

Academic Year/course: 2022/23

63305 - Emotional Education for Teachers

Syllabus Information

Academic Year: 2022/23

Subject: 63305 - Emotional Education for Teachers

Faculty / School: 107 - Facultad de Educación

Degree: 584 -

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ECTS: 3.0

Year: 1

Semester: First semester

Subject Type: Optional

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The dynamic of the class is active and participatory. Although there are master classes, the basic reference point is the exchange of opinions and experiences. The aim is to develop emotional competences and to put the knowledge acquired into practice. A basic bibliography and a more specific bibliography on the rest of the contents of the programme will be provided.

4.3. Syllabus

1.-Emotional intelligence and its context.

2.-Nature of emotion.

3.-Emotional competences and measurement instruments.

- 4.-Positive Psychology and wellness sciences.
- 6.-Emotional education as an educational challenge.
- 7.-Contributions of Neurosciences to education: Neuroeducation.
- 8.-Emotions and health.