

Academic Year/course: 2021/22

## 26656 - Competitive and Cooperative Physical Activities

### Syllabus Information

**Academic Year:** 2021/22

**Subject:** 26656 - Competitive and Cooperative Physical Activities

**Faculty / School:** 107 - Facultad de Educación

202 - Facultad de Ciencias Humanas y de la Educación

301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 298 - Degree in Primary School Education

299 - Degree in Primary School Education

300 - Degree in Primary School Education

**ECTS:** 6.0

**Year:** 4

**Semester:** First semester

**Subject Type:** Optional

**Module:**

### 1. General information

### 2. Learning goals

### 3. Assessment (1st and 2nd call)

### 4. Methodology, learning tasks, syllabus and resources

#### 4.1. Methodological overview

**The learning process that has been designed for this subject is based on the following:**

The subject presents different methodological strategies to develop the assigned competences. The combination of learning activities will have as its main characteristic the search for an active methodology so that students can acquire the skills with autonomy and solvency.

Different work spaces such as the classroom, the teaching office and the sports facilities will be combined. At the same time, different strategies will be developed such as a master lesson, participatory group techniques, learning by problems or projects, group and individual academic tutorials and motor practice activities.

#### 4.2. Learning tasks

**The program offered to the student to help him achieve the expected results comprises the following activities ...**

The following table lists the competences of the degree that the subject develops, its learning results, the evaluation instruments that will be requested from the students and the teaching-learning activities associated with each of them.

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Title competencies.	Results of Learning	Instr. Evaluation	Learning activities			
			Classroom	Seminar	Sports facilities	No presential
C61	1.- Collect, apply and use different resources related to specific didactics (curricular proposals throughout the stage, learning situations, methodology and evaluation) of the different cooperation and interindividual opposition activities	<i>Procedures:</i> Didactic backpack  <i>Written procedures:</i> Theoretical-practical questions.	1.- Master Lesson  2.- Participatory group techniques.	4.- Small group academic activities.	5.- Motor Practice Activities  2.- Participatory group techniques.  3.- Learning based on problems.	6.- Individual not in person.
	2.- Design learning situations adjusted to specific educational purposes in a specific context for each of the proposed activities.		1.- Master Lesson  2.- Participatory group techniques.		5.- Motor Practice Activities  2.- Participatory group techniques.  3.- Learning based on problems.	6.- Individual not in person.
	3. Know the didactic foundations of each proposed activity to take them to the physical education class in primary education.		<i>Written procedures:</i> Theoretical-practical questions.	1.- Master Lesson  2.- Participatory group techniques.		5.- Motor Practice Activities  2.- Participatory group techniques.

### Learning Activities Chart.

#### 1.- Master Lesson. (Theoretical-exposition classes, in a large group) Description :

Presentation in the classroom of the fundamental concepts and development of the proposed contents. The teacher's presentations will be combined with the presentation of educational questions, cases and situations that involve students in a discovery process through which learning can occur. In each of the topics, the teaching staff will inform the students of the bibliography used for their development.

#### 2.- Participatory group techniques. Description :

Group activities in which the student assumes active participation in their learning, such as, for example and among others: Questions and answers, Debates, Panel with experts, Brainstorming, Case studies, etc

...

### **3.- Learning based on problems.** Description:

Carry out a learning project according to the parameters that are defined.

### **4.- Academic activities in small groups.** Description :

Actions to monitor and control the development of the students' work related to the subject in any of its aspects, in attention in small groups.

### **5.- Motor practice activities.** Description.

Participation in the motive action proposals that are proposed for the development of the proposed activities.

### **6.- Individual / group non-contact activities.** Description:

Carrying out activities aimed at learning the contents of the subject through the search, review and analysis of documents, databases, web pages, etc. culminating in the study and appropriation of said documentation and content.

## **4.3. Syllabus**

### **Assignment program**

Due to the variability of resources in the centers of the University of Zaragoza, the program will be specified at the beginning of each of them in the different centers. Therefore, this agenda is indicative and only represents an example.

1. Introductory module to activities
2. Activities with common space and simultaneous participation, combat or fighting activities (Judo, karate, fencing, ...).
3. Activities with common space and alternative participation, activities with implement.
4. Collaborative activities (Acrosport, synchronized sports activities, relays, ...).
5. Transversal learning for teacher training (adapted physical activity, promotion of physical activity).

Throughout the different topics, the work of the methodological guidelines and specific teaching action will be addressed, as well as a transversal link with the related contents of block 6 of the physical education curriculum in primary school.

## **4.4. Course planning and calendar**

### **Calendar of face-to-face sessions and presentation of work**

The dates of distribution of the Teaching-Learning Activities will be determined in each center, so we recommend a periodic visit to the "calendar" in the Digital Teaching Ring where the specific dates will be published updated.

At the beginning of the course, those responsible for it will facilitate the exact distribution of the sessions and their timing.

At the beginning of the course, in the presentation, the specific activities to be carried out and the key dates will be provided. This information will be available in the ADD from the first week of the course.

## **4.5. Bibliography and recommended resources**

Found on the library's website

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26656>