

26004 - Health sociology

Syllabus Information

Academic Year: 2022/23

Subject: 26004 - Health sociology

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 276 - Degree in Occupational Therapy

ECTS: 6.0

Year: 1

Semester: Annual

Subject Type: Basic Education

Module:

1. General information

1.1. Aims of the course

The main objective of the course is that the student, at the end of the study of both theoretical and practical content, will be able to connect these contents with Occupational Therapy. In addition, with the study of this subject, the aim is that the student will be able to apply the main social research techniques to professional and research needs in Occupational Therapy.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the Agenda 2030 of the United Nations (<https://www.un.org/sustainabledevelopment/es/>) in such a way that the acquisition of learning outcomes provides training and competence to contribute to some extent to its achievement:

Objective 3: Health and wellness

Goal 5: Gender equality

Goal 10: Reduced inequalities

Goal 13: Climate Action

Goal 16: Peace, justice and strong institution.

1.2. Context and importance of this course in the degree

Sociology will be the subject that guides Occupational Therapists to develop their capacity to work holistically, tolerantly, with no judgements, carefully and sensibly so that the rights, beliefs and desires of different groups or individuals are not compromised. At the same time, it will help reflect on the importance that occupational functioning will have to bring well-being and comfort to populations, communities, groups and individuals whose lives are affected by limited functioning, suffering and disease, and to analyse the different approaches from sociology that are worked with these problems in our society.

Finally, developing effective communication and an empathic relationship with users, families, social groups and other professional will be another of the most important objectives of this subject, as will introducing students to the social research that applies to their professional development.

1.3. Recommendations to take this course

Students are recommended to consult the information that appears in Moodle about this subject to plan their personal course work from the beginning. This work will be essential to obtain the foreseen learning results and to progressively acquire competences.

2. Learning goals

2.1. Competences

Having passed this subject, students will be more competent to:

THE SPECIFIC COMPETENCES OF THIS SUBJECT

- Know the reference levels and parameters when analysing the social reality marked by dualities like: objetivo?subjetivo; estructura?acción, empírica?teoría, conflicto?integración, etc. -
- Understand sociological paradigms
- Master the specific sense of sociological language
- Study individuals as a product of the social reality and as a stakeholder in it. Understand and implement the concepts of culture, social norms, roles, etc., in Occupational Therapy.
- Understand society?s structural elements as something key to explain Sociology, especially social institutions, groups and organisations
- Analyse the structures of power and conflict that derive from them
- Understand reproduction and change as a result of the actions of those agents in social structures.
- Understand the health and disease concept from Sociology
- Study the different factors that influence health and disease
- Develop an open critical attitude about social life, its processes of change and its uncertainties
- Develop critical capacity towards scientific theories, ideological doctrines and social practices
- Assume roles and responsibilities which, as healthcare professionals, must be played to face the population?s or a person?s requirements
- Acquire knowledge and the capacity to apply Sociology to the Occupational Therapy context
- Have the capacity to apply a research methodology to their professional actions by improving and updating its quality.
- Plan, design and develop social research in the health field with methodological rigour
- Relate Sociology knowledge with other disciplines
- Have the capacity to maintain a person?s dignity, privacy and confidentiality as something inherent to them playing their professional role

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- Acquire skills to relate with patients and other professionals to allow the process to be optimised.

COMPETENCES ACCORDING TO ORDER CIN/729/2009

1. Recognise the essential elements of the occupational therapist profession, including ethical principles, legal responsibilities and professional exercise that focus on individuals and populations by respecting their autonomy and professional secrecy
2. Know national and international health organisations, and the different environments and conditioning factors in distinct health systems
3. Obtain and use epidemiological data, and assess trends and risks, as a basis for health decision making
4. Recognise one?s own limitations, and the need to maintain and update one?s own professional competence by attaching special importance to autonomously learning new knowledge and techniques, and be motivated by quality

5. Critically evaluate and know how to use information sources to obtain, organise, interpret and communicate scientific, healthcare, public health and social information by maintaining data confidentiality
6. Understand the conceptual foundations of the occupational nature of humans and their occupational performances throughout their life cycles
7. Understand and recognise the interrelation that links the well-being, health, significant occupation, dignity and participation concepts.
8. Understand and recognise the importance of contextual factors as determining factors of occupational dysfunction
9. Recognise the determining factors of health in the population, resources and multiprofessional teams, and prevention, maintenance and promotional health actions for both individuals and the community
16. Collaborate with groups and communities to promote its members' health and well-being through participation in significant occupation
18. Recognise the influence of individual, religious and cultural differences, and customs related with occupation and participation
19. Acquire and develop skills, abilities and practical experience in the public health and community context
21. Carry out one's professional practice by respecting other professionals and by acquiring teamwork skills
22. Actively listen to, obtain and summarise information about the occupational problems and demands of individuals and populations, and understand the content of this information

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23. Establish assertive interpersonal communication with all the relevant interlocutors during the Occupational Therapy Process.

2.2. Learning goals

To pass this subject, students should obtain the following outcomes:

- 1- Analyse, summarise and relate the fundamental concepts of General Sociology
- 2- Analyse, summarise and relate the fundamental concepts of the Sociology of health.
- 3- Correctly apply these concepts to the Occupational Therapy field.
- 4- Correctly apply the Vancouver system and perform bibliographic documentation works as a basic requirement to put the subject's practicals to the best possible use, and correctly handle and understand databases and other documentation tools.
- 5- Acquire theoretical and practical knowledge about the Research Techniques applied to Occupational Therapy Research.

