

Academic Year/course: 2021/22

## 29235 - Applied English for Dietetics and Nutrition

### Syllabus Information

**Academic Year:** 2021/22

**Subject:** 29235 - Applied English for Dietetics and Nutrition

**Faculty / School:** 229 - Facultad de Ciencias de la Salud y del Deporte

**Degree:** 441 - Degree in Human Nutrition and Dietetics

**ECTS:** 6.0

**Year:** 4

**Semester:** First semester

**Subject Type:** Optional

**Module:**

## 1. General information

### 1.1. Aims of the course

**The course and its expected outcomes respond to the following approaches and objectives**

The acquisition of the basic tools to manage successfully in the most common communicative situations, linked with the Odontology field, as well as to handle and produce specific materials for this discipline, in the English language.

The level acquired by the student at the end of the course is that of a B1, from the Common European Framework of Reference for the Languages.

Thus, passing this course, English Applied to Dentistry, will entail the **validation of the compulsory course 24900 Modern Language English B1 (2ECTS)**, included in the Dentistry degree.

### 1.2. Context and importance of this course in the degree

It is an optative course in which linguistic formation is offered, more specifically, specific English for students of Human Nutrition and Dietetics.

### 1.3. Recommendations to take this course

Students are reminded that the course is given in English and thus, it is recommended that they have a B1 pre-intermediate level, of the Common European Framework of Reference.

## 2. Learning goals

### 2.1. Competences

**When passing the course, the student will be more competent to...**

Improve his knowledge and use of a second language, in this case, English.

Apply theoretical knowledge to performance.

Recognize the need to plan and manage time, and to do it efficiently.

Work in the abilities of management of information (skill to search, analyze and choose information from different sources), and be able to transmit and present the knowledge acquired after investigation.

Work in an international context.

Work in a team.

## 2.2. Learning goals

**The student, to pass this course, will have to show the following results...**

The student knows the characteristics of scientific English, a language which will be essential in the development of this future professional functions.

The student possesses the abilities of general reading comprehension, to understand and interpret scientific texts, as well as specific writing.

The student is able to deliver a basic oral presentation

The student knows specific vocabulary related to his English studies

## 2.3. Importance of learning goals

The learning outcomes offer the student the possibility of counting on a tool, the English language, which will let them widen their knowledge about the content of other courses of the degree.

Thanks to these outcomes, the student will be able to give a formative continuity to their studies, not only in the university student stage, but also in their professional activity, as most specialised literature is published in English, and international congresses are numerous.

The student will count on an important help to continue being trained throughout their career.

## 3. Assessment (1st and 2nd call)

### 3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

**The student will demonstrate that they have reached the expected learning outcomes by means of the following assessment activities.**

1. A **final written exam**, on the appointed date for each call, which will include the following parts:

- a) Reading comprehension, intensive and extensive: 20%
- b) Listening compression: 20%
- c) Morphosyntaxis and vocabulary: 20%
- d) Writing: 20%

2. **Oral presentation, or final oral interview**, depending on the professor's considerations. (on the date appointed by the professor): 20%

## SECOND CALL

Students who did not pass the exam, in the first call, will have to take the two exams, in the second call, on the date appointed by the Center.

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*\*\*Given the exceptional situation derived from the COVID-19 pandemic, in the case that during the academic year 2021/22, some of the assessment activities cannot be carried out on campus, these will take place on the Moodle platform, by means of questionnaires and tasks, with students connected through Google Meet, with cameras on.\*\**

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In the exam, students will have to demonstrate the knowledge acquired throughout the course:

**Morphosyntaxis and vocabulary.** Students will solve exercises that will be similar to those done during the term, in which the grammatical correction in structures, which may be used in a ?dietician-patient? context, will be valued, as well as the precise use of technical words relation to Nutrition, or definition of concepts.

**Writing comprehension.** It will include at least a text about an aspect of the syllabus. Student will answer global comprehension questions, or specific data or information that will be deductible from the text.

**Listening comprehension.** Student will prepare a presentation about a topic of the specialisation, by pairs or individually, which will be assessed individually. The presentation will take place in the classroom, following the norms which will be previously explained. In these presentations, students will use a PowerPoint document, which will be handed in to the professor, together with any written material used for the preparation of the presentation. The dates for the presentations will be decided during the term and will be published on Moodle.

