



Year : 2018/19

## **25942 - Systematic Therapy: Family**

### **Syllabus Information**

<b>Academic Year:</b>	2018/19
<b>Subject:</b>	25942 - Systematic Therapy: Family
<b>Faculty / School:</b>	301 -
<b>Degree:</b>	270 - Degree in Psychology
<b>ECTS:</b>	6.0
<b>Year:</b>	
<b>Semester:</b>	Four-month period
<b>Subject Type:</b>	Optional
<b>Module:</b>	

### **General information**

#### **Aims of the course**

#### **Context and importance of this course in the degree**

#### **Recommendations to take this course**

#### **Learning goals**

#### **Competences**

#### **Learning goals**

#### **Importance of learning goals**

#### **Assessment (1st and 2nd call)**

#### **Assessment tasks (description of tasks, marking system and assessment criteria)**

#### **Methodology, learning tasks, syllabus and resources**

#### **Methodological overview**

The learning process that has been designed for this subject is based on the following:

The content of the subject will be taught following the model of presidential classes, explanations of the professor of concepts and procedures.

Resolution of exercises and practices based on the presentation of clinical cases

Realization of Role Playing among students developing the role of therapist / patient for each of the disorders

Preparation and exhibition of works

Individual reading of guides, chapters of books and articles.

Individual study that the student performs to understand, rework and retain the content for later application in the professional field.

## **Learning tasks**

- Theoretical classes
  
- Practical classes
  
- Role playing
  
- Research article exhibition

## **Syllabus**

### 1-. Systemic therapy

#### 1.1. Concepts and basic elements of the systemic approach

2.2. Different models of systemic therapies: Structural therapy, intergenerational, Milan school, strategic, brief MRI therapy, focused on solutions and narrative.

### 2-. TMG concept

#### 2.2. Considerations

### 3-. Diagnostic criteria and Classification: ICD-10, DSM-IV, DSM-V

#### 3.1. Schizophrenia

##### 3.1.1. Classification

##### 3.1.2. Clinical Characteristics and Diagnosis

#### 3.2. Bipolar disorder

##### 3.2.1. Classification

##### 3.2.2. Clinical Characteristics and Diagnosis

#### 2.3. Depressive disorders

##### 2.3.1. Classification

##### 2.3.2. Clinical Characteristics and Diagnosis

## 2.4. Chronic delusional disorder

### 2.4.1. The Delirium

### 2.4.2. Paraphrenia

## 2.5. Schizophreniform disorder

## 2.6. Schizoaffective disorder

## 3- . Definition of Psychosocial Rehabilitation and Recovery Concept

### 3.1. Functional Evaluation and Planning of the Intervention (PIR-PIT)

### 3.2. Intervention at the level of Services (UCE, UME, ULE, Day Center)

## 4-. Types and areas of intervention

### 4.1. Pharmacological Intervention: General knowledge of Psychopharmacology

### 4.2. Integrated Intervention Programs

#### 4.2.1. IPT (Integrated Psychological Therapy)

#### 4.2.2. Cognitive rehabilitation

#### 4.2.3. HHSS (Home Social Skills)

## 5-. Scales and Valuation Interview used in the TMG

### 5.1. PANSS

### 5.2. Clinical Evaluation Scales in schizophrenia and mood disorders

### 5.3. Scales of Evaluation of the Level of Functioning of the Skills of Daily Life

### 5.4. Schizotypal disorder International examination of personality disorders (IPDE)

## **Course planning and calendar**

The Planning and Calendar is available to students at the beginning of the course, on the Moodle platform.

The timetable and key dates of the subject can be consulted on the website of the Faculty of Social and Human Sciences (<http://fcsch.unizar.es/>).

## **Bibliography and recommended resources**

- Alicia Moreno Fernandez (Ed) Manual of Systemic Therapy. Principles and Tools of Intervention. 2nd Edition. Declée de Brower
- Roder, V. Integrated therapy of schizophrenia / Volker Roder, (et.al). Barcelona: Ariel Psychiatry, 1996
- Sadock, Benjamin J.: Synopsis of psychiatry: behavioral sciences: clinical psychiatry / Benjamin James Sadock, Virginia -
- Alcott Sadock, Pedro Ruiz; [collaborators, Carly S. Pataky, Norman Sussman; scientific review, Manuel Valdés Miyar ... (et al.); translation, Neus Lorenzo Welsh ... (et al.)]. - 11th ed., [Updated with the DSM-5] L'Hospitalet de Llobregat, Barcelona: Wolters Kluwer, D.L. 2015
- Psychosocial rehabilitation and comprehensive treatment of severe mental disorder / Coordinator Cristina Gisbert Aguilar. Madrid: Spanish Association of Neuropsychiatry, 2003
- Introduction to psychopathology and psychiatry / director, Julio Vallejo Ruiloba; Deputy Directors, Antonio Bulbena Vilarrasa, Jordi Blanch Andreu. - 8th ed. Amsterdam; Barcelona; Madrid [etc.]: Elsevier Masson, D.L. 2015
- DSM-IV-TR: diagnostic and statistical manual of mental disorders / director of the Spanish edition, Juan J. López-Ibor Aliño, co-director, Manuel Valdés Miyar. Ed. In Spanish of the 4th ed. rev of the original work in English, [reimp.] Barcelona [etc]: Masson, D.L. 2010
- Psychosocial rehabilitation of severe mental disorder. In Cuadernos Técnicos, nº 6. 2002. Madrid
- Mental health care program for children and adolescents: Strategic Mental Health Plan / Aragonese Health Service. Zaragoza: Aragonese Health Service, D.L. 2003
- Program of rehabilitation and psychosocial reintegration in mental health. Strategic Plan for Mental Health / Aragonese Health Service. Zaragoza: Aragonese Health Service, D.L. 2003
- DSM-V. Reference guide of the diagnostic criteria / American Psychiatric Association. Panamericana
- Treaty of psychiatry: DSM-IV / [directors] Robert E. Hales, Stuart C. Yudofsky, John A. Talbott. 3rd ed. Barcelona; Madrid [etc.]: Masson, 2000