

26315 - Fighting and adversarial sports

Syllabus Information

Academic year: 2023/24

Subject: 26315 - Fighting and adversarial sports

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 295 - Degree in Physical Activity and Sports Science

ECTS: 6.0

Year: 2

Semester: Second semester

Subject type: Compulsory

Module:

1. General information

The subject aims to develop the students' knowledge of combat and adversary sports, providing them with sufficient technical-tactical and methodological resources to be able to apply an initiation adapted to the different contexts in which it can be developed. This approach is aligned with goals 3, 4, 5 and 8 of Sustainable Development(SDGs) of the United Nations 2030 Agenda.

In the first two courses of the Degree in Physical Activity and Sport Sciences, there is a block of core subjects of sports. The subject "Fighting and Adversary Sports" is located in the second quarter of the second year . This allows to deepen in the contents of teaching-learning of these sports, since previously, the students have studied in the degree contents related to sports initiation, such as, for example, those taught in the subject of "Teaching-learning processes in physical activity and sport".

2. Learning results

Upon passing the subject the students will be able to:

- Identify and classify according to different taxonomies the main adversary sports, knowing their internal logic and their possibilities when using them in a teaching-learning process within school physical education.
- To achieve mastery of the basic technical-tactical skills of wrestling and adversary sports.
- Interpret the rules of wrestling and adversary sports to conduct an unofficial test.
- To design, execute and evaluate a teaching-learning process in sports initiation for wrestling and adversary sports, being this consistent with the level and objectives of the subjects to whom it is addressed.

3. Syllabus

Fighting block:

Unit I: General and Classification

Unit II: History of wrestling sports

Unit III: Generalities of judo.

Unit IV: Basic fundamentals of judo

Unit V: initiation to judo.

Unit VI: Conceptual aspects: different classifications of its contents. Technical elements of judo

Racket block:

Unit VII: Generalities, classification and general characteristics of racquet sports and specific characteristics of badminton

Unit VIII: History, rules and equipment of badminton

Unit IX: Technical fundamentals of the basic badminton strokes

Unit X: Badminton tactical fundamentals in singles and doubles

Unit XI: Methodology oriented to the teaching of badminton in an academic-school environment

4. Academic activities

The contents of the subject will be carried out through seminars, theoretical sessions and practical sessions, being the latter distributed as follows:

- Theory: 15 classroom hours (1.5 ECTS credits)
- Seminars: 5 classroom hours (0.5 ECTS credits)
- Practical classes: 40 classroom hours (4 ECTS credits)

Total 60 classroom hours (6 ECTS credits)

All these activities will be divided, 60% for the wrestling block and 40% for the racquet block.

5. Assessment system

Global face-to-face evaluation: To be eligible, students must participate in at least 85% of the practical sessions and seminars. The attendance to the practices will count as long as there is a use and participation of the same, so it will not be enough with the mere presence (the non-use will not be justified by injuries or discomfort) and will be held on the day of the official call. This evaluation consists of:

- Written test: 30% of the final grade. It will consist of multiple-choice questions from the wrestling blocks and badminton. The multiple-choice questions will have between 4 and 5 answer options. Successes will add 0.5 points and errors will subtract 0.2. Those developmental questions will have a different value.
- Practical test: will account for 30% of the final grade
- Judo: in ground judo, the student must correctly execute the techniques and skills worked in class, and in judo foot judo, he/she will perform 8 techniques adapted to a displacement and 4 combinations.
- Badminton specific sequences of strokes will be performed in pairs. Technical mastery, consistency and speed of exchanges will be valued. In addition, a real game situation will be carried out between teammates in which special attention will be paid to the application of basic tactics.
- Work explained during the seminars and/or theoretical classes of the course. It will represent the remaining 40% of the final grade as long as they are delivered on the due date.

To pass each section a minimum of 4 must be obtained in the test of each block and that the weighting between the two reaches five.

Non-attendance Global Assessment: All students are eligible to apply. It will take place on the day of the official call indicated by the center and will consist of the following tests:

- Written test: it will be the same test as in the continuous evaluation, but it will represent 60% of the final grade.

To pass it, the two blocks (Judo and Badminton) must be passed separately.

- Practical test: it will represent 40% of the final grade. Both in the judo and badminton modalities, will carry out the same tests as in the global on-site evaluation.

To pass the course, the final grade must reach five in each section, and the grade for each section is obtained by weighting 60% of the wrestling block and 40% of the racquet block.

Fraud or total or partial plagiarism in any of the evaluation tests will result in not passing the subject with the minimum grade, in addition to the disciplinary sanctions adopted by the Guarantee Committee for these cases.

Students with disabilities will be provided with the appropriate specific adaptations in conjunction with the Disability Office of the University of Zaragoza if possible (but never significant).