

Academic Year/course: 2022/23

## 31222 - Clinical Psychopathology

### Syllabus Information

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**Academic Year:** 2022/23

**Subject:** 31222 - Clinical Psychopathology

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 613 - Degree in Psychology

**ECTS:** 6.0

**Year:** 3

**Semester:** First semester

**Subject Type:** Compulsory

**Module:**

## 1. General information

### 1.1. Aims of the course

The general objective of this course is for students to become familiar with the different approaches to the study of psychopathology in adulthood, encouraging reading and critical discussion in order to facilitate the justification for the adoption of a particular model during the future development of their professional activity.

Some of the specific objectives are:

- Learn to use the main diagnostic manuals.
- Learn to make a diagnosis, using the main diagnostic manuals, and specifically the DSM 5.
- Learn to make a clinical psychological report.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the United Nations 2030 Agenda (<https://www.un.org/sustainabledevelopment/es/>), in such a way that the acquisition of the learning outcomes of the subject provides training and competence to contribute to some extent to its achievement.

Objective 3: Health and well-being.

Objective 4: Quality education.

Goal 5: Gender equality.

### 1.2. Context and importance of this course in the degree

Clinical Psychopathology is a compulsory subject that belongs to the subject block of the "Personality, Psychological Evaluation and Treatment" knowledge area.

Given the current structure of the degree and the sequence of subjects that make up the clinical psychology itinerary, this subject presents the most relevant aspects that make up psychopathology in adulthood, with the general objective of providing students with the knowledge that allow you to relate this subject to a broader structure of psychological knowledge.

In this subject the most frequent pathologies in the population are studied, except for psychopathologies severe, which will be studied in other subjects.

### 1.3. Recommendations to take this course

It is essential that students have prior knowledge of Psychology and General Psychopathology.

It is recommended that students have knowledge in read English, Internet management, library operation, use of the newspaper library and use of psychological literature databases.

Students who do not have a good level of English are recommended to use the resources available to them (Language Institute or others) to improve a skill that will be necessary in this and other subjects.

## 2. Learning goals

### 2.1. Competences

### **Basic and general**

CG06 - Reflect on one's own limitations in a self-critical way, contemplating the possibility of requesting interdisciplinary collaborations.

CG07 - Act with creativity, research culture and professional communication.

CG08 - Identify and evaluate one's own skills, abilities and knowledge according to the standards of the profession.

CB1 - Students have demonstrated possession and understanding of knowledge in an area of study that is based on general secondary education, and is usually found at a level that, although supported by advanced textbooks, also includes some aspects they involve knowledge coming from the forefront of their field of study.

CB2 - That students know how to apply their knowledge to their work or vocation in a professional way and possess the skills that are usually demonstrated through the elaboration and defense of arguments and the resolution of problems within their area of study.

CB3 - That students have the ability to gather and interpret relevant data (normally within their area of study) to make judgments that include a reflection on relevant issues of a social, scientific or ethical nature.

CB4 - That students can transmit information, ideas, problems and solutions to both a specialized and non-specialized public.

CB5 - That students have developed those learning skills necessary to undertake further studies with a high degree of autonomy.

### **Specific**

CE07 - Prepare technical, oral and written reports on the results of the evaluation process, the investigation or the services demanded, respecting the ethical commitment required by the dissemination of psychological knowledge.

CE09 - Manage, analyze and interpret data within the framework of the disciplinary knowledge of the different fields of psychology.

## **2.2. Learning goals**

The student, to pass this course, must demonstrate the following results...

- Distinguish between the concepts of psychological normality/abnormality.
- Know the main theoretical models of Psychopathology.
- Know the classification systems of the most used mental disorders. Especially the DSM-5.
- Identify the main mental disorders according to clinical characteristics.
- Observe and establish working hypotheses based on the symptoms and signs observed.
- Prepare and defend differential diagnoses in specific cases.

## **2.3. Importance of learning goals**

Psychopathology in adulthood is one of the core subjects in the specialty of Clinical Psychology.

It is important that the future professional of clinical psychology (or the psychologist who is going to dedicate himself to other branches, such as education, social, etc.) knows the diversity of explanatory models of psychopathology, as well as the scientific validity of each one of them, and the use of classification systems, with the aim of knowing how to defend the adoption of one of them for the development of their future professional activity.

Regardless of the future specialization of the psychologist, it is important that he or she knows how to differentiate between symptoms and signs, that he or she is familiar with formulating hypotheses, and that he or she can communicate those results to colleagues or other professionals.

## **3. Assessment (1st and 2nd call)**

### **3.1. Assessment tasks (description of tasks, marking system and assessment criteria)**

The student must demonstrate that they have achieved the expected learning outcomes through the following assessment activities.

Written test (grading from 0 to 10) at the end of the semester: 60% of the final grade will be scored. The test may contain true/false, multiple-choice, short-answer, or essay questions.

Continuous evaluation (grading from 0 to 10): 40% of the final grade will be scored. In order for this score to be taken into account in the final grade, students must have participated in at least 80% of the practical classes (otherwise they must take a practical exam at the same time as the theoretical content exam).

All students will have the right to a final exam of the subject.

To know the rate of success and performance of previous academics, you can consult the following link:

Results information Academic year 2008/09 [http://titulaciones.unizar.es/psicologia/infor\\_resultados.html](http://titulaciones.unizar.es/psicologia/infor_resultados.html)

For more information, consult the Regulation of Learning Assessment Standards of the University of Zaragoza: [http://www.unizar.es/sg/doc/6.1.Evaluaciondefinitivodia24\\_001.pdf](http://www.unizar.es/sg/doc/6.1.Evaluaciondefinitivodia24_001.pdf)

## 4. Methodology, learning tasks, syllabus and resources

### 4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

The subject of Clinical Psychopathology will follow an eminently participatory methodology, using the problem-based learning methodology as a reference to stimulate critical thinking, analysis and discussion of the validity of the different theoretical approaches in the student, and ultimately, the development of strategies necessary to define the model that they will adopt in their professional practice.

Theoretical classes (lectures) will be included, dedicating time to discussion, case analysis classes in pairs, groups and report writing.

In the practices, they will work with cases, diagnosis based on symptoms and signs, familiarization with the bibliographic search, criteria for the selection of articles, as well as their reading, synthesis and discussion.

### 4.2. Learning tasks

The program offered to students to help them achieve the expected results includes the following activities:

- Master classes, with space for discussion.
- Oral presentations by the students.
- Case analysis.
- Preparation of Clinical Reports.

### 4.3. Syllabus

#### **Contents:**

Description, classification and diagnosis of clinical problems.

The evaluation of psychological disorders. DSM versions.

Anxiety disorders.

Mood disorders.

Stress and emotional disorders.

Psychosomatic disorders.

Somatoform disorders.

Dissociative disorders.

Addictive disorders.

Violence, abuse, and sexual assault.

The psychopathogram.

Preparation of clinical reports.

### 4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works.

Theoretical classes will begin on the official date on which the course begins (September), until the end of the class period (January).

Practical classes will begin in October, work will be carried out with case studies, bibliographic searches and discussion (this practical part will be continuously evaluated).

Continuous evaluation of practices by thematic blocks.

The timetables and key dates of the subject can be consulted on the website of the Faculty of Social and Human Sciences (<http://fcsch.unizar.es/>)