspects of physical activity and speech therapy in the elderly.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations agenda 2030

Objective 3: Health and well-being.

Objective 5: Gender equality.

Objective 10: Reduction of inequalities.

### 2. Learning results

The student, in order to pass this subject, must demonstrate the following results:

- 1.-Identify, analyse and discuss the contributions of the therapies presented in this module, physical activity and speech therapy from the gerontological and geriatric perspective.
- 2.-Identify, analyse and discuss the different forms of therapy presented in this module from the perspective of gerontology and geriatrics.
- 3.-Identify the needs of these therapeutics in specific cases.

The therapies presented here improve the life quality of the elderly, and their application is of vital importance for them, their environment and society in general.

### 3. Syllabus

Concept of speech therapy

Deafness

Aphasia

Voice pathologies

Speech therapy intervention in Parkinson's disease

Motor activity in the elderly.

Conditions of physical exercise in the elderly

Objectives of physical exercise in the elderly

Types of physical exercises for the elderly

Exercise is a medicine

### 4. Academic activities

Theoretical classes: expository and explanatory sessions of the contents. These are highly participatory sessions that include discussion.

Guided studies: work with the student on the ability to obtain relevant information and respond to it.

### 5. Assessment system

Attendance and participation in the activities planned (90%)

Individual work (10%)