

## 26006 - Occupational therapy theory and techniques I

### Syllabus Information

**Academic Year:** 2020/21

**Subject:** 26006 - Occupational therapy theory and techniques I

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 11.0

**Year:** 1

**Semester:** Annual

**Subject Type:** Compulsory

**Module:** ---

### 1.General information

#### 1.1.Aims of the course

#### 1.2.Context and importance of this course in the degree

#### 1.3.Recommendations to take this course

### 2.Learning goals

#### 2.1.Competences

#### 2.2.Learning goals

#### 2.3.Importance of learning goals

### 3.Assessment (1st and 2nd call)

#### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

### 4.Methodology, learning tasks, syllabus and resources

#### 4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures in a large group, practice sessions in small groups, realization of individual assessment and of special importance: autonomous work and study.

#### 4.2.Learning tasks

The course includes the following learning tasks:

- **Lectures** (3.5 ECTS: 87.5 hours). Explanation and orientation for the personal study of the different contents of the course, understanding it towards the acquisition of competences and learning results. All the directivity and interaction resources will be used, as well as support in the different audiovisual supports.
- **Practice sessions** (1 ECTS, 22.5 hours). Training on practical cases and solving problems individually and in teams, applying the theoretical basis of the course and the exercise of communication.
- **Autonomous work** (0.5 ECTS). It seeks the stimulus for initiative and personal creativity, the management of documentary sources, the structuring of logical discourse and the search and achievement of the conclusive synthesis. All this is a prerequisite for the research work.
- **Autonomous study** (6 ECTS). Based on the indicated activities, the student must take responsibility for the creation of structured work schedules and programs in the context of the time used for other courses. It must

represent the step of motivation, fostered with the learning activities described above, to the autonomous exercise of the will.

### 4.3.Syllabus

This course will address the following topics:

#### Section I: The concept of Occupational Therapy

- Conceptual framework of Occupational Therapy
- Concept and History of Occupational Therapy
- Health, disease and disability, functional assessment, prevention levels
- Application areas of Occupational Therapy, types of occupational activity, the TO team, individual work, and group work.

#### Section II: Frameworks and models in Occupational Therapy

- Organicist models: Biomechanical/kinesiological, neuromotor, neurological-evolutive
- Organic-mental models: perceptual-motor, psychomotor, neurophysiological.
- Mental models: learning and occupational behavior, cognitive and psychodynamic.
- Holistic models: the model of human occupation, Canadian model, American Association of Occupational Therapy framework, other models.

#### Section III: Skills and abilities

- Manipulative skills
- Praxical-constructive skills
- Communication and interaction, adaptive and creative skills

### 4.4.Course planning and calendar

Calendar of face-to-face sessions and presentation of works

- Lectures in a large group: 3h/week throughout the course
- Practice sessions in small groups: 1h/week
- Delivery of individual assignment: 1st working day of March, or 1st business day of the month of May
- Midterm exam (that does not exclude any content): at the end of the 1st semester (January)
- Oral exam (if not passed by continuous evaluation): June - September
- Final exam: June - September

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course, will be provided on the first day of class or please refer to the Facultad de Ciencias de la Salud web <https://estudios.unizar.es/estudio/ver?id=109>

### 4.5.Bibliography and recommended resources