Universidad Zaragoza

Year : 2019/20

26307 - Teaching-learning processes in physical activity and sport

Syllabus Information

Academic Year: 2019/20
Subject: 26307 - Teaching-learning processes in physical activity and sport
Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte
Degree: 295 - Degree in Physical Activity and Sports Science
ECTS: 6.0
Year: 1
Semester: Second semester
Subject Type: Basic Education
Module: ---

1.General information

1.1.Aims of the course

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

To pass this course the student must demonstrate the following learning outcomes:

- To analyse the activities of a sport initiation, identifying the internal logic of motor action observed, valuing their pedagogical model and making value judgements from the model approaches that have been studied as part of their subject.
- To make a project about artistic choreography (together with the other subjects as Ritmics Sports and Body Language), and to design learning intervention individually, applying it to the students group and recording it all be able to analyse and to assess the intervention.
- To explain, analyse and assess current and relevant theoretical information orally.

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. It aims to connect theory and practice, so the proposed activities focus on the application of contents to the analysis of cases and the elaboration of a project. The project, which the student must do in a group, integrates assessment tasks from four courses of the Degree.

4.2.Learning tasks

This is a 6 ECTS (150 hours) course organized as follows:

- Seminars and autonomous work (1 ECTS: 10h face to face + 25h autonomous)
- Practice sessions and cases studies (2 ECTS: 20h face to face + 30h autonomous)

- Lectures and project (3 ECTS: 30h face to face + 45h autonomous)

4.3.Syllabus

The course will address the following topics:

SECTION I. LEARNING IN SPORT INITIATION.

- Topic 1. Models in sports initiation.
- Topic 2. Action rules in sports initiation.
- Topic 3. Warm-up and stretching.
- Topic 4. The Decalogue for physical activity and sports professionals.

SECTION II. TEACHING AND LEARNING PROCESSES IN PHYSICAL ACTIVITY AND THEIR ATTENTION.

- Topic 5. Perceptual factors.
- Topic 6. Professional attention to perceptual factors.
- Topic 7. Emotional and cognitive factors an their attention.
- Topic 8. Motor and relational factors and their attention.

SECTION III. THEORETICAL AND PRACTICAL IDEAS ABOUT TEACHING SPORT AND PHYSICAL ACTIVITY.

- Topic 9. Pedagogical concepts and studies.
- Topic 10. Psychological concepts and studies.
- Topic 11. Development of theoretical and practical knowledge in relation to the physical activity and sport teaching.

SECTION V. THEORIES OF LEARNING TO ANALYSE PHYSICAL ACTIVITIES AND SPORTS.

- Topic 12. Theoretical foundations and assumptions to analyse physical activity and sport.

SECTION VI. EDUCATION AND PHYSICAL ACTIVITY AND SPORT.

- Topic 13. Physical activity and Education.
- Topic 14. Physical Education and sport within the curriculum and sport system.

SECTION VII.

- Topic 15. Physical education and sport development and new trends.

4.4.Course planning and calendar

Provisional course planning

Date			
	Day 1 of the week	Day 2 of the week	Day 3 of the week
Week 1	Seminar 1	T1: Lecture 1	Practice 1 (B)
		Practice 1 (A)	T2: Lecture 1
Week 2	S2: Task 1	T3: Lecture 2	Practice 2 (B)
		Practice 2 (A)	T4: Lecture 2
Week 3	S3: Task 2	T5: Lecture 3	Practice 3 (B)
		Practice 3 (A)	T6: Lecture 3
Week 4		T7: Lecture 4	Practice 4 (B)
		Practice 4 (A)	T8: Lecture 4
Week 5	S4: Task 3	T9: Lecture 5	Practice 5 (B)
		Practice 5 (A)	T10: Lecture 5
Week 6	Seminar 5	T11: Lecture 6	Practice 6 (B)
		Practice 6 (A)	T12: Lecture 6

Week 7	S6: Task 4	T13: Lecture 7	Practice 7 (B)
		Practice 7 (A)	T14: Lecture 7
Week 8		T15: Lecture 8	Practice 8 (B)
		Practice 8 (A)	T16: Lecture 8
Week 9	S7: Task 5	T17: Lecture 9	Practice 9 (B)
		Practice 9 (A)	T18: Lecture 9
Week 10	Seminar 8	T19: Lecture 10	Practice 10 (B)
		Practice 10 (A)	T20: Lecture 10
Week 11	Seminar 9	T21: Lecture 11	Practice 11 (B)
		Practice 11 (A)	T22: Lecture 11
Week 12	S10: Task 6	T23: Lecture 12	Practice 12 (B)
		Practice 12 (A)	T24: Lecture 12
Week 13		T25: Lecture 13	Practice 13 (B)
		Practice 13 (A)	T26: Lecture 13
Week 14		Lecture 14 (T27)	Lecture-Prac (B)
		Lecture-Prac (A)	Lecture 15 (T28)
Week 15		*Assessment*	*Assessment*
		Case study (T29)	Task 7 (T30)

Assessment dates

When students choose continuous assessment system:

- Assessment 1: *Informational competences, revision of a text and oral presentation*. Frebruary- March.
- Assessment 2: *Desing, involvement of a teacher and coach and project* presentation. April- May.
- Assessment 3: *Cases studies*: The last week of the course for the continuous assessment system.

When students choose global assessment system:

- Final exam: it will be in the official date at the end of the course.

4.5.Bibliography and recommended resources