

Academic Year/course: 2021/22

25428 - Psychosocial and cultural Sciences and Communication skills

Syllabus Information

Academic Year: 2021/22

Subject: 25428 - Psychosocial and cultural Sciences and Communication skills

Faculty / School: 127 - Facultad de Ciencias de la Salud

275 - Escuela Universitaria de Enfermería de Huesca

375 - Escuela Universitaria de Enfermería de Teruel

Degree: 559 - Degree in Nursing

560 - Degree in Nursing

561 - Degree in Nursing

ECTS: 10.0

Year: 1

Semester: Annual

Subject Type: Basic Education

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

A range of learning methodologies will be used in this course, including theory lessons, group discussions of case studies, and home preparation of individual and group exercises.

4.2. Learning tasks

The course will comprise:

1. Lectures (50 h) as per the course program (refer to 4.3).

2. Seminars (37 h) in which the students will discuss case studies, will learn-by-doing psychosocial assessments, prepare and present individual and group work, self-administer surveys and discuss results, watch and comment audiovisual materials.

4.3. Syllabus

The course will address the following topics:

Module I - Fundamentals of Psychology: History of mental ill-health; Being ill and healthy; Conscience; Dream; Attention; Perception; Pain; Language and thought; Memory; Intelligence; Personality; Life Cycle

Module II - Psychosocial Interventions with the Healthy Nurse, Person, Environment: The influence of the environment; Learning; Attitudes and Motivation; Therapeutic relationship; Communication and interpersonal skills; Self-knowledge and self-appraisal techniques; Mentoring and coaching; Nurses in an interdisciplinary community-based mental health team; Mental health promotion and education

Module III - Psychosocial Interventions with the Ill Person: The patient and her/his family and caretakers; Interviews and data gathering; Legal and ethical aspects; Conflict management; Nurses in a psychiatric team; Non-pharmacological

psychological therapies (i.e. cognitive-conductual, humanist, Gestalt...)

Module IV - The influence of culture: Transcultural Nursing; Sociocultural determinants of health; Social and Cultural Anthropology tenets; Anthropology of the body: Traditional harmful practices; Madeleine Leininger and Transcultural Nursing; Ethnonursing and social science research methodologies; Health economy principles applied to assess societal costs of being ill

The order of delivery of the contents can be modified depending on the circumstances and the needs of the center due to the COVID-19 pandemic.

4.4. Course planning and calendar

Dates for the exams and deadlines to submit individual and group exercises will be communicated in Moodle to the students and in <https://fcs.unizar.es/grado-en-enfermeria-0>

4.5. Bibliography and recommended resources

Recommended resources are available in the following link:

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=25428>