

Academic Year/course: 2021/22

29203 - Food anthropology and sociology

Syllabus Information

Academic Year: 2021/22

Subject: 29203 - Food anthropology and sociology

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 441 - Degree in Human Nutrition and Dietetics

ECTS: 6.0

Year: 1

Semester: First semester

Subject Type: Basic Education

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures and practice sessions.

4.2. Learning tasks

This course is organized as follows:

The learning activities will be based in the teachers' lessons together with the necessary audiovisual presentations, the students' readings, the collaborative work to prepare presentations and the viewing and discussion of three audiovisuals.

4.3. Syllabus

This course will address the following topics:

Section 1. Social Anthropology as a Science of Culture

- Lesson 1.- A historical introduction to Anthropology and its definition.
- Lesson 2.- The concept of culture

Section 2. Culture and food

- Lesson 3.- The biological base of human feeding
- Lesson 4.- Food between nature and culture

Section 3. The Food and its Cultural Variability

- Lesson 5.- Ecological, technological, economical and political factors
- Lesson 6.- Ideological and symbolic factors.
- Lesson 7.- Sociability, ritual and communication.

Section 4. The Ethnography of food

- Lesson 8.- Researching on human feeding: cases, methods and techniques.

This course offers the previous four sections. First, the student must know the basic foundations of Social Anthropology, as this discipline is going to be new for him/her. After this first step why Social Anthropology studies the human feeding must be justified and in order to do so it is necessary to explain the concept of culture in its relationship with nature. So, the comparison between nature and culture becomes the subject matter for the second section. After this comparison, the objective will be to present the most important contributions of the Anthropology of Food and specially the great variability of food practices related to cultural diversity. Finally there will be a section consecrated to the anthropological methodology and it will be directed towards the research on human feeding.

Practice sessions

- Topic 1. Food Scarcity and Hunger
- Topic 2. Risk and Food
- Topic 3. Anorexia as a Cultural Disorder

4.4. Course planning and calendar

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sport Sciences website and Moodle.

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=29203&Identificador=12365>