

Academic Year/course: 2022/23

## 63283 - Instructional and Curricular Design in Physical Education

### Syllabus Information

**Academic Year:** 2022/23

**Subject:** 63283 - Instructional and Curricular Design in Physical Education

**Faculty / School:** 202 - Facultad de Ciencias Humanas y de la Educación

**Degree:** 584 -

585 -

**ECTS:** 6.0

**Year:** 585 - : 1

584 - :

**Semester:** First semester

**Subject Type:** Optional

**Module:**

## 1. General information

## 2. Learning goals

## 3. Assessment (1st and 2nd call)

## 4. Methodology, learning tasks, syllabus and resources

### 4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

Different teaching methodologies will alternate that will combine more expository elements, with active participation of the students trying to review the criteria fundamental, theoretical and scientific, of the typical topics of the matter.

In addition, the students will design different intervention situations, together with a methodological proposal that encourages the development of the foundations of a future didactic programming.

### 4.2. Learning tasks

The learning activities to develop throughout the course will be:

Exhibition sessions

Active learning methodologies

Elaboration of works

Oral presentation and discussion of papers

Tutorials

Note that the papers must be presented orally.

### 4.3. Syllabus

T1. Curricular and instructional design of physical education. Generalities.

T2. Immediate and present history of the physical education curriculum.

T3. Physical education in secondary education, in training cycles and in special regime teachings.

T4. The programming.

T5. The principles and concepts of instructional design.

T6. Pedagogical models of instructional design.

T7. The development of the optimal motivational climate in physical education.

#### **4.4. Course planning and calendar**

The distribution of hours, which will be distributed in approximately 10 weeks, so they will be scheduled for 6 hours a week. The subject also includes 3 face-to-face hours of directed work, which implies that each student must have 3 hours of tutorials to follow up their work on the subject (either individually or in small groups). That the follow-up session is in a group, if the teacher so decides, does not imply that the work is.

The presentation and final delivery of works will be carried out as a deadline in the period assigned for evaluation by the Dean of the Faculty of Human Sciences and Education. The delivery of the portfolio and the written document of the programming will be carried out preferably through the Moodle platform in PDF format. The presentation and defense of the programming will preferably take place in a single session by each of the students with an approximate exposure time of 15 minutes.

#### **4.5. Bibliography and recommended resources**

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=63283>