2.3. Importance of learning goals

These outcomes allow students to be more prepared to understand the technical and methodological foundations of Occupational Therapy with a bio-psycho-social view of human beings, be better qualified to start planning with discussion of professional action in situations of physical, psychic or sensorial disease/disability, or situations of marginalisation throughout a person's life cycle.

The intention is to train students in the Research Techniques applied to their professional area so they assimilate

and put into practice all the Method and Scientific Process phases.

3. Assessment (1st and 2nd call)

3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

1. PRACTICAL ACTIVITIES. Compulsory attendance to the Practices of the subject for all the students who choose the continuous evaluation. Individual and group tasks in which participation and involvement in the work and the ability to apply theoretical knowledge to the practical assumptions addressed in the classroom are valued.

Without passing and attending the PRACTICAL ACTIVITIES, the continuous evaluation cannot be carried out, and the student must take the GLOBAL EXAM in June. In this exam, development questions with limited length will be formulated. The questions will deal with each of the topics covered during the PRACTICES.

2. WRITTEN WORK. During the course several short written works will be carried out, according with the subject progress. The student must submit the written works on Moodle platform in a timely manner. Each work is passed with a minimum of five (approved).

Without the delivery and approval of the written works, the continuous evaluation cannot be carried out, and the student must take the GLOBAL EXAM in June. In this exam, development questions with limited length will be formulated. The questions will deal with each topic raised in each one of the WRITTEN WORKS of the signature.

3. THEORETICAL EXAM. It is the test that deals with all the contents studied during the course and will take place in June, on a date determined by the Faculty Board.

The exam will take the form of an objective test with 30 multiple choice questions with three answer options, only one of which is correct. The correction formula will be: Hits - (misses/2) /3. In order to pass, the student will have to obtain a minimum score of five (approved) in this exam.

4. GLOBAL EXAM. In addition to the THEORETICAL EXAM, students who have not attended the PRACTICAL ACTIVITIES (Point 1.) and have not delivered and passed the WRITTEN WORK (Point 2.) must take a GLOBAL EXAM. This test consists of questions of limited length to which the student must answer in a very precise, rigorous and reasoned way. The questions deal with the contents of each PRACTICAL ACTIVITY and each WRITTEN WORK carried out during the course by the rest of the students.

To pass this test it is necessary to obtain a minimum grade of five (approved).

GRADING SYSTEM

The final grade for the course results from the following calculation:

THEORETICAL EXAM: 80%

PRACTICES AND WRITTEN WORK or, if applicable, GLOBAL EXAM: 20%

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions, assessment tasks, exams, tutorials, and autonomous work and study.

Finally, this entire process will be supported by updating and maintaining it through the Moodle web page.

4.2. Learning tasks

This course is organized as follows:

1.- Theoretical face-to-face classes. 46 hours.

Teaching methodology: Master classes. Class group work on the contents to be treated. Discussions and text commentary.

2.-Practical face-to-face classes. 14 hours.

Compulsory attendance for students who have opted for continuous assessment is required. Otherwise, the student must take an exam of the content related to the practices at the end of the course.

3.- Student personal work: 60 hours.

4.3. Syllabus

The course will address the following topics:

- Introduction to Sociology
- The Main sociological Theories and Perspectives
- The Social Research Techniques Applied to the Health Area.
- Globalisation, the Natural Environment and Climate Change.
- Culture, Social Norms, Roles and Socialisation Processes
- Sociology in Day-to-Day Life.
- Disease, Disability, and Sociology of the Body.
- The Family as an Agent in the Healthcare System and Socialisation Processes.
- Formal and Informal Healthcare and Welfare Networks.
- Poverty, Social Exclusion and Well-Being
- The organisation as a Professional and Social Frame.
- The Population's Health and Ageing
- Sociology of the Body, Health, Disease, and Disability
- Health and Social Class, Gender and Ethnicity.
- Health and Social Cohesion
- Health and Inclusive Education.
- Gender Violence, Prevention, and Aetiology.
- Emerging Psychosocial Factors in Healthcare Professionals.
- Social and Therapeutic Skills Applied to the Professional Healthcare Area
- Risk Factors in Childhood and Adolescence
- Scientific Method and Databases
- Research Process Phases
- Social Research Techniques Applied to Health.
- Research Project in the Health Area

4.4. Course planning and calendar

PRACTICAL ACTIVITIES: compulsory attendance - will be carried out in 4 groups during the 1st semester. 14 hours.

THEORETICAL CLASSES: 2 hours a week during the course. 46 hours.

TUTORIALS: they will be carried out in personally and through the Platform, during the entire the course.

WRITTEN WORKS: they are delivered on the Moodle platform during the first and second semester.

OFFICIAL CALL FOR JUNE:

THEORETICAL EXAMINATION of the entire subject: it must be carried out by ALL the students.

GLOBAL EXAM. It is developed after the completion of the THEORETICAL EXAM by those students who have not attended the PRACTICAL ACTIVITIES and have not handed in the WRITTEN WORK (see point 3.1).

JULY OFFICIAL CALL:

THEORIC EXAM

GLOBAL EXAM

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty website and Moodle.

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?id=1884&p=1>