

26019 - Psychiatry

Syllabus Information

Academic Year: 2021/22

Subject: 26019 - Psychiatry

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 276 - Degree in Occupational Therapy

ECTS: 6.0

Year: 3

Semester: Annual

Subject Type: Compulsory

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, seminars, workshops, practice sessions, tutorials, and autonomous work and study.

4.2. Learning tasks

This course is organized as follows:

- **Lectures** (30 sessions). 2 sessions per week. Theory contents are exposed by the teacher. If the capacity of the intended classroom does not allow the possibility of going to the classroom to all students enrolled, the center will facilitate the use of classrooms with possibilities of retransmission by videoconference, for the rest of the students enrolled in the subject. If retransmission equipment is not available, teaching may be taught in a non-in-person mode through other alternatives, respecting, in any case, the guidelines approved by the Governing Council of the Universidad of Zaragoza.
- **Practice** (30 sessions). Theory contents are complemented with seminars, workshops, and practice sessions. Students will be divided into small groups ,if possible, (4-5 students) for these sessions and will elaborate an assignment. If sanitary circumstances make it no posible, individual remote working will be considered.
 - **Seminars.** 1-2 per week during 15 weeks. They are related to the basic topics of the syllabus. Different clinical cases will be presented with the active participation of students. Furthermore, some seminars will include a bigger proportion of contents about models and scientific approaches.
 - **Workshops.** 1 each 2-3 weeks during 15 weeks. They are eminently practical, with the active participation of students. There will be a special dedication to research projects in Psychiatry.
 - **Practice sessions.** 1 each 2 weeks during 15 weeks. To know how to use main psychometric instruments, to learn relaxation techniques and to practice critical review of scientific papers related to occupational therapy in psychiatry.

- **Group work.** In groups of 4-5 students, an assignment will be elaborated (if possible. Individual work Will be considered in adverse circumstances)
- **Tutorials:** They are both on-site and individual, with the previous appointment with the teacher, and online, using the scheduled timetable.
- **Autonomous work and study.** Dedicated to study the theoretical lessons and to prepare seminars, workshops, and practice sessions before and after them.

4.3. Syllabus

This course will address the following topics:

- Section 1. Introduction:
 - Topic 1. History and current concept of Psychiatry. Contemporary doctrinal tendencies. Relationships with other knowledge areas, specifically with Occupational Therapy.
 - Topic 2. Major psychopathological syndromes. Normal and pathological in Psychiatry. Psychiatric epidemiology. Evolution forms of psychiatric disorders.
 - Topic 3. Psychiatric interview. Psychopathological examination. Complementary explorations. Classification of psychiatric disorders. General aetiological, diagnostic and therapeutic models.
- Section 2. Specific part:
 - Topic 4. Organic mental disorders (Neurocognitive disorders I). Dementias.
 - Topic 5. Delirium (Neurocognitive disorders II)
 - Topic 6. Other psychiatric disorders with organic bases (Neurocognitive disorders III). Psychiatric aspects of brain injury.
 - Topic 7. Mental and behavioural disorders due to substance abuse. Dual disorders.
 - Topic 8. Schizophrenia and chronic delusional disorders.
 - Topic 9. Affective disorders.
 - Topic 10. Anxiety disorders.
 - Topic 11. Trauma and stress disorders. Dissociative disorders. Somatic symptoms disorders.
 - Topic 12. Psychiatric and behavioural disorders associated to physiological dysfunctions and physical factors. Eating behaviour and sleep disorders.
 - Topic 13. Personality and behavioural disorders in adults. Impulse control disorders.
 - Topic 14. Intellectual disability.
 - Topic 15. Development and behavioural disorders in childhood and adolescence.
 - Topic 16. Geriatric psychiatry: Disorders in the elderly.
- Section 3. Treatments and assistance:
 - Topic 17. Psychotherapies of interest in Occupational Therapy. Modern psychiatric assistance.
 - Topic 18. Psychiatric rehabilitation. Serious mental disorder: its implications in Occupational Therapy.

The course is divided into 3 major sections: General Introduction, Specific Part and Treatment. Nevertheless, throughout the syllabus, relative aspects to evolution and development of the discipline are included and more specifically, an introduction to research in Psychiatry.

4.4. Course planning and calendar

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sport Sciences website and Moodle.

Degree website: [https://https://fcs.unizar.es/grado-en-terapia-ocupacional-0](https://fcs.unizar.es/grado-en-terapia-ocupacional-0)

4.5. Bibliography and recommended resources

http://biblos.unizar.es/br/br_citas.php?codigo=26019&year=2020