

Academic Year/course: 2021/22

61864 - Psychopathology applied to general health psychology

Syllabus Information

Academic Year: 2021/22

Subject: 61864 - Psychopathology applied to general health psychology

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology

ECTS: 4.0

Year: 1

Semester: First semester

Subject Type: Compulsory

Module:

1. General information

1.1. Aims of the course

The subject of General Psychopathology applied to General Health Psychology aims to provide the student with the necessary knowledge about mental disorders based on the DSM and CIE categorical models, and based on the explanatory psychopathological models of the different mental disorders, with the objective to be able to make case formulations properly, to propose a correct evaluation and diagnosis of psychological and health problems, to formulate explanatory hypotheses of the relationship between mental psychopathology and disease processes, to improve the performance of functional analysis and intervention proposals.

Within the context of the present subject, reflection and discussion linked to the following sustainable development goals will be encouraged: (3) Good Health and Well-being, (4) Quality Education and (10) Reducing Inequality

2. Learning goals

3. Assessment (1st and 2nd call)

3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that he has achieved the expected learning outcomes through the following assessment activities

Written test (grade from 0 to 10) at the end of the semester. The grade will mean 60% of the final grade. The test will be a test type and will contain multiple choice answer questions.

Continued work in the classroom about practical cases (rating from 0 to 10). 40% of the final grade.

Recommended readings. A selection of books will be offered at the beginning of the course as recommended readings. To encourage reading, students will add up to a 10% to the final grade, depending on the books read and after submitting an essay of no more than 2 pages. It will be necessary to have read at least one reading in order to get the maximum grade in the continued work section.

The student will be able to carry out the activities of continuous evaluation as long as the attendance to the classes is not less than 80% of the teaching hours of the subject.

Note: In case that for health safety reasons, a change from in person teaching to an in person and online, or an only online teaching is required, it will be possible to carry out several modifications in the evaluation format of the course:

1. The written test will be done by telematic means with a fixed time (e.g. via Moodle). Alumni control during the test will be carried out through the Google Meet application or other platforms approved by the University.

2. The continued work assignments will be delivered via moodle.

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. The theoretical and practical content will be presented by the teacher in the form of questions, discussions and public expression of opinions, to reach conclusions about them.

Participation and the cooperative learning methodology will be used for problems and solving real clinical cases.

Note: In case that, for health safety reasons, a change from in person teaching to an in person and online, or an only online teaching is required, it will be possible to conduct several modifications:

1. Classes will be adapted to telematic format.

2. Moodle will be preferably used to exchange materials and theoretical and practical explanations. Scientific articles, practical cases, Power Point presentations and links to diverse contents of interest will be shared.

3. Furthermore, videos with different theoretical topics with visual support will be recorded via Power Point presentations or online classes could be also done through Google Meet or other tools approved by the University.

4. Mentorship will be carried out via email and/or Google Meet meetings or other tools approved by the University.

4.2. Learning tasks

The course includes the following learning tasks:

- Lectures where the teacher will present the basic facts about a topic (15h)
- Analysis of case studies where students will practice the concepts learned in lectures (15h)
- Finding information and cooperative work (4h)
- Reading articles or documents related to the course contents (2h)
- Students' oral presentations (2h)
- Viewing of audiovisual material (2h)

4.3. Syllabus

Tema 0. Introduction to Psychopathology applied to General Health Psychology

TOPIC I. Mood disorders

Tema 1. Depressive disorders

Tema 2. Bipolar and related disorders

TOPIC II. Anxiety disorders

Tema 3. Specific phobias

Tema 4. Social anxiety disorder

Tema 5. Panic disorder and Agoraphobia

Tema 6. Generalized anxiety disorder

Tema 7. Obsessive-compulsive and related disorders

Tema 8. Trauma and stressor related disorders

TOPIC III: Other disorders of high epidemiological impact

Tema 9. Eating disorders

Tema 10. Substance-related and addictive disorders

4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works

It will be specified at the beginning of the subject of the 2020-2021 academic year, as well as the content program and the

The general activities that will be carried out during the four-month period of the subject will be: 1) presentation of the subject; 2) definition of evaluation criteria and practical activities; 3) delivery of the theoretical-practical contents provided; 4) continuous assessment of student progress; 5) delivery of m written works; and 6) final evaluation.

Further information concerning the timetable, classroom, assessment dates and other details regarding this course, will be provided on the first day of class.

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=61864&Identificador=C70622>