

Academic Year/course: 2021/22

## 25449 - Gender and Health

### Syllabus Information

**Academic Year:** 2021/22

**Subject:** 25449 - Gender and Health

**Faculty / School:** 127 - Facultad de Ciencias de la Salud  
375 - Escuela Universitaria de Enfermería de Teruel

**Degree:** 559 - Degree in Nursing  
561 - Degree in Nursing

**ECTS:** 3.0

**Year:** 4

**Semester:** First semester

**Subject Type:** Optional

**Module:**

### 1. General information

### 2. Learning goals

### 3. Assessment (1st and 2nd call)

### 4. Methodology, learning tasks, syllabus and resources

#### 4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives.

The program is developed through theoretical teaching, using the lecture which includes a theoretical-practical development and theoretical-practical seminars or webinars, video-forum and debates. These are performed through a theoretical introduction and later, a work in groups. For the realization of seminars teachers facilitate problems and cases for resolution.

Tutoring, work supervision, and discussion groups are also proposed, in small groups, in order to answer questions or solve problems.

Likewise, simulation activities with practical assumptions are proposed; these are partially built by the professors and must be completed by the students. Subsequently, the selected actions are discussed. In general, the methodological techniques used include:

- Exhibition and participatory classes
- Theoretical and practical seminars or webinars
- Problem-based learning
- Exemplification and case studies
- Exhibition of individual or group works
- Preparation and review of works

#### 4.2. Learning tasks

The subject completes 3 ECTS credits of optative training.

Expository and participatory classes, theoretical and theoretical-practical: 20 hours per student.

Seminars: 7 hours per student.

Learning activities include:

Problem-based learning; exemplification and case studies, which will be applied both in seminars and in the theoretical-practical content classes.

Preparation and review of group work during seminars for that purpose (consult program).

Exhibition of individual or group works. The group works that are part of the evaluation of the subject will be presented in plenary before the end of the module (at the end of the first semester) and their attendance will be mandatory for all students.

It is considered the possibility of proposing additional activities to be carried out in groups or individually, which may have an impact on the evaluation, which will not suppose more than 10% of the final qualification of the subject and whose characteristics, requirements and evaluation criteria will be specified in the moodle platform.

### 4.3. Syllabus

- Module I. Gender and Health: general concepts.  
The sex and gender System. Gender as a socio-cultural construction.  
Gender and identities, impact on health from a life course approach.  
Social and gender inequalities. Differential morbidity and intersectionality.
- Module II. Gender as an analytic category.  
Gender as a social determinant of health.  
Framework of sex and gender in health: Differences, inequalities, roles and approach beyond binarism.  
Gender bias in health and in the Nursing practice.
- Module III. Methodological aspects of the Nursing cares from a gender perspective.  
Gender bias in standardized languages.  
Nursing Process in gender perspective.  
Initiation to research in health from a gender perspective approach: gender as a variable and as an analytic category.

Note: The order of delivery of the contents can be modified depending on the circumstances and the organizational needs of the center.

### 4.4. Course planning and calendar

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Health Sciences Faculty website:

<https://fcs.unizar.es/grado-en-enfermeria-0>

- The schedule of the theoretical syllabus and seminars is developed throughout the academic year.
- The date for the presentation in plenary of the seminars that we consider key to the acquisition of learning results of this subject, agrees with advance with the students, after their development in the classroom.
- The presentation in plenary of the work / s of the subject is done about a month before the end of the subject in each of the groups.

NOTE: In the current sanitary situation, the possibility of the on-line teaching is considered.

### 4.5. Bibliography and recommended resources

[http://biblos.unizar.es/br/br\\_citas.php?codigo=25435&year=2020](http://biblos.unizar.es/br/br_citas.php?codigo=25435&year=2020)