**Writing.** Students will elaborate a composition about a topic related to the course. In this section, not adapting to the task or the topic is a criteria for evaluation, being able to obtain a 0 in the qualification of this skill.

## ASSESSMENT CRITERIA

In the evaluation activities the following aspects will be valued:

**Oral expression /interaction:** fluency, phonetic correction, message clarity, lexical, grammatical, pragmatical and communicative adequacy (use of strategies not to resort to the mother tongue)

**Written expression:** message relevance and adequacy of ideas to the proposed topic: communicative capacity, organization, clarity and coherence, morphosyntactic, lexical and orthographic adequacy; stylistic adequacy.

**Oral comprehension:** understanding of the global idea, recognition of the most important details of the recordings.

**Written comprehension:** understanding of the main ideas of a text, location of specific information, formulation of inferences, usage of contextual components, and knowledge about word formation to infer the meaning of unknown words or expressions.

## ASSESSMENT SYSTEM

The student must obtain a 50% of the total to obtain a pass qualification.

According to the current legislation, the qualifications will be the following:

From 50% to 69% pass C, from 70% to 89% outstanding B, from 90% excellent A. The grade "with honours" will be given with an excellent A grade, according to the professor's criteria.

## 4. Methodology, learning tasks, syllabus and resources

### 4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions and tutorials.

## 4.2. Learning tasks

This course is organized as follows:

- **Lectures** (0.5 to 1 hour per week). The teacher explains the theoretical basis, with the support of various resources. The student takes notes, asks doubts, comments on the new elements that are introduced in the explanations.
- **Practice sessions** (2.5 to 3 or 0.5 to 1 hour per week). The teacher presents the objectives, assesses about the realization of the work, supervises its development, if necessary. The student works in a group and presents the result to the whole class. Individual, pair and group work, during the term, related to grammar, vocabulary, written and oral expression, written and oral comprehension. Oral presentation of a group work.
- **Tutorials**. The teacher advises and solves questions. The student proposes difficulties and receives guidance.

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Given the exceptional situation of the academic year 2020-2021, **the teaching system will be online**, that is to say, in a synchronic telematic system, by which teachers and students will be connected through technologies that allow interaction, such as Google Meet.

Foreseeing that not all students may be able to connect synchronically, and to ensure that they have the possibility of distance learning, lessons may be recorded and offered to students, by request to the teacher and during a limited period of time, through links to documents uploaded on Google Drive.

If during the term, there exists the possibility of on campus teaching, depending on the development of the situation, such lessons would take place in the assigned rooms at the University department, with previous notice to students.

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## 4.3. Syllabus

### Unit 1. Nutritionist / Dietitians

- Nutritionists vs Dietitians. Clinical nutrition. Sports Nutrition.
- Appointments. Diet History.
- Measuring body composition.
- Applying for a job. Job interviews.
- Grammar: present and past tenses.
- Writing a CV.

### Unit 2. Digestion

- Human anatomy.
- The digestive system. The endocrine system.
- Grammar: future tenses.
- Writing: an e-mail.

### Unit 3. Food

- Fruits, vegetables, grains, meat, dairy products, fish, baked goods, beverages, dried fruits, nuts.
- The food guide Pyramid.
- Food labels.

- Organic food. Mediterranean diet. Junk food.
- Grammar: countable and uncountable.
- Writing: a short essay.

#### **Unit 4. In the kitchen**

- The kitchen. Cooking tools and appliances.
- Cooking actions. Flavours.
- Lunch and dinner.
- Ways of cooking.
- Grammar: comparatives.
- Writing: a recipe.

#### **Unit 5. Nutrition & conditions**

- Taking a patient's history. Explaining diagnosis. Discussing Treatment.
- Child and preadolescent Nutrition.
- Adult nutrition.
- Eating disorders.
- Athletic nutrition.
- Grammar: modals for advice, obligation.
- Writing: a blog entry.

#### **4.4. Course planning and calendar**

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sport Sciences website and Moodle.

#### **4.5. Bibliography and recommended resources**

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=29235>