

# 26019 - Psychiatry

## Syllabus Information

**Academic Year:** 2018/19  
**Subject:** 26019 - Psychiatry  
**Faculty / School:** 127 - Facultad de Ciencias de la Salud  
**Degree:** 276 - Degree in Occupational Therapy  
**ECTS:** 6.0  
**Year:** 3  
**Semester:** Annual  
**Subject Type:** Compulsory  
**Module:** ---

## 1.General information

### 1.1.Aims of the course

### 1.2.Context and importance of this course in the degree

### 1.3.Recommendations to take this course

## 2.Learning goals

### 2.1.Competences

### 2.2.Learning goals

### 2.3.Importance of learning goals

## 3.Assessment (1st and 2nd call)

### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as 23 lectures and 31 workshops, seminars and practices (21 of them corresponding to clinical cases).

Theoretical contents will be based on recommended bibliography, previously adapted to the student's knowledge. And a narrow link among theoretical lessons (which include clinical cases), seminars, workshops and practices has been designed. It is intended in seminars, but specially in workshops, that students have an active participation. For this purpose, students have to prepare them previously.

### 4.2.Learning tasks

The course includes the following learning tasks:

- Face-to-face activities: The total 18 lessons will be developed in both 23 theoretical, "master" lessons and 31 workshops, seminars and practices.
  - Big groups: 23 theoretical, "master" lessons, sequentially and logically distributed. The course is divided in 3 major sections: General Introduction, Specific Part and Treatment. Nevertheless, along the program, aspects relatives to evolution and development of the discipline are included and, specifically, an introduction to research in Psychiatry.
  - Small groups: Theoretical program is completed with 31 Seminars, Workshops and practices:
- Seminars: They are related to basic lessons of the general program. Different clinical cases will be presented with

active participation of students. Furthermore, some seminar will include bigger proportion of contents about models and scientific approaches.

- Workshops: They are eminently practical, with a specially active participation of students. There will be a special dedication to research projects in Psychiatry.
- Practice sessions: To know how to use main psychometric instruments, to learn relaxation techniques and to practice critical review of scientific papers related to occupational therapy in psychiatry.
- Timetable for seminars, workshops and practices will be available in the notice board of Psychiatry Area, as well as in ADD facilities. Small groups of 4-5 students will work under teachers' supervision.
- Tutorials: They are both face-to-face and personal, with previous appointment with the teacher, and online, using standard timetable.
- Distance learning: This is the autonomous work of the students, dedicated to study the theoretical lessons and to prepare seminars, workshops and practices before and after them.

### 4.3.Syllabus

The course will address the following topics:

- Section 1. Introduction:
  - Topic 1. History and current concept of Psychiatry. Contemporary doctrinal tendencies. Relationships with other knowledge areas, specifically with Occupational Therapy.
  - Topic 2. Major psychopathological syndromes. Normal and pathological in Psychiatry. Psychiatric epidemiology. Evolution forms of psychiatric disorders.
  - Topic 3. Psychiatric interview. Psychopathological examination. Complementary explorations. Classification of psychiatric disorders. General aetiological, diagnostic and therapeutic models.
- Section 2. Specific part:
  - Topic 4. Organic mental disorders. Dementias.
  - Topic 5. Delirium.
  - Topic 6. Other psychiatric disorders with organic bases. Psychiatric aspects of brain injury.
  - Topic 7. Mental and behavioural disorders due to substance abuse.
  - Topic 8. Schizophrenia and chronic delusional disorders.
  - Topic 9. Affective disorders.
  - Topic 10. Anxiety disorders.
  - Topic 11. Neurotic, stress and somatoform disorders,
  - Topic 12. Psychiatric and behavioural disorders associated to physiological dysfunctions and physical factors. Eating behaviour and sleep disorders. Sexual dysfunctions.
  - Topic 13. Personality and behavioural disorders in adults. Impulse control disorders.
  - Topic 14. Intellectual deficit.
  - Topic 15. Development and behavioural disorders in childhood and adolescence.
  - Topic 16. Geriatric psychiatry: Disorders in the elderly.
- Section 3. Treatments and assistance:
  - Topic 17. Psychotherapies of interest in Occupational Therapy. Modern psychiatric assistance.
  - Topic 18. Psychiatric rehabilitation. Serious mental disorder: its implications in Occupational Therapy.

### 4.4.Course planning and calendar

Face-to-face activities timetable and deadline for works:

- Theoretical, master lessons: 2 lessons each week (alternative with seminars).
- Seminars: 1-2 per week during 15 weeks.
- Workshops: 1 each 2-3 weeks during 15 weeks.
- Practices: 1 each 2 weeks during 15 weeks.

Small groups work (4-5 students), distributed along seminars, workshops and practices will be done and presented before the deadlines established by teacher in charge.

Final exam will be according to the official Centre program:

- First call: 14th June, 2019.
- Second call: 5th September, 2019.

### 4.5.Bibliography and recommended resources

Recommended bibliography:

- Allen, Claudia Kay: Occupational therapy for psychiatric diseases: measurement and management of cognitive disabilities. Little, Brown and Company, 1985.
- Hughes, Patricia L., Mullins, Linda: Manual de terapia ocupacional en psiquiatría: ejercicios para desarrollar habilidades para la vida diaria. México D.F., Noriega Editores, Limusa, 1990.
- CIE 10 [Clasificación Internacional de Enfermedades]: Trastornos mentales y del comportamiento: descripciones clínicas y pautas para el diagnóstico / Organización Mundial de la Salud . [Madrid]: Meditor, D.L. 1999.
- Durante Molina, Pilar, Noya Arnaiz, Blanca, Moruno Miralles, Pedro: Terapia ocupacional en salud mental: 23 casos clínicos comentados. Barcelona, Masson, 2000.
- Gómez Tolón, Jesús, Salvanés Pérez, Roberto: Terapia ocupacional en psiquiatría. Zaragoza, Mira, 2003.
- Lobo Satué, Antonio. Manual de psiquiatría general / Antonio Lobo Satué. - [1ª ed., 1ª reimp.] Buenos Aires ; Madrid [etc.]: Editorial Médica Panamericana, 2014.
- Introducción a la psicopatología y la psiquiatría / director, Julio Vallejo Ruiloba; directores adjuntos, Antonio Bulbena Vilarrasa, Jordi Blanch Andreu. - 8ª ed. Amsterdam; Barcelona; Madrid [etc.]: Elsevier Masson, D.L. 2015.
- Sadock, Benjamin J.: Sinopsis de psiquiatría: ciencias de la conducta: psiquiatría clínica. 11ª ed. [actualizada con el DSM-5]. L'Hospitalet de Llobregat, Barcelona : Wolters Kluwer, D.L. 2015.

Recommended bibliography will be incorporated through the Library of the School of Medicine, and is available online.