

61126 - Promoting health and therapeutic aspects

Syllabus Information

Academic Year: 2020/21

Subject: 61126 - Promoting health and therapeutic aspects

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 374 - Master's in Social Gerontology

ECTS: 8.5

Year: 1

Semester: Annual

Subject Type: Compulsory

Module: ---

1.General information

1.1.Aims of the course

Technical assistance on elderly people: has as main objective to publicize the support products in the field of geriatrics to facilitate participation, protect, support, train, measure or amend structures or body functions and activities; or prevent deficiencies, limitations or restrictions on participation.

1.2.Context and importance of this course in the degree

As a whole, this module should lead students to know relevant epidemiology aspects, contributions of nursing, occupational therapy, pharmacotherapy, nutrition, technical aids and palliative care in the gerontological and geriatric field.

1.3.Recommendations to take this course

None

2.Learning goals

2.1.Competences

Upon passing the subject, the student will be more competent to:

Generic Competences (common to all subjects)

- Interdisciplinary team work.
- Motivation for quality of care.
- Skills to work in an international context.
- Leadership.
- Creativity
- Computer management skills.
- Ability to work autonomously.
- Ability to generate new ideas.
- Ability to handle new technologies
- Knowledge of other cultures and customs.

Competences in technical Aids in the elderly:

- Knowledge of different support products in the field of geriatrics and gerontology
- Knowledge of new technologies in the field of geriatrics and gerontology.
- Skills to facilitate the integration and participation of elderly people in various aspects of social and cultural life.
- Skills to facilitate the integration and participation of the elderly on health services network and in society itself, revaluing their social function.

2.2.Learning goals

To pass this subject, you must demonstrate the following results.

In relation to the subject ?Ayudas técnicas en el mayor? (Technical aids on elderly people)

1. Knowledge about what support products or technical aids are.
2. Knowledge of the right of elderly people in care policies.
3. Knowledge of the characteristics that technical aids should have
4. Knowledge about how, when and why technical assistance is requested
5. Knowledge of the International Classification about Support Technologies
6. Knowledge of technical aids according to activities and tasks.

2.3.Importance of learning goals

Technical aids on elderly people

The knowledge of the support products available for the elderly has great importance to improve the health and quality of life of both, the elderly and the people around them, thus improving living conditions of all of them. The acquisition of this, makes our students improve their professional skills to apply to their current and future users

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that has achieved the expected learning outcomes through the following evaluation activities:

Ayudas técnicas en el mayor (Technical aids on elderly people)

- Attendance and participation in class (70% of the grade). It is necessary to attend 85% of the classes. If this is not the case, the student will have to do a written dissertation, individually.
- Written dissertation in groups of 3-5 students in which the subject is propose and explain a clinical case (30% of the grade)

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

The module has a mixed orientation, both theoretical and applied, therefore the activities that are planned are focused on the acquisition of a series of knowledge and skills related to the various aspects presented in the different subjects.

4.2.Learning tasks

The program offered to the student to help him achieve the expected results includes the following activities

Theoretical classes: Expository and explanatory content sessions if it is possible. Or on line by de google meet platform. Always accompanied by debate sessions. The relevant and innovation aspects of nursing care in the elderly will be presented, focusing on the promotion of health, health problems and nursing assistance in the different areas and roles.

Seminars: resolution of a case, which, as previously mentioned, will be done transversally and in coordination with the subjects: trastornos psicopatológicos (psychopathological disorders), terapia ocupacional (occupational therapy), psicología (psychology), sociología (sociology) and others subjects involved; in order to integrate the knowledge acquired in a case.

Individual dissertation: It includes the study of contents related to the theoretical classes, preparation of seminars, data analysis, search of information and complementary readings and essays.

Group dissertation: It includes the preparation of seminars, data analysis, search for information and preparation of a review article.

Tutoring / evaluation: Direct attention to the student or on line. Identification of learning problems. Orientation in the subject. Both the skills learned and the skills that have been developed are evaluated, as well as the deficiencies in the rest of the training activities. In the case of continuing to detect deficiencies, complementary activities will be provided.

4.3.Syllabus

The course will address the following topics:

Aging and health

1. What do we know about health in an aging world? Towards a global response from a public health perspective.
2. Aging as a process. Active aging. Barriers to achieve active aging in elderly people.
3. Social and gender inequalities in elderly people.

4. Socioeconomic factors in mobility and disability.
5. The Salutogenic model to guide health promotion. The mapping of health assets.

Technical aids:

Ayudas técnicas en el mayor (Technical aids on elderly people)

1. Support products. Active aging. Personal autonomy. Dependence. Universal accessibility. Design for all
2. National and regional legislation on technical aids.
3. Characteristics of technical assistance
4. International classification of technical aids.
5. Technical aids according to activities and functions.

4.4.Course planning and calendar

In the subject Technical aids on elderly, the learning process that has been designed is based on master class if it is possible or class on line by de google meet platform and presentation of concretes clinical cases.

Check schedule in Moodle

4.5.Bibliography and recommended resources

Each subject incorporates the reference bibliography, which can be consulted in Moodle