

# 26014 - Activities for functional independence II: Occupational performance in daily life

## Syllabus Information

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**Academic Year:** 2020/21

**Subject:** 26014 - Activities for functional independence II: Occupational performance in daily life

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 9.0

**Year:** 2

**Semester:** Annual

**Subject Type:** Compulsory

**Module:** ---

## 1.General information

### 1.1.Aims of the course

### 1.2.Context and importance of this course in the degree

### 1.3.Recommendations to take this course

## 2.Learning goals

### 2.1.Competences

### 2.2.Learning goals

### 2.3.Importance of learning goals

## 3.Assessment (1st and 2nd call)

### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions, autonomous work and study, and exams.

The learning process that is designed for this course is based on a dual orientation, both theoretical and applied, so that the activities are planned thinking on the acquisition of attitudes, habits, knowledge and skills that students need to develop the occupational therapies in the area of Daily Living Activities. Different learning methodologies are applied, such as role-playing, simulations, cooperative learning, ApS, etc.

### 4.2.Learning tasks

This course is organized as follows:

- **Lectures** (25 hours). In large group
- **Practice sessions** (65 hours). In small groups
- **Autonomous work** (75 hours) **and study** (60 hours).
- **Assessment tasks.**

### 4.3.Syllabus

This course will address the following topics:

- **Topic 1. Functional independence and activities of daily living. Basic concepts.**
  - 1.1. Concept and classification of activities of daily living (ADLs).
  - 1.2. Characteristics and meanings of ADLs.
  - 1.3. Factors influencing performance and autonomy in ADLs.
- **Topic 2. Occupational Therapy process and ADLs**
  - 2.1. Fundamentals of Occupational Therapy Process.
  - 2.2. Evaluation I.
  - 2.3. Evaluation II.
  - 2.4. Intervention. Design and development of intervention plan ADLs.
  - 2.5. Results.
- **Topic 3. ADL and occupational activities in practice**
  - 3.1. Basic activities of daily living (BADLs)
  - 3.2. Instrumental activities of daily living (IADLs) and home environment.

#### **4.4. Course planning and calendar**

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course, will be provided on the first day of class or please refer to the Facultad de Ciencias de la Salud website and Moodle platform.

Degree website: <https://estudios.unizar.es/estudio/ver?id=109>

#### **4.5. Bibliography and recommended resources**