

Academic Year/course: 2022/23

25416 - Community nursing II

Syllabus Information

Academic Year: 2022/23

Subject: 25416 - Community nursing II

Faculty / School: 127 - Facultad de Ciencias de la Salud

275 - Escuela Universitaria de Enfermería de Huesca

375 - Escuela Universitaria de Enfermería de Teruel

Degree: 559 - Degree in Nursing

560 - Degree in Nursing

561 - Degree in Nursing

ECTS: 6.0

Year: 3

Semester: Annual

Subject Type: Compulsory

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives.

The learning process for this subject is based on the spiral learning that began in the previous course with the subject of Community Nursing I and, partially, in the theoretical framework of the subject of Research Methodology. Learning from other subjects, both psychosocial sciences, including cultural content, as well as biological and clinical subjects learned in previous courses are incorporated.

This process consists of 4 stages: Concrete Experience (CE), Reflective Observation (OR), Abstract Conceptualization (CA) and Active Experimentation (EA). It includes, from the reflections of the classes, the individual study of the students, the practices in the classroom and in Health Centers and other Community Institutions.

In this course, it is expected that student acquire skills that allow a comprehensive attention of the user and family and the best possible quality of life so that the students can master three key elements with their corresponding NANDA-NIC-NOC diagnoses:

- **Self-care**, that is, the achievement of greater Autonomy in their own personal care or as a main support person, including the taking of medication in the chronically illness.

- **Wellness and Comfort** that includes pain control, active listening, effective emotional and functional support.

- **Security**, that is, active surveillance of the Clinical Control of Symptoms in a way that allows detecting new signs, symptoms or decompensation.

All this in the different degrees of the population that visits health centers that consult for: health issues, for feeling mournful or sick, help from families and for community issues. For this, it is divided into three modules: Promotion of Ecological Health, Communicable Diseases and Non-Communicable or Chronic Diseases.

4.2. Learning tasks

They are presented in more detail in the Moodle Guide. However, they consist of the following activities:

1. Expository theoretical sessions with visual presentations and discussions. 30 h.
In view of the current situation, the possibility that the teaching can also be done online is being considered.
2. Practical sessions of cases. In smaller groups they will have to solve the exposed cases and other practical activities. 25 h. Depending on the needs of the teaching staff, these may be carried out online on an individual basis.
3. Self-care work in groups of 6 people, on some of the topics of the program syllabus.
4. Work on transversal and specific competencies related to the integration of the Sustainable Development Goals in the nursing discipline. The groups will be between a minimum of 4 and a maximum of 6 people.

4.3. Syllabus

The program offered to the student to help him/her achieve the expected results comprises the following topics:

MODULE I. ECOLOGICAL HEALTH PROMOTION.

Topics:

- I1. Ecological Health Paradigm: Balance, Relationship and Health. Health Promotion and the triangle of Visible and Invisible Care: Well-being, Security and Autonomy. Environmental crisis, global warming and frequent Nursing Diagnoses.
- I2. Water and health on our planet. Advances and problems of water in Aragonese society. Programs of rational use of water. Water as food source.
- I3. Agriculture and Health. New health problems due to different technologies in crops and food management: Persistent Organic Compounds. Genetically Modified Organisms. Terminator seeds. Patents and Food Sovereignty. Emerging programs: Mensa Cívica and Huerta Zaragoza Km.0.
- I4. Programs related to current issues: Hormonal Disruptors and their relationship to health.

MODULE II. COMMUNICABLE DISEASES: EPIDEMIOLOGY AND PREVENTION.

Topics:

- II 1. Communicable diseases: evolution and control.
- II 2. Water-borne and food-borne diseases.
- II 3. Sexually transmitted diseases: HIV infection, Hepatitis B and C.
- II 4. Airborne diseases: Influenza, Catarrh, Pulmonary tuberculosis and others.
- II 5. Zoonosis and vector-borne diseases.
- II 6. Hospital infections: EPINE; Sterilization and disinfection methods.

MODULE III. NON COMMUNICABLE and CHRONIC DISEASES. EPIDEMIOLOGY AND PREVENTION.

Topics:

III1. General epidemiology and attention to chronic processes. Star action strategies and PPS programs in Aragón and Spain.

III2. Gender violence

III3. General epidemiology and attention to chronic processes: Cardiovascular diseases and cancer.

III4. General epidemiology and attention to chronic processes: Respiratory diseases.

III5. General epidemiology and attention to chronic processes: Endocrine and metabolic diseases.

4.4. Course planning and calendar

Schedule of face-to-face sessions and presentation of work

Theoretical activities: 5 hours a week of the first semester.

Practical activities: 4 hours a week of the second semester.

The order of delivery of the contents may be modified depending on the circumstances and the organizational needs of the center.

The dates of deposit of the self-care works and the work on transversal and specific competencies related to the integration of the Sustainable Development Goals in the nursing discipline will be informed through Moodle, being this platform the communication tool of everything related to the subject.

The presentations of the self-care works will be made at the end of the second semester module.

If you do a continuous work of all the activities that we are proposing in the course, it will not be difficult to pass it.

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=25416>