

## 61055 - Quality of life instruments

### Syllabus Information

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**Academic Year:** 2020/21

**Subject:** 61055 - Quality of life instruments

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 548 - Master's in Nursing Studies

**ECTS:** 3.0

**Year:** 1

**Semester:** First semester

**Subject Type:** Optional

**Module:** ---

## 1.General information

### 1.1.Aims of the course

This subject is placed inside optional subjects from Master in Nursing Studies. It takes the following competences: CEACV, CEACV1, CEAV10, CE8 and CE9. More information: Moodle Subject Quality of life instruments

### 1.2.Context and importance of this course in the degree

This subject has an important incidence in learning methodologies of quantitative and qualitative investigation. It belongs to Care and Quality of Life speciality. 3 E. C. T. S. (out of 30) will be reached at the end by each student.

This optional subject (as equal as the six remaining), placed inside Care and Quality of Life speciality (placed inside Master in Nursing Studies), allows to choose one out of two MUIICE specialities, once having passed all of the common subjects (24 E. C. T. S.)

### 1.3.Recommendations to take this course

This subject is placed inside MUIICE Master program because of academic training of students in relation to Quality of Life. They will learn its meaning and aspects, measurement instruments, any kind of question tools and specific analysis in paediatrics, adulthood and every pathology. Studying Quality of Life allows to know different situations from patients, health professionals, caregivers and family.

## 2.Learning goals

### 2.1.Competences

1. Know the ideas, aspects and evaluation instruments of quality of life, related to health (CVRS).
2. Be able to select, use and analyse on a questioning way the methods employed on medical and nursing studies, or another discipline which may affect to health and quality of life.
3. Know how to employ the adequate tools on each scientific study and how to apply and interpret its results.
4. Be able to develop an own research project.
5. Be able to generate new knowledge and employ the scientific evidence in the professional day-to-day.

### 2.2.Learning goals

Just to pass this subject, students must succeed in these points:

- Know how to handle historical, theoretical and philosophic databases about quality of life and its dimensions and measures and its different valuation instruments.
- Acquire the needed knowing in order to apply that information in evaluation of quality of life, its different pathologic process and life stages. Be able to manage all of the technics and instruments for evaluation and intervention in quality of life (such as polls, surveys and diverse tools).
- Know the validation methodology and adapt surveys to each context.
- Take over scientific and technologic knowledge to deal with the requirements related to quality of life which may appear on their professional and researching career. Discover and value the importance of quality of life like a pillar itself.

### **2.3.Importance of learning goals**

Outcomes are needed to know the relationship between quality of life and health (CVRS) and all the steps to take to improve the quality of life of patients, caregivers and health professionals. A correct evaluation of situation will allow to take the adequate intervention mechanics.

## **3.Assessment (1st and 2nd call)**

### **3.1.Assessment tasks (description of tasks, marking system and assessment criteria)**

Students must prove their acquisition of learning standards through the following evaluation activities:

- To simply pass the subject, is needed to take part of in-person classes (at least to 85% of them) and complete the following surveys. They can be found on subject website (<http://www.unizar.es/mabueno>) and on DropBox folder. Students must hand them over on fixed meetings.

To aim for an upper mark, students should write an academic work about acquired knowledge, related to health and quality of life instruments. This work may be done by small groups (of three or four people) in these ways: bibliographic update or survey about quality of live evaluation. It will be given on official MUIICE exam dates (see link: [http://www.unizar.es/mabueno/?attachment\\_id=782](http://www.unizar.es/mabueno/?attachment_id=782)), by hand and sending it to official teachers' e-mail or upgrading it to DropBox folder.

## **4.Methodology, learning tasks, syllabus and resources**

### **4.1.Methodological overview**

### **4.2.Learning tasks**

### **4.3.Syllabus**

### **4.4.Course planning and calendar**

### **4.5.Bibliography and recommended resources**