

25439 - Maternal and Child Nursing

Syllabus Information

Academic year: 2023/24

Subject: 25439 - Maternal and Child Nursing

Faculty / School: 127 - Facultad de Ciencias de la Salud

275 - Escuela Universitaria de Enfermería de Huesca

375 - Escuela Universitaria de Enfermería de Teruel

Degree: 559 - Degree in Nursing

560 - Degree in Nursing

561 - Degree in Nursing

ECTS: 6.0

Year: 3

Semester: Annual

Subject type: Compulsory

Module:

1. General information

Maternal and Child Nursing aims at acquiring knowledge about care during pregnancy, childbirth and puerperium, as well as about women's diseases related to reproduction, genital cancer prevention and family planning. Likewise, it also covers the care of children, both healthy and sick, from birth to adolescence, including the activities for the prevention and care of the most common diseases during this period of life. In both cases it will be important within learning, to take into account the different social and cultural contexts of the people.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations 2030 Agenda (<https://www.un.org/sustainabledevelopment/es/>), in such a way that the acquisition of the learning results of the subject provides training and competence to contribute to some extent to their achievement and more specifically that related to Goal 3: Health and wellness.

2. Learning results

Evaluate, recognize and interpret the normal or changing signs of health of the pregnant, parturient or woman in puerperium.

Recognize and assess the necessary care according to the different models of childbirth care existing in our environment.

Actively participate in the prevention and detection of any type of violence against women, especially obstetric and gender violence

Promote an egalitarian sexuality based on respect and recognition of the other's desire in today's society. Work in a holistic, tolerant and non-judgmental, caring and sensitive manner, ensuring that women's rights, beliefs and wishes are not compromised.

Educate, facilitate, support and encourage the health, well-being and comfort of healthy, sick or disabled children.

Recognize and interpret normal or changing signs and symptoms of health, distress and disability in children and adolescents
Assess the physical, social, cultural, psychological and spiritual needs of older children and adolescents.

Train and educate patients, families and caregivers about chronic illness and disability in children.

3. Syllabus

Part I. Maternal Nursing:

Introduction and epidemiology of women's health and gender as a cross-cutting aspect of women's health.

The hormonal cycle. Premenstrual syndrome. Sexuality in women.

Fertilization. Early stages, pregnancy and foetal development.

Maternal changes in pregnancy. Prenatal primary care consultations.

Pathology in pregnancy: Haemorrhages and pregnancy. Abortion. Placenta previa. Abruption placentae.

Clinical course of euthyroid delivery, mechanism, assistance and pain relief. Labour dystocia.

Puerperium and initiation of breastfeeding. Most common complications in the puerperium.

Nursing care in gynaecological and breast pathologies. Contraception.

Nursing care in climacteric and menopause.

Part II. Children's Nursing:

Historical recollection and evolution of child care. Child health care today.

Assessment and care of the new-born.

Growth and development.

Breastfeeding and feeding in infancy.

Main health problems of neonates. Main health problems in paediatrics. Infectious diseases.

Health promotion and accident prevention in childhood.

Childhood immunization.

4. Academic activities

Lectures (45h): face-to-face explanations of the theoretical content of each subject, oriented to the subsequent study and individual work of the student

Problems and case resolution/Seminars (10h): to be carried out in divided groups. In these sessions we will work on practical cases related to the content of the theoretical sessions.

Laboratory practices (5h): to be carried out in divided groups. Practical sessions related to the content of the theoretical sessions.

Work performance (27h): hours dedicated to the performance of the subject work and tutorials.

Individual student work (60h): hours dedicated to the study of the theoretical contents of the subject.

Evaluation activities (3h)

The dates and schedules of the subject activities will be published on the Health Sciences School website.

5. Assessment system

1.- Individual written test, consisting of 50 multiple choice questions, with 4 answer options of which only 1 is valid. Each correct answer adds 1 point and each wrong answer subtracts 1/3, adjusting the subtraction to the whole number. Each exercise is passed with 30 points, which will correspond to a grade of 5.

There will be independent exercises for the theoretical content of each of the four-month periods. To pass the subject, the average of both midterms must be equal or higher than 5, based on a grade of 5 in each one of them. Only grades equal to or higher than 5 in exercises corresponding to the content of the first four-month period will be saved between calls.. This section of the evaluation will account for 90% of the grade for the subject.

2.-Essay on a topic related to the contents of the participating subjects (in principle Community Nursing II, Maternal and Child Nursing, Pharmacotherapy and Diet Therapy, without prejudice to other additions of the same year. It will be carried out in groups of 4 to 6 people , proposing an approximate length between 1,500 and 3,000 words. For the realization of the work, students will have available on the Moodle platform a guide with the main aspects of its realization and grading, as well as the contacts of faculty responsible for each subject. It is passed with 5 points and will represent 10% of the grade of the subject

It is a compulsory condition to pass all the evaluation sections in order to pass the subject. In no case may the subject be passed with a grade lower than 5 in any of its parts. In the evaluation and activities, the characteristics of the center where the degree is taught will be taken into account for Huesca and Teruel, always ensuring the acquisition of competencies.