

Academic Year/course: 2021/22

## 25439 - Maternal and Child Nursing

### Syllabus Information

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**Academic Year:** 2021/22

**Subject:** 25439 - Maternal and Child Nursing

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

275 - Escuela Universitaria de Enfermería de Huesca

375 - Escuela Universitaria de Enfermería de Teruel

**Degree:** 559 - Degree in Nursing

560 - Degree in Nursing

561 - Degree in Nursing

**ECTS:** 6.0

**Year:** 3

**Semester:** Annual

**Subject Type:** Compulsory

**Module:**

## 1. General information

### 1.1. Aims of the course

-Guarantee training in nursing care for women during the reproductive period, from the first menstrual period to menopause, with special emphasis on pregnancy, childbirth and the postpartum period.

-Ensure participation of nurses in health care plans aimed at promoting a healthy sexuality and family planning, respecting women's wishes.

-Ensure an effective participation of nurses in care plans for the identification and prevention of female genital cancer.

Encourage a proactive attitude to prevention and promote comprehensive care for women in the face of gender-based violence.

-Ensure comprehensive nursing care for children in their different stages of development.

## 2. Learning goals

## 3. Assessment (1st and 2nd call)

## 4. Methodology, learning tasks, syllabus and resources

### 4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions, assignments, and autonomous work. Students are expected to participate actively in the class throughout the semester. Classroom materials will be available via Moodle. These include a repository of the lecture notes used in class, the course syllabus, as well as other course-specific learning materials, including a discussion forum. Further information regarding the course will be provided on the first day of class.

The learning process is organized according to the theoretical and practical activities of the subject itself in order to achieve the results described. Theory hours: 50, hours Seminar: 10, hours of study and independent work: 85, and hours of tutoring and evaluation: 5.

## 4.2. Learning tasks

This is a 6 ECTS course organized as follows:

?Lectures (2.5 ECTS: 20 hours). Whole group sessions of 50 minutes each one. The professor will explain the theoretical contents, which are available in advance on the virtual platform Moodle.

?Practice sessions(1.5 ECTS: 20 hours). Sessions where students work with case studies and problem-solving tasks.

?Assignments(1 ECTS: 21 hours). In small groups, students will prepare an essay (which includes bibliographical research, analysis, summary, scientific rigor, coherence of expression and citations). They will submit a written copy at the end of the course and will do an oral presentation.

?Autonomous work (1 ECTS: 10 hours). Time devoted to study the course contents and prepare the sessions and assignments

Tutorials (0.5 ECTS: 5 hours). Office hours can be used to solved doubts and for follow-up of students? learning progress.

?Assessment tasks (0.5 ECTS: 5 hours). A final written examination.

## 4.3. Syllabus

The course will address the following topics:

-Part I (Maternal)

- Topic 1. Anatomy of the genital tract. The cycle and hormones
- Topic 2. Fertilization. Early stages, pregnancy and fetal development
- Topic 3. Prophylaxis and complications of pregnancy: prenatal visits
- Topic 4. Diseases that complicate pregnancy
- Topic 5. Bleeding and pregnancy. Abortion. Previous placenta. Placental abruption
- Topic 6. The clinical course delivery, and support mechanism
- Topic 7. Immediate newborn care and breastfeeding
- Topic 8. Puerperium, care and complications
- Topic 9. Gynecological examination. Menstrual disorders
- Topic 10. Diseases: vulvar cancer, neck, uterus and ovaries
- Topic 11. Female mamma
- Topic 12. Contraception
- Topic 13. Sterility and infertility
  - Topic 14. Prophylaxis of diseases of the genital tract. Gynecologic reviews

-Part II (Infant)

\* Teaching unit I: Overview of the evolution of child care:

- Topic 1. Historical memory Nursing.
- Topic 2. Children's health

\* Didactic Unit II: Assessment and Evolution of the child in health situation:

- Topic 3. Assessment of the newborn.
- Topic 4. Growth and development.
- Topic 5. Food.

\* Didactic Unit III: Assessment and evolution of the child in a situation of illness:

- Topic 6. Main health problems of neonates.
- Topic 7. Pediatric pathology.
- Topic 8. Infectious-contagious diseases in childhood.

\* Didactic unit IV: Health promotion and prevention of childhood illness:

- Topic 9. Accidents in childhood.
- Topic 10. Vaccination in childhood.

## 4.4. Course planning and calendar

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the "Facultad de Enfermería? website and the Degree website (<http://enfermeria.unizar.es>, <http://moodle2.unizar.es>).

The order of delivery of the contents can be modified depending on the circumstances and the c

Given the current situation, the possibility is considered that teaching can also be done onl:

#### 4.5. Bibliography and recommended resources

[http://biblos.unizar.es/br/br\\_citas.php?codigo=25439&year=2019](http://biblos.unizar.es/br/br_citas.php?codigo=25439&year=2019)