

## 26003 - Psychology I

### Syllabus Information

**Academic year:** 2023/24

**Subject:** 26003 - Psychology I

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 6.0

**Year:** 1

**Semester:** Annual

**Subject type:** Basic Education

**Module:**

### 1. General information

The objective of Psychology I is to enable the student to explain and understand behaviour as the object of study of psychology, the basic psychological processes, the bases involved in these processes and the general characteristics of human development. It is taught in the first year of the Occupational Therapy Degree and continues in the Psychology II subject.

The acquisition of theoretical knowledge of basic and evolutionary psychology enables the student to work taking into account the different aspects that are part of the psychological reality of the user. The learning results are aligned with several SDGs of the United Nations 2030 Agenda: Goal 3: Health and wellness, Goal 4: Quality education, Goal 5: Gender equality and Goal 17: Alliances to Achieve Objectives.

### 2. Learning results

This subject deals with the learning of specific competences resulting from the application of the principles of Basic and Developmental Psychology in the field of Occupational Therapy, such as the ability to communicate effectively with a wide variety of interlocutors, the ability to analyse and synthesize, ethical commitment, motivation, teamwork, adaptability and creativity.

The specific learning results expected of the student upon completion of this subject focus on:

1. The ability to apply the principles of psychology in the development of individualized programs adapted to the needs of the patient and their environment.
2. The ability to use effective communication techniques and establish quality therapeutic relationships with users, families, social groups and other professionals.
3. The ability to evaluate, analyse and synthesize relevant and pertinent information, in order to make appropriate decisions in the context of Occupational Therapy and Psychology.

### 3. Syllabus

#### First Semester

Block 1: Fundamentals of psychology for Occupational Therapy:

- Scientific psychology and its main schools.
- Methods and techniques of study in psychology.
- Psychological models and theories relevant to Occupational Therapy.
- Methods and techniques of psychological assessment in the context of Occupational Therapy.

Block 2. Basic psychological processes and principles of general psychopathology:

- Sensation and Perception.
- Attention and Memory.
- Learning.
- Motivation and Emotion.
- Language and Thought.

#### Second Semester

Block 3: Human Development:

- Childhood Development.
- Adolescent Development.
- Development in Adulthood.
- Development in old age.

## 4. Academic activities

### Schedule of classroom sessions and presentation of works.

- Master classes (type 1): 1.5 hours/week x 10 weeks in each semester (15 hours per student in each semester, total 30 hours)
- Practical classes (seminars, type 2): 1.5 hours/week x 10 weeks in each semester (15 hours per student at each semester, total 30 hours)
- Group work deliveries (type 6): December (blocks I and II) and April (block III) (5 hours in total in each semester, total 10 hours).

### Dates and key milestones of the subject

- Evaluation of group work: January (blocks I and II) and May (block III).
- Midterm exam of blocks I and II of the subject: January
- Partial exam of block III of the subject: May
- Global exam of the subject: official call

## 5. Assessment system

There are two ways to pass the subject:

**Continuous Assessment:** A minimum grade of 4.5 points in all sub-sections is required to calculate the weighted average, and an average of 5 is required to pass the subject in this modality.

### A) Theory (60%)

- Continuous evaluation of theory (30%)
  - Minimum 80% response to the activities of the theory sessions, in each semester.
  - Correct answers to the evaluation activities proposed during the sessions.
  - Respectful attitude in class.
- Midterm Exams (30%).
  - 2 mid-term exams, one for each semester.
  - Written multiple-choice exam with 30 questions of three options each.
  - Formula  $A-E \cdot 0.5$  to calculate the grade.
  - Passing any of these midterm exams will eliminate the corresponding subject in the global exam.

### B) Practices (40%).

- Group work (20%)
  - 2 works in groups of 4 to 6 members.
  - One for each semester.
  - Demonstration of the student's ability to apply theoretical knowledge and present it in class.
  - It will be evaluated by means of a rubric available at the beginning of the term
- Seminars (20%)
  - Minimum attendance of 90%.
  - Group activities (4 to 6 members)
  - The punctual delivery of answers to exercises and practical cases proposed during the same and the adequacy of the answers to the theoretical framework as well as to the question posed will be valued.

**Global test.** Official and extraordinary call.

All students will have the right to take the global test, with the best of the grades obtained prevailing. This exam will follow the same format as the midterm exams: an objective multiple-choice test with 60 questions and three options each (30 per semester). The formula  $A-E \cdot 0.5$  will be applied and will cover the theoretical and practical contents of the subject. By passing both parts independently, students will be able to obtain the maximum grade.