

68506 - Emotional education of the teaching staff

Información del Plan Docente

Academic Year	2018/19
Subject	68506 - Emotional education of the teaching staff
Faculty / School	107 - Facultad de Educación
Degree	355 - University Master's in Secondary School Teaching: Philosophy 367 - University Master's in Secondary School Teaching: Guidance Counsellor 359 - University Master's in Secondary School Teaching: Biology and Geology 362 - University Master's in Secondary School Teaching: Latin and Greek 363 - University Master's in Secondary School / Language Teaching: Foreign Languages - English/French 361 - University Master's in Secondary School Teaching: Spanish Language and Literature 356 - University Master's in Secondary School Teaching: Economics and Business Studies 357 - University Master's in Secondary School Teaching: Mathematics 364 - University Master's in Secondary School / Professional Art Education Teaching: Music and Dance 360 - University Master's in Secondary School Teaching: Physics and Chemistry 371 - University Master's in Professional Development Teaching: Chemical, Sanitary, Personal Image, Agrarian, Maritime-Fishing, Food and Community Service Processes 354 - University Master's in Secondary School Teaching: Geography and History 358 - University Master's in Secondary School Teaching: Technology and IT 368 - University Master's in Professional Development Teaching: Industrial Processes 370 - University Master's in Professional Development Teaching: Administration, Sales, Hotel Management, IT ,and Work Training and Guidance 415 -
ECTS	4.0
Year	XX
Semester	Indeterminate
Subject Type	Optional
Module	---

1.General information

1.1.Aims of the course

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

- Know, identify and develop the psychological resources that lead to socio-personal well-being.
- Acquire a better knowledge of motivational aspects in learning.
- Understand the relevance of emotions in school and in everyday life.
- Facing the students in a more efficient and satisfactory way, taking into consideration the emotional dimension.
- Create a program that promotes emotional competences in students.
- Apply the program to a class group, preferably within the framework of the Tutoring Action Plan.
- Identify the emotions and emotions of others in social interactions.
- Become aware of how we regulate our emotions.
- Develop the ability to generate positive emotions.

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

4.2.Learning tasks

4.3.Syllabus

- 1.- Emotional intelligence and its context.
- 2.- Nature of emotion.
- 3.- Emotional competences and measuring instruments.
- 4.- Positive Psychology and the welfare sciences.
- 5.- Emotion and motivation.
- 6.- Emotional education as an educational challenge.
- 7.- Contributions of Neurosciences to education: Neuroeducation.
- 8.- The emotions within the tutorial action plan in Secondary Education.
- 9.- Emotions and health.

4.4.Course planning and calendar

4.5.Bibliography and recommended resources