

## 26308 - Sociology of physical activity and sport

### Syllabus Information

**Academic year:** 2023/24

**Subject:** 26308 - Sociology of physical activity and sport

**Faculty / School:** 229 - Facultad de Ciencias de la Salud y del Deporte

**Degree:** 295 - Degree in Physical Activity and Sports Science

**ECTS:** 6.0

**Year:** 1

**Semester:** Second semester

**Subject type:** Basic Education

**Module:**

### 1. General information

#### 1.1. Objectives of the subject

The subject and its expected results respond to the following approaches and goals:

The subject aims to enable students to analyse the social reality, so that they can understand the context in which sport phenomena develop and act accordingly within their professional profile

Sport and physical activity take place in specific scenarios in which they interact with other realities. The understanding of the sports dimension requires an overall view of all the dimensions involved in the social dynamics. In this way, it is possible to intervene professionally with a greater degree of knowledge and effectiveness.

#### 1.2. Recommendations for taking the subject

In order to successfully complete this subject it is important to take into account the following aspects:

- The analysis of social reality is closely linked to current affairs. Therefore, it is highly recommended to keep up to date with the information published in any journalistic format related to the contents of the subject and to generate a personal file that can be used for practical work and as a complement or illustration of the theoretical contents.
- Social research techniques, like most current scientific procedures, make intensive use of Information and Communication Technologies . Therefore, a minimum level of skill in the use of computer tools is recommended and an open attitude to their daily use in the various tasks required by the subject is considered essential.
- The subject insists on the importance of applying scientific procedures to the interpretation and explanation of social reality. This requires that all products elaborated by the students be submitted to academic standards, both in their elaboration and editing (structure, citations, bibliography, etc.)

In this subject, correctness in the format and writing of all tests and written documents will be required and will have an impact on the grade

### 2. Learning results

- To design, develop and evaluate intervention processes related to physical activity and sport with attention to the individual and contextual characteristics of people. To know and apply the behavioural and social principles to the different fields of physical activity and sport.
- To select, collect, elaborate and interpret in an adequate way relevant information related to physical-sport activities.
- To know how to locate and know the procedures to access the appropriate sources of information in the field of physical activities and sports.
- To demonstrate capacity for analysis and synthesis for its application to the management and organization of physical and sports activities.
- To explain verbally and in writing the social and cultural dimension of physical activity and sport based on the knowledge of the different sociological trends.
- To produce reports, both individually and collectively, that analyse the social reality and describe the context in which sport phenomena emerge and develop, identifying connections and interactions of sport reality with history, economics, politics, demography and other sciences, in a dynamic of social change.
- To explain through scientific procedures the origin, development and consequences of phenomena such as the commercialization and massification of sport, violence in sport and the incidence of gender, socioeconomic level, age and other factors in the practice of sport, based on the analysis of current sports news that they have collected in their personal portfolio.
- To be capable of searching, elaborating, using and interpreting social indicators and social measurement instruments in order to base and guide interventions in the field of physical activity and sport.

### 3. Syllabus

The program offered to the student to help him/her achieve the expected results comprises the following topics:

1. Sport and global society.
2. Social structure of sports practice.
2. Sports culture socialization.
3. Sport and gender.
4. Age and sport.
5. Social integration and sports.
7. The social organization of sport.
8. Media, sport and society.
9. Major sporting events.
10. Work and leisure in sports in the 21st century

### 4. Academic activities

Those students who wish to take the continuous evaluation.

Seminars must be attended on a compulsory basis (as follows) students may only miss them by submitting the necessary document.

The weekly seminars are to be delivered either individually or in groups (to be detailed each week) in the platform within the given deadline.

In addition, a Group Work (composed of 6-7 members) must be carried out during the entire term, which must be submitted on the platform on April 31 and presented during the month of May.

The theoretical section of the subject will be carried out through lectures and once the syllabus has been completed, part of the material will be uploaded to the platform.

### 5. Assessment system

The student must demonstrate that they have achieved the expected learning results by means of the following assessment activities.

#### **CONTINUOUS EVALUATION MODEL**

Participation in class and in the virtual classroom. (10% of the final grade).

Although part of the theoretical contents of the subject are taught through lectures of theoretical content, student participation in the classroom is essential to achieve the learning objectives.

Therefore, the quality of their participation will be specifically evaluated in the following aspects:

Interventions to clarify, qualify or reasonably discuss the contents presented in class Original and creative contributions to the contents of the subject based mainly on the reading of scientific-academic articles

Compilation of reference materials on the contents of the subject and their use in discussions and assignments-

Consultation and work with the materials presented in the ADD.

Fraud or total or partial plagiarism in any of the evaluation tests will result in the failure of the subject with the minimum grade, in addition to the disciplinary sanctions that the guarantee committee adopts for these cases.

Completion of the proposed Seminars, both individual and group. (20% of the final grade) Papers will be handed in to students throughout the academic year. They seek to confront the student with the social reality of sport so that, by means of diverse analysis techniques, they can make a sociological approach to some sport phenomenon, be able to explain the fact in itself and in its context, its most significant characteristics, the causes that have generated it and the consequences that derive from its interaction with the environment.

When the content of the work and its approach allow it, the student will be asked to defend their work before the class, either individually or through a debate with other students who have dealt with the same topic from different perspectives.

Preparation, presentation and defence of a Group Practicum. (20% of the final grade ) The work allows the evaluation of different skills of the students, since it requires:

Approach, Design and Implementation of a Social Intervention Project through Sports Carry out a work of critical group reflection and thematic approach for the assemblies

(shared with other subjects)

Make a public presentation of the work done and defend the conclusions before classmates

The topic and presentation format will be provided throughout the academic year.

The contents must be presented according to academic requirements in terms of editing, citations, presentation, bibliography, etc. and/or the characteristics of the proposed work

Completion of a written examination. (50% of the final grade)

The written test, which lasts two hours, aims to check if the student is able to relate the different contents worked on during the term to answer complex questions about the social perspective of sport and physical activity. It will be essential to obtain a minimum of 5 out of 10 to be able to mediate with the rest of the sections

#### **GLOBAL TEST MODEL**

The overall test is in the form of a written examination. The materials on which this global test will be carried out are those that have been uploaded in the Digital Teaching Ring (ADD) of the University of Zaragoza.

Thus, students who opt for the Global Test must deepen their knowledge and competencies developed in the theoretical topics as well as in the practicum tests and seminars. Likewise, they should read and critically reflect on the recommended scientific-academic articles.