

## 25428 - Psychosocial and cultural Sciences and Communication skills

### Syllabus Information

**Academic Year:** 2019/20

**Subject:** 25428 - Psychosocial and cultural Sciences and Communication skills

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

275 - Escuela Universitaria de Enfermería de Huesca

375 - Escuela Universitaria de Enfermería de Teruel

**Degree:** 559 - Degree in Nursing

561 - Degree in Nursing

560 - Degree in Nursing

**ECTS:** 10.0

**Year:** 1

**Semester:** Annual

**Subject Type:** Basic Education

**Module:** ---

### 1.General information

#### 1.1.Aims of the course

#### 1.2.Context and importance of this course in the degree

#### 1.3.Recommendations to take this course

### 2.Learning goals

#### 2.1.Competences

#### 2.2.Learning goals

#### 2.3.Importance of learning goals

### 3.Assessment (1st and 2nd call)

#### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

### 4.Methodology, learning tasks, syllabus and resources

#### 4.1.Methodological overview

A range of learning methodologies will be used in this course, including theory lessons, group discussions of case studies, and home preparation of individual and group exercises.

#### 4.2.Learning tasks

The course will comprise:

1. Lectures (50 h) as per the course program (refer to 4.3).

2. Seminars (37 h) in which the students will discuss case studies, will learn-by-doing psychosocial assessments, prepare and present individual and group work, self-administer surveys and discuss results, watch and comment audiovisual materials.

#### 4.3.Syllabus

The course will address the following topics:

Module I - Fundamentals of Psychology: History of mental ill-health; Being ill and healthy; Conscience; Dream; Attention;

Perception; Pain; Language and thought; Memory; Intelligence; Personality; Life Cycle

Module II - Psychosocial Interventions with the Healthy Nurse, Person, Environment: The influence of the environment; Learning; Attitudes and Motivation; Therapeutic relationship; Communication and interpersonal skills; Self-knowledge and self-appraisal techniques; Mentoring and coaching; Nurses in an interdisciplinary community-based mental health team; Mental health promotion and education

Module III - Psychosocial Interventions with the Ill Person: The patient and her/his family and caretakers; Interviews and data gathering; Legal and ethical aspects; Nurses in a psychiatric team; Non-pharmacological psychological therapies (i.e. cognitive-conductual, humanist, Gestalt...)

Module IV - The influence of culture: Transcultural Nursing: Sociocultural determinants of health; Social and Cultural Anthropology tenets; Anthropology of the body: Traditional harmful practices; Madeleine Leininger and Transcultural Nursing; Ethnonursing and social science research methodologies; Health economy principles applied to assess societal costs of being ill

#### **4.4.Course planning and calendar**

Dates for the exams and deadlines to submit individual and group exercises will be communicated in Moodle to the students.

#### **4.5.Bibliography and recommended resources**

Recommended resources are available in the following link:

[http://biblos.unizar.es/br/br\\_citas.php?codigo=25428&year=2019](http://biblos.unizar.es/br/br_citas.php?codigo=25428&year=2019)