

68906 - Applied psychosociology (speciality in ergonomics and applied psychosociology)

Syllabus Information

Academic Year: 2019/20

Subject: 68906 - Applied psychosociology (speciality in ergonomics and applied psychosociology)

Faculty / School: 102 - Facultad de Derecho

Degree: 462 - Master's in Occupational Health and Safety

ECTS: 5.0

Year: 1

Semester: Second semester

Subject Type: Optional

Module: ---

1.General information

1.1.Aims of the course

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

The subject is structured in 10 sessions of 5 hours of which 25 will be participatory lectures and 25 hours of seminars aimed at the development and resolution of practical cases that relate to what was presented in the master class.

The documentation related to the master classes as well as to the works

that the students will have to solve, will be available in the form indicated by the professor, at the beginning of the module.

The seminars will be organized in sessions of 2.5 hours and in them the students will progressively work different cases related to practical aspects of those that will be found in the companies when they develop their professional activity. The student must solve the problems raised through personal work, requesting when necessary the corresponding tutorials.

4.2.Learning tasks

The course lasts 10 sessions of 5 hours, each session divided into 2 hours of lectures and 3 hours of practice to conduct supervised case studies.

4.3.Syllabus

The program that the student is offered to help you achieve the expected results includes the following activities:

1. Conferences. Presentation of the course contents through lectures illustrated with examples. The topics covered are:

- * Organizational structure: Types of organization and factors of organizational structure
- * Work environment, quality of work life and job satisfaction
- * Ergonomics and work psychosociology, meeting points
- * Mental load at work, monotony and repetitiveness and evaluation methods
- * Methods for psychosocial risk assessment (advantages and disadvantages)
- * Stress and social support Questionnaires. Stress at work
- * Absenteeism at work
- * Burn syndrome at work (burnout) and psychological harassment at work: Questionnaires evaluation and best practices for prevention
- * Workaholism, sexual harassment and violence in the workplace
- * Factors related to the organization of working time

2. Self-evaluation and learning. In each of the topics teachers have developed a series of specific questions with a short development or test format. Their aim is for students to internalize the basic contents of the course. The exercises will be assessed in order to determine the passing of the course.

3. Case Studies. Case studies to acquire the accurate and real knowledge of the problems of psychosocial practice in prevention of occupational hazards.

4. Guided assignment. Students will have to prepare a case supervised by teachers.

4.4.Course planning and calendar

Further information concerning the timetable, classroom, assessment dates and other details regarding this course, will be provided on the first day of class or please refer to <https://derecho.unizar.es/masterprevencion> well in advance.

4.5.Bibliography and recommended resources