

26308 - Sociology of physical activity and sport

Información del Plan Docente

Academic Year	2018/19
Subject	26308 - Sociology of physical activity and sport
Faculty / School	229 - Facultad de Ciencias de la Salud y del Deporte
Degree	295 - Degree in Physical Activity and Sports Science
ECTS	6.0
Year	1
Semester	Second semester
Subject Type	Basic Education

Module

1.General information

1.1.Aims of the course

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

The learning process that has been designed for this subject is based on the following: The subject addresses the analysis of physical activity and sport as social phenomena from: Knowledge of the different sociological approaches The approach of sports facts from the sociological perspective The handling and processing of data, documents and other secondary sources Obtaining and interpreting primary data The formulation of hypotheses, their verification and the elaboration of conclusions and diagnoses The application of the results obtained to the different areas in which the students can carry out their profession. This requires: Theoretical classes on the sociological perspective of physical activity and sport, on various sociocultural aspects of sport and on social research methodology applied to sport. Practical seminars on documentary resources, search and data processing and research design (research questions, hypotheses, observation methods, research programming, etc.) Practical individual and group work with non-contact phases and spaces for the supervision and orientation of the tasks.

4.2.Learning tasks

In this subject physical activity and sport are considered as social phenomena:

- Sociological approaches
- Sportive phenomena
- Secondary Sources, documentary and database.
- Primary Data interpretation and analysis.
- Hypothesis, diagnosis and conclusions
- Taking into account the students job future.

The teaching procedure:

Lectures: Sociology of sports and physical activity from main theoretical approaches and social research methodology.

Practicum: visual documentary, database, social research design.

Individual and Group dissertations: part of them as homework.

4.3.Syllabus

1: Theoretical Topics

BLOCK I: Sociology, Pshysical Activity and Sport

Topic 1: Sociology and sociological approach to the physical activity and sport.

Topic 2: Sociological thought around physical activity and sport. Pensamiento

Topic 3: Physiscal Activity La actividad física y el deporte como hecho social: Perspectiva sociológica del deporte

BLOCK II: Historic and Sociocultural sport fundaments:

Topic 4: Social Structure of sport and social change Tema 5: Cultura deportiva y socialización

Topic 6: Sport, gender and age

26308 - Sociology of physical activity and sport

Topic 7: Sport and Violence

Topic 8: Life styles and physical-sportive habits

Topic 9: Theoretical approach and history of Sport

BLOCK III: Social Research Techniques and Sport

2: Online Access:

The subject is available on line. University of Zaragoza platform: ADD. Both teachers and students can use it.

3: Individual and Group working plan

● Objectives

● Reference script

● Support documentaries

● Evaluation criteria

4.4.Course planning and calendar

Face classes and work presentations

It is shown in the Oficial webPage of the Faculty

Practicum (individual and group) deadline: 31st de april.

Face presentations: may

Written exam: june and september

4.5.Bibliography and recommended resources