

Academic Year/course: 2022/23

26308 - Sociology of physical activity and sport

Syllabus Information

Academic Year: 2022/23

Subject: 26308 - Sociology of physical activity and sport

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 295 - Degree in Physical Activity and Sports Science

ECTS: 6.0

Year: 1

Semester: Second semester

Subject Type: Basic Education

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. The course addresses the analysis of physical activity and sport as social phenomena from:

- Knowledge of different sociological approaches
- The approach to sports facts from the sociological perspective
- The handling and processing of data, documents and other secondary sources
- The obtention and interpretation of primary data
- The formulation of hypotheses, their verification and the elaboration of conclusions and diagnoses
- The application of the results obtained to the different areas in which the students can carry out their profession

This requires a wide range of teaching and learning tasks, such as lectures on the sociological perspective of physical activity and sport, on various sociocultural aspects of sport and on social research methodology applied to sport. Practice sessions and seminars on documentary resources, search and data processing, and research design (research questions, hypotheses, observation methods, research programming, etc.), autonomous work, and guided practical individual and group work.

4.2. Learning tasks

The course includes the following learning tasks:

- Lectures. Sociology of sports and physical activity from main theoretical approaches and social research methodology.
- Practice sessions and seminars. Visual documentary, database, social research design.
- Individual and group work. Part of them are considered homework.

4.3. Syllabus

The course will address the following topics:

SECTION I. Sociology, Pshysical Activity and Sport

- Topic 1. Sociology and sociological approach to the physical activity and sports.
- Topic 2. Sociological thought around physical activity and sport. Theories.
- Topic 3. Physical Activity and sports as a social event. Sociological perspective of sports.

SECTION II. Historic and Sociocultural sport fundaments

- Topic 4. Social Structure of sport and social change.
- Topic 5. Sport culture and socialization.
- Topic 6. Sport, gender and age.
- Topic 7. Sport and Violence.
- Topic 8. Life styles and physical-sportive habits.
- Topic 9. Theoretical approach and history of Sport.

SECTION III. Social Research Techniques and Sport

- Virtual class: Access via the ADD virtual platform. Both teachers and students can use it.
- Individual and Group work: It includes the following parts: Objectives, Reference script, Support documentaries, Evaluation criteria.

4.4. Course planning and calendar

Assessment dates

- Individual and group work deadline: 31st April.
- Oral presentations: May.
- Written exam: June and September.

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sports Sciences website.

4.5. Bibliography and recommended resources

<https://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26308>