

Academic Year/course: 2022/23

25931 - Social psychology of health

Syllabus Information

Academic Year: 2022/23

Subject: 25931 - Social psychology of health

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 270 - Degree in Psychology

ECTS: 6.0

Year:

Semester: Second Four-month period

Subject Type: Optional

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student shall demonstrate that they have reached the expected learning outcomes through the following assessment activities.

1. EVALUATION SYSTEM:

a. An exam regarding the theoretical content: through this very exam, the student will be able to get up to 70% of the subject's grade. It will consist of a test-like activity with 30 questions related to all the topics addressed through this current subject and 2 short questions to explain theoretical concepts or development of interventions under an assumption. Each of the questions within the test exam will have 3 alternative answers, where only one of them will be valid. In order to maintain control under the possibility that some might get the answers right by choosing at random, choosing the wrong answers will subtract points from the total amount of right answers, making it so that three mistakes will deduct a valid answer (note, the formula applied for the test's review will be the following: $[(A - E/n-1)/N]*10$).

We remind the student that omissions in the objective test do not discount. To pass the subject, the minimum grade required in the exam will be a 5 out of 10.

b. Evaluation of the practical section: allows to obtain up to 30% of the overall qualification. Students may opt for one of the following alternatives:

- Continuous evaluation: completing all the proposed works during practical sessions (these equal to 30% of the subject's total grade). To qualify for this evaluation alternative, the student must attend to at least 80% of the hands-on sessions. Absences duly justified by medical certificates shall be counted as attendance.

- Doing the exam about practical contents (equals to 30% of the subject's total grade) All students have the right to present themselves to this test, whether it is because they haven't opted for the continuous evaluation, because they want to raise their score or because they have failed the proposed works during practical sessions

For more information consult the Regulation of Learning Evaluation Standards of the University of Zaragoza: http://www.unizar.es/sg/doc/6.1.Evaluaciondefinitivodia24_001.pdf.

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

- Theoretical-practical exposition in the classroom of the contents of the program
- Support of audiovisual methodology in the development of content
- Active participation of the students, both in group and individually, to promote meaningful and collaborative learning by exposing cases or examples of their interest, reflection and critical thinking through debate, etc.
- Development of assumptions and case studies, role-playings, and any other methodology that develops the practical sense of the subject and the abilities of the students

4.2. Learning tasks

1. Theoretical sessions in which work will be carried out stimulating participation and active learning by students
2. Practical sessions in which practical cases will be examined, from which teamwork and cooperative-collaborative learning will also be encouraged
3. Individual and collective tutorials

4.3. Syllabus

1. Social Psychology of health
2. Quality of life, health and disease
3. Stress as an alarm system
4. Stress and illness
5. Social Support and health
6. Health behaviour and disease behaviour
7. Professional-patient relationship
8. Occupational health and burnout
9. Psychosocial impact of hospitalization
10. Terminal patients. Social Psychology of death

4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works

Each theoretical session will take place in one or two weeks of class.

The practical works will be delivered weekly. Practical sessions will be indicated the first day of class.

The option "no presential" must be discussed with the teacher at the beginning of the course to agree the work and the delivery date.

4.5. Bibliography and recommended resources

[Bibliografía](#)