



Year : 2018/19

25941 - Cognitive and behavioural therapies

Syllabus Information

Academic Year:	2018/19
Subject:	25941 - Cognitive and behavioural therapies
Faculty / School:	301 -
Degree:	270 - Degree in Psychology
ECTS:	6.0
Year:	
Semester:	Four-month period
Subject Type:	Optional
Module:	

General information

Aims of the course

Context and importance of this course in the degree

Recommendations to take this course

Learning goals

Competences

Learning goals

Importance of learning goals

Assessment (1st and 2nd call)

Assessment tasks (description of tasks, marking system and assessment criteria)

Methodology, learning tasks, syllabus and resources

Methodological overview

The learning process that has been designed for this subject is based on the following:

The content of the program will be given following the model of theory sessions and following problem-solving methodology.

The teacher's theoretical explanations are combined with practice sessions in groups, to facilitate the acquisition of skills and abilities by the student.

In all the assignments, it will be valued that the student includes the APA format as well as references of relevant publications.

Learning tasks

The program offered to the student to help achieve the expected results includes the following activities

- Theory sessions
- Practice sessions in groups, dealing with:
 - Expansion of aspects of psychopathologies treated in class by students.
 - Design an interview and formulate initial hypotheses.
 - Differential diagnosis of cases
 - Exercises of search of information.
 - Viewing of scientific videos related to the subject.
 - Assignments on the latest advances in psychopathology.

Syllabus

UNIT 1. Normal and pathological psychological development in childhood. Major and minor psychopathological problems and their causes.

UNIT 2. Conceptual constitution of child psychopathology.

UNIT 3. Classification and diagnosis process in Child Psychopathology.

UNIT 4. Sleep disorders.

UNIT 5. Eating disorders

UNIT 6. Treatments and sexual abuse in childhood.

UNIT 7. Duel in the child and the adolescent.

UNIT 8. Drug addiction in childhood and adolescence

Course planning and calendar

- Theory sessions in a large group during the 2nd semester.
- Compulsory practice sessions in the 2nd semester
- Examination of theory at the end of the semester.
- Submission of assignments from practice sessions as they are finished.

EVALUATION SYSTEM:

The theoretical evaluation will be made through a partial exam consisting of 40 test questions.

In the final mark, the practices carried out during the course will count for 50% in the grade. In order to calculate the average final mark, it is necessary to pass both of them.

Active participation in class may increase the final grade.

Bibliography and recommended resources

- Psicopatología infantil / Manuel Jiménez Hernández (coordinador) . 2a. ed. Archidona: Aljibe, 1997
- Almonte, C. Psicopatología infantil y de la adolescencia / Carlos Almonte, Alfonso Correa, M^a Elena Montts. Chile : Mediterraneo, 2003
- Manual de psicología clínica infantil y del adolescente: trastornos generales / dirección y coordinación, Vicente E. Caballo, Miguel Ángel Simón . Madrid : Pirámide, D.L. 2012
- Manual de psicología clínica y del adolescente: trastornos generales/dirección y coordinación, Vicente E. Caballo, Miguel Ángel Simón. Madrid: Pirámide, D.L. 2011