

Academic Year/course: 2022/23

## 26624 - Physical Education in Primary Education

### Syllabus Information

**Academic Year:** 2022/23

**Subject:** 26624 - Physical Education in Primary Education

**Faculty / School:** 107 - Facultad de Educación

202 - Facultad de Ciencias Humanas y de la Educación

301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 298 - Degree in Primary School Education

299 - Degree in Primary School Education

300 - Degree in Primary School Education

**ECTS:** 10.0

**Year:** 3

**Semester:** Annual

**Subject Type:** Compulsory

**Module:**

## 1. General information

### 1.1. Aims of the course

The subject is mandatory and annual (10.0 ECTS). The subject and its expected results respond to the following approaches and objectives:

#### 1.- Conceptual objectives of the subject (know).

- To know and understand the epistemological and psychopedagogical bases that underpin the area of physical education in the and which justify its contribution to basic skills.
- To know the conceptual bases of first aid.
- To know the different sections of what the physical education school curriculum consists of, differentiating between the developed by the central and regional governments.
- To know the sections that set up a teaching program and how the area of physical education is integrated into it, to articulate the overall curriculum proposal of a centre.
- To know the sections that set up a classroom schedule and contextualize it to a class group in a school.
- To know the factors that influence the practice of physical activity of students as well as different proposals organized for the primary stage in different real contexts that encourage the participation of the students in different activities, connecting school reality with socio-cultural reality.
- To know different sources of information and bibliographic documentation that allow the expansion of knowledge discipline.

#### 2.- Procedural objectives of the subject (know-how).

- To contextualize and develop the essential sections of a teaching program and a classroom program.
- To plan and develop teaching units of the different contents.
- To develop teaching-learning activities for the development of the different contents of the area.
- to plan teacher intervention from the area of physical education in the primary stage.
- To justify decisions on the assessment of basic competencies at different levels of curriculum and apply them to basic school programming documents (teaching programming, classroom program and unit didactics).
- To design and implement a protocol for the area of physical education that makes it possible to make a judgment on the degree of acquisition of educational competencies.
- To reflexively analyze the interactive decisions that the teacher must make during teaching with as a reference studies of teacher intervention.

#### 3.- Attitudinal objectives of the subject (to be).

- To show interest in the subject as a first step in understanding the contribution of the subject to the development of the core competencies.
- To show a thoughtful and critical attitude towards teaching practice.

## 2. Learning goals

## 3. Assessment (1st and 2nd call)

## 4. Methodology, learning tasks, syllabus and resources

### 4.1. Methodological overview

The combination of learning activities will have as its main characteristic the search for an emancipatory methodology for students to acquire the skills with autonomy and solvency.

Different workspaces such as the classroom, the teaching office and sports facilities will be combined. In turn, different strategies will be developed such as master lessons, participatory group techniques, group and individual academic tutoring and motor practice activities. Moreover, on line lessons may be used if the situation requires it.

### 4.2. Learning tasks

**The program offered to the student to help him achieve the expected results includes the following activities...**

#### Learning Activities Box.

##### **1.- Master Lesson. (Theoretical-exhibition classes, in large group) Description:**

Presentation in the classroom of the fundamental concepts and development of the proposed contents. The teacher presentations, cases and educational situations involving students in a process of discovery through which learning can take place. In each of the subjects, teachers inform students of the literature used for their development.

##### **2.- Participatory group techniques. Description:**

Group activities in which the student assumes active participation in their learning, such as between others: questions and answer, discussions, experts panel, whirlwind of Ideas, study case, etc...

##### **3.- Problem-based learning. Description:**

Perform a learning project according to the parameters you define.

##### **4.- Academic activities in small groups. Description:**

Follow-up and control actions of the work of students related to the subject in any of their aspects, in attention in small groups.

##### **5.- Motor practice activities. Description.**

Active participation in the proposals for motor action proposed for the development of the activities proposed.

##### **6.- Autonomous work, individual/grupal. Description:**

Carrying out activities aimed at learning the contents of the subject through search, review and analysis of documents, databases, web pages, etc. that culminate in the study and appropriation of such documents documentation and contents.

##### **7. Practical departures related to physical activities in the natural environment.**

Linked to Item 4.4. Sports physical activities in the natural environment, motor activities will be carried out outside the university facilities, park and/or nearby natural environment.

### 4.3. Syllabus

Block 1. Physical Education: basic concepts and educational value in Primary Education.

Block 2. Curriculum design, programming and teaching action of Physical Education in Primary Education.

Block 3. Teaching action in Physical Education.

Block 4. Development of the contents of Physical Education in Primary Education and its activities.

Block 5. Factors of student participation in different curricular proposals of physical and sports activity.

Block 6. First aid.

#### **4.4. Course planning and calendar**

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Moodle of each faculty.

#### **4.5. Bibliography and recommended resources**

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26